



## DATES FOR YOUR DIARY

### Term 4

#### Week 9

**12 December Presentation Day**

**13th December—Rudolphs Recruits—incursion**

#### Week 10

**19th December Last day for students**

## 2019

### Term 1

**Students return Wednesday 30th January**



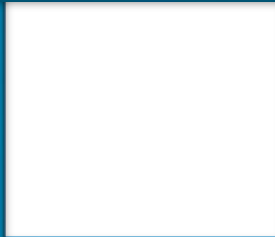
Congratulations to our Year 12 graduates. What a fabulous celebration we had for our year 12 leavers. Thank you to all our families who joined in to support our students. The students and their families will be missed. We wish them every success for the future. A huge thank you to the staff for all the hard work ensuring the day was so successful. Thank you to Blue Riff who provided amazing live music and Kelsey Miles who put together the fabulous cake. Also a big thank you to Andrew Stevenson our director for joining in the celebrations.













# School news

## Community Breakfast

There was a fabulous turnout for our community breakfast this year. Another huge thankyou to all members of the community for supporting our school. We would not be able to have the fantastic resources or provide the quality programs we do without your support.

## Peaceful Kids

Peaceful Kids has been running on Wednesday afternoons this term. The students have been building on their relaxation skills, learning a variety of meditations and identifying different emotions.



## Blue Door Art Exhibition

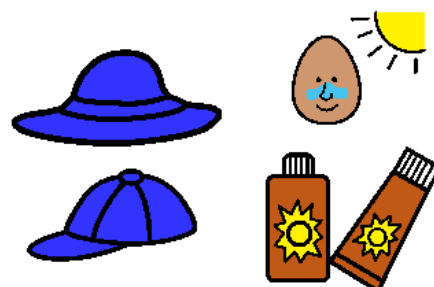
It was a pleasure to attend the Blue door art exhibition last week. One of our parents, Charlotte Morgan, had her work included in an exhibition. Charlotte is donating any of her sales to Fisher Road and the Blue Door Art are donating 10% of all sales to our school. A big Thank you to Blue Door Art Studio.

## Sunscreen

Please remember to pack a hat for your child and apply sunscreen before school. It's a great idea to pop some sunscreen in your child's bag.



In the morning I put my hat in my bag and sunscreen on



# School news

## Fisher Road School Bali Raffle

Please support our school by buying some raffle tickets and sharing this on Facebook!



A week in a luxury Villa in Bali for 8 people including staff and airport transfers  
100% of the proceeds from this raffle will go to Fisher Road Special School, Dee Why.  
Tickets are only \$10.00 each and the raffle draw is to be held on Friday 30th November.  
To register for the raffle simply go to  
Register via browser  
Visit: [www.galabid.com/fisher](http://www.galabid.com/fisher)

Click on the 'register' button  
Enter your details and click 'submit'.  
You will then receive a text to your mobile phone with the link to raffle. Use the passcode to login on any browser or click the link in the text to be automatically logged in on the browser on your smart phone.  
You are now ready to buy.



# Class TA

Tess and Jenny

At Fisher Road we are very fortunate to have our own heated pool and a swimming instructor



who swims with each class once a week. TA swims regularly throughout the week and it's safe to say this is one of our favourite class activities. For all students, swimming is an opportunity to develop their swimming technique, learn survival skills and enjoy the social and sensory benefits of playing in the pool. We enjoy swimming as it is a whole body, low impact exercise that can be accessed by all students with differing mobility. After many hours in the pool working closely with Jane our swim instructor and other staff, TA has significantly improved their swimming technique, safety skills and confidence in the pool environment.

Well done TA!



# Class VR

Virginia & Shayne

Class VR engage in many physical activities during the week. Swimming is always a favourite when the students work toward improving



their water safety and swimming skills before free time in the pool. Our Tuesday morning exercise program involves students using the treadmills, practising mobility skills by walking on flat surfaces, up and down the ramp and stairs to improve their fitness and transitioning skills. The new equipment down on the oval has proved popular with Gwyneth and Dylan and they often head over to check out that area. Alexsandra and Laragh, along with Gwyneth ride the assisted bike around the oval and Jasper and Dylan walk around the bike track. As a whole, the class walks around the 'Willy Walk' area investigating the coloured leaves

and sensory boards. It is the perfect time of year to enjoy the outside at Fisher Road School.



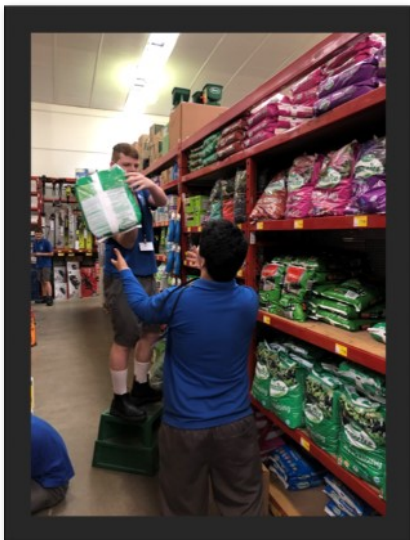
# Class MP

**Maria & Sue**

Our class are still busy with extended programs from last term. It is great to see Ty and Geoffrey achieving success in their communication and swimming programs. A big surprise was Geoffrey's kicking his legs after years of just paddling his arms to keep himself afloat. He lays on his back and watches his legs perform alternate kicks. Ty on the other hand was mastering his backstroke, moving his arms alternately and doing flutter kicks.

For our Senior students Russell, Jarryd and Calum, work experience at Bunnings Store finished last week. They received a commendable report for their hard work and a positive attitude towards working with people outside the school setting. Beginning this week and next week, our young men have the opportunity for a trial of work experience at Coles, Dee Why. I'm pretty sure they will perform any tasks given to them to the best of their ability.

Our school presentation will be in a couple of weeks and Class MP hope to see you there.



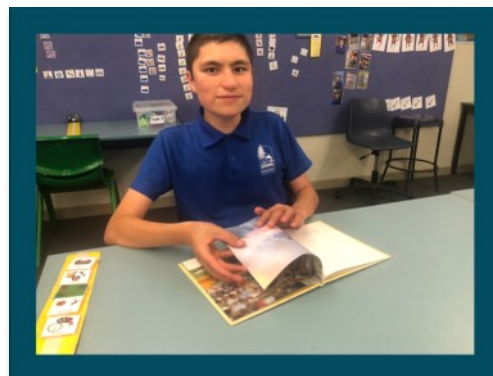
# Class CW

**Caroline & Mandy**



**Students in class CW have been enjoying our new Library borrowing system. Students have been involved in choosing a book of their choice and using their library card to borrow a book to take home. Some students really like to look at their book in their favourite place at school.**

**Thomas likes to read in a quiet corner of the room. Michael enjoys looking at books**



**in a hammock and Zane likes to read a book at his desk. Books are a great way to encourage literacy at school and at home.**





# Class NS & Class KF

The Variety Kids Xmas Party for 2018 was an amazing day with over 5000 kids from 4 to 12 years of age being present for the biggest and best Xmas Party in Sydney. The Variety Kids Xmas Party was a day packed full of kids entertainment, rides, face painting, games, presents and the man himself – Santa. We enjoyed dancing to the NSW Police Concert Band, petting some of the animals, playing the drums, posting letters to Santa, spinning on the teacup ride and going down the big slide. Some of us even made the Channel 10 news!

The students of Class NS and KF all had a fantastic day and all came back to school happy, full of yummy food and totally exhausted.



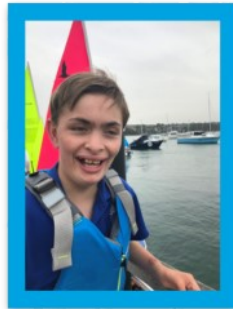


## Class RP

**Rebecca, Leisa,  
Alena & Wendy**

Lifejackets on and off they go!

Thank you to Ellie and the team of volunteers at Manly Sailability for another beautiful morning out on the water! It was all smooth sailing for our RP sailors; an enthusiastic James and Nathaniel with their hands over the side skimming through the water, Maia, Kyle and Eddie content to sit back and enjoy the amazing location and views all around. After a sail it was then time for morning-tea on the deck. A great time had by all!



## Class TH

**Trish, John & Justine**



Recently Class TH have been participating in the Special Olympics training program with our new sport coach James. The theme for this term has been ball skills with an emphasis on soccer, and teamwork. The class is seated, as they listen to instructions, and watch James demonstrate what they need to do. Skills such as dribbling and kicking a ball back and forth to a partner have been practiced. At the end of the session, Class TH joins some of the other senior classes to have a modified game of soccer. It's great to see our students developing their gross motor skills and interacting in this way.





# Help support Fisher Road students

## Buy Fresh Fruit

Woolworths have been very generous to Fisher Road School and donate trays of quality fresh fruit every Monday or Tuesday. Classes have been using the fruit in their cooking programs and staff have been buying the fruit. The money is being saved up to buy equipment for the playgrounds. We have decided to offer the fruit to parents. If you would like a bag of fresh fruit sent home on a Tuesday, please send in \$5 and a reusable, labelled shopping bag. Seniors will be packing the fruit as part of the work skills program. The money will be put back into the school and will be highlighted in the school newsletter.



**Please help the school by purchasing fruit.**



## Class SB

Sally & Ebony



We cannot believe how fast term 4 is flying! We have been busy decorating our room with Christmas decorations and

practicing hard for our Christmas concert. The girls from Class SB, Chantelle and Ella have been involved in a TAFE program with Brookvale TAFE. They have been heading off each Friday to learn hospitality skills. They have learnt how to make coffees, pizza, scones, mock tails and table settings. It has been a terrific program and one that we would love to be involved again with next year.



## Class JK

Staff: Julie & Carmel



We can hardly believe that the end of the school year is approaching so quickly! We are very busy getting ready for our school concert with lots of rehearsals and making our concert props.

Our students have also had fun engaging with

many switch toys, with the favourites being those that make the most noise. Dallas has particularly enjoyed the large drumming station that has different buttons for various little drums and cymbals. She has worked out that when she lays across all the switches she can activate them all at once and make a lot of music! Many of the switch toys give the students the opportunity to independently engage with an item which is great for their sensory exploration.

Also, Charlii has really enjoyed her swimming this term and last week had so much fun she didn't want to get out of the pool!





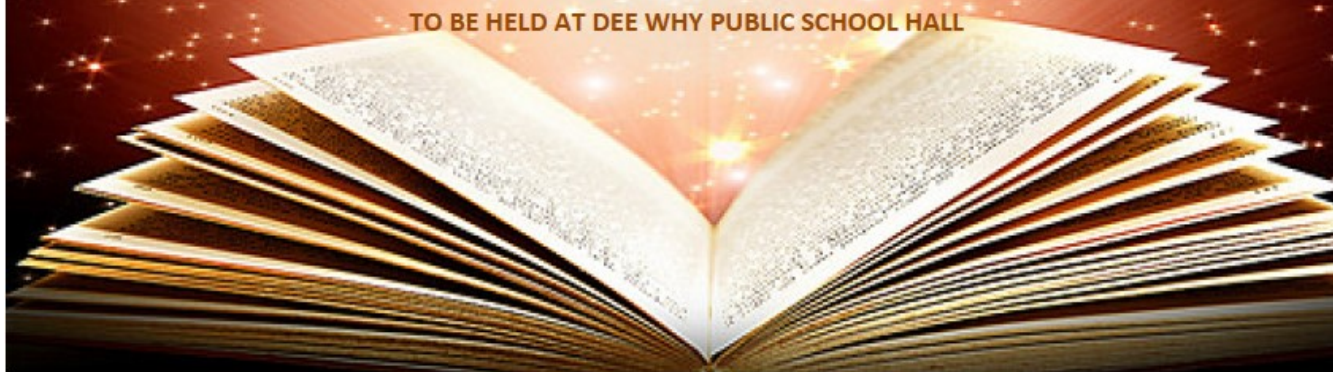
FISHER ROAD SCHOOL WARMLY  
WELCOMES YOU TO OUR ANNUAL  
PRESENTATION DAY

*THE DAY WILL RECOGNISE ANOTHER WONDERFUL YEAR OF  
LEARNING AS WE CELEBRATE STUDENT ACHIEVEMENT*

**Wednesday 12<sup>th</sup> December 2018**

*DOORS WILL OPEN FOR A 10AM START*

**TO BE HELD AT DEE WHY PUBLIC SCHOOL HALL**



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# PLAY DATE

Play date for the school Holidays.

Some parents have suggested that with the opportunity to use our school oval, thanks to the share our space initiative, parents should get together.

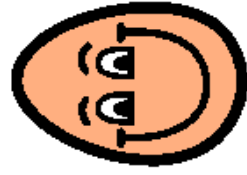
Come along and catch up with some other families on the 18th of January from 10 –12.



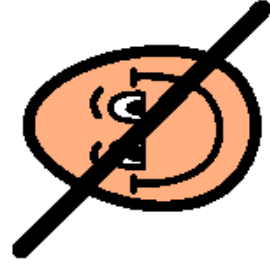
Christmas



I like



I don't like



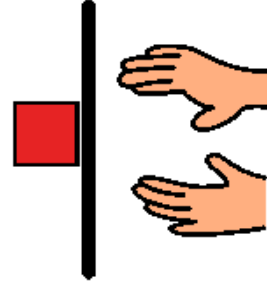
Christmas lights



stocking



I want



Santa hat



Jingle Bells



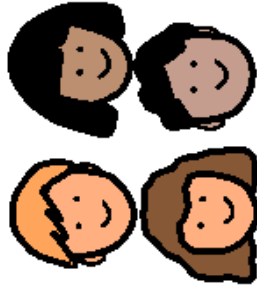
reindeer



presents



friends and family



Santa Claus



Santa's sack



fun



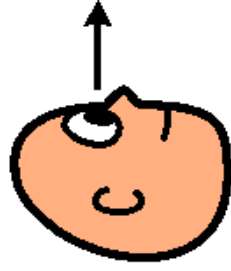
photo



go



I see



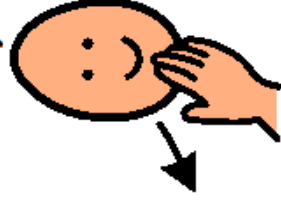
I hear



carols



thank you



SUN 25th NOVEMBER  
2017  
10:00am – 2:00pm  
SANTA at 11am



Bilarong Reserve  
Wakehurst Parkway  
Narrabeen

# Christmas IN THE BUSH

A FREE event for Aboriginal children and their families & carers in Northern Sydney region.  
Picnic food and drinks provided and presents for the kids.

To register, email **Adam Cryer** at [adamcryer@yahoo.com.au](mailto:adamcryer@yahoo.com.au) or call **0421326964** by 22/11/18

THIS IS A DRUG AND ALCOHOL FREE EVENT.  
PARENTS ARE RESPONSIBLE FOR THEIR CHILDRENS' SUPERVISION AND SAFETY AT ALL TIMES.





School communities across NSW are being reminded that recordings of conversations via listening devices requires the mutual consent of all parties. It is an offence under the Surveillance Devices Act 2007. (See below) Parents and staff across the DoE are reminded that if they have any issues or concerns at school, to please contact their school principal or Director, Educational Leadership.

## Surveillance Devices Act 2007 No 64

### [Part 2 Section 7](#)

#### 7 Prohibition on installation, use and maintenance of listening devices

(1) A person must not knowingly install, use or cause to be used or maintain a listening device:

- (a) to overhear, record, monitor or listen to a private conversation to which the person is not a party, or
- (b) to record a private conversation to which the person is a party.

Maximum penalty: 500 penalty units (in the case of a corporation) or 100 penalty units or 5 years imprisonment, or both (in any other case).

(2) Subsection (1) does not apply to the following: - not relevant to your situation

(3) Subsection (1) (b) does not apply to the use of a listening device by a party to a private conversation if:

- (a) **all of the principal parties to the conversation consent**, expressly or impliedly, to the listening device being so used, or
- (b) a principal party to the conversation **consents to the listening device being so used** and the recording of the conversation:
  - (i) is reasonably necessary for the protection of the lawful interests of that principal party, or
  - (ii) is not made for the purpose of communicating or publishing the conversation, or a report of the conversation, to persons who are not parties to the conversation.

### [Part 2 Section 11](#)

#### 11 Prohibition on communication or publication of private conversations or recordings of activities

(1) A person must not publish, or communicate to any person, a private conversation or a record of the carrying on of an activity, or a report of a private conversation or carrying on of an activity, that has come to the person's knowledge as a direct or indirect result of the use of a listening device, an optical surveillance device or a tracking device in contravention of a provision of this Part.

Maximum penalty: 500 penalty units (in the case of a corporation) or 100 penalty units or 5 years imprisonment, or both (in any other case).

(2) Subsection (1) does not apply to the following:

(a) if the communication or publication is made:

- (i) to a party to the private conversation or activity, or
- (ii) with the consent, express or implied, of all the principal parties to the private conversation or activity, or
- (iii) for the purpose of investigating or prosecuting an offence against this section, or
- (iv) in the course of proceedings for an offence against this Act or the regulations,

(b) if the communication or publication is no more than is reasonably necessary in connection with an imminent threat of:

- (i) serious violence to persons or of substantial damage to property, or
- (ii) commission of a serious narcotics offence.

# Using Sensory Toys to Improve Learning and Behaviour

Sue Larkey  
**TOP TIPS**



Children with autism spectrum disorder (ASD) often seek out sensory activities, e.g. chewing, twirling, and fidgeting. They find specific sensory experiences calming, e.g. rocking, flicking, visual patterns, flapping. Holding an object in their hands can often enhance learning. For example, if given a sensory toy to hold at mat time a child can sit for longer, concentrate better, be less disruptive to peers, is calmer and has reduced anxiety levels. Sensory toys can also replace inappropriate behaviours.

## Is there one **MAGIC WAND** to improve learning and behaviour?

So many teachers and parents of children with ASD ask me this question. The simple answer is no, because a combination of strategies is required, but if there was ONE idea that makes a big difference and is so easy to use it would be using what is called a fidget toy. The irony is that it is the strategy that is most resisted by educators.

A small 'fidget toy' in the hand of a majority of children with ASD will dramatically improve their learning and behaviour.

I acknowledge that the idea that playing with a 'toy' improving concentration is the opposite experience for teachers and parents with non-ASD children.

For children with ASD this strategy can be a **MAGIC WAND**. It calms them, reduces stress, and reduces distractions, therefore increasing learning readiness and promoting good behaviour. Many children with ASD seek movement to calm and process, by allowing the child to actually move their fingers using a "fidget toy" it actually increases learning.

## A good indicator of whether a child needs fidget toys is **"WHAT HAPPENS IF YOU REMOVE THEM?"**

If you remove the toy and you see other behaviours emerge this indicates the child actually "seeks" this and "needs" it. For example, the behaviours you will see could include:

- Will they pick their fingers?
- Will they chew their collar or hat string?
- Will they start moving their legs, body?
- Will they be easily distracted by other children?

## Many students with ASD actually listen and concentrate **BEST** with a sensory toy!

Reminder: Have rules around sensory toys. Have set times they put in their pocket, on desk, in their hands etc.



## RECOMMENDED RESOURCES

### Practical Sensory Programmes

By Sue Larkey



### The Kids' Guide to Staying Awesome and In Control

By Lauren Brukner



### Behaviour Solutions

By Beth Aune, Beth Burt and Peter Gennaro



For more tip sheets, to sign up for a free newsletter or request a free catalogue, visit: [www.suelarkey.com](http://www.suelarkey.com)

 **Sue Larkey**  
LEARNING MEDIA