



Term 2

Week 10

5 July -Last day of term 2

Term 3

Week 1

Tuesday 23rd July

Students return

Week 2

Monday 29th July -

Superhero day

Week 3

Monday 5th August

Peninsula Community of
Schools Music Festival

Friday 9th August

Flag raising ceremony—
National Aboriginal and
Torres Strait Islander Chil-
dren's day

Week 5

Wednesday 21st August
7pm P & C meeting

Week 6

27th August SEAT auc-
tion

Week 7

Monday 2nd September
Sports carnival

Week 10

Monday 23rd September
School Photos

Permanent Principal Appointed!

Congratulations to Arianne McCombie, your new permanent Principal at Fisher Road School. After a recruitment process that involved a panel comprising of staff, community, another SSP principal and myself, Arianne came through the rigorous merit selection as the worthy and successful applicant. This appointment starts immediately.

Well known to you all, courtesy of many years of dedicated teaching and leadership at FRS, Arianne is one the staunchest of advocates for equality any school community could wish for. Her innovative and dynamic style, have seen her thrive in the relieving Principal role. With an eye firmly fixed on the educational horizon, Arianne continues to build a learning environment that personalises every student's pathway, is highly aspirational and strives to embed a culture of continuous school improvement.

I look forward to watching Arianne continue to take FRS on an exciting educational journey, ensuring each and every one of your children remain known, valued and cared for.

Kind regards

Andrew Stevenson

Director Educational Leadership

Pittwater Network



Messages

I am thrilled to have been appointed Principal at Fisher Road School. As many of you know I have been here for quite some time and will continue to be. I am very passionate about our students and providing them with the best opportunities we can. We have dedicated staff supporting amazing students and their families. Thank you to everyone for their kind words of support and encouragement.

Arianne McCombie

Earn & Learn

Earn & Learn is now closed!!

Thank you to all the families and also the wider community, for supporting our school in this campaign. We were flooded with stickers and as a result, exceeded our goal of 30 000 points. Our total amount was 60200!!!!!! These points can now be used to select a range of teaching and learning resources for our school.

Well done everyone!!



Post school options bus tour

On Wednesday a group of senior school parents including myself attended the annual Post School Options Bus Tour. It was a valuable day where we visited 5 local service providers- House With No Steps, Fighting Chance, Unisson, Packforce and Catholic Care. We also enjoyed a very nice lunch in Dee Why! Each of the service providers gave us an overview of their post school programs and a tour of their facilities. We got to meet the staff and clients and were able to ask questions that were specific to our child. The day gave us a great insight into what programs are available for our children once they leave Fisher Rd. A big thanks to Arianne and Rebecca for organising the day and taking us around in the new school bus. I would encourage all parents to attend this tour when their children are getting close to finishing school.- a very worthwhile day.

Charmaine Collins

(James year 12, class RP)



Winter Arts Tour 2019

As part of the Peninsula Schools network, Narrabeen Sports High School came to Fisher Road School on Wednesday, 26th June with a group of 40 performers. We were treated to an hour of amazing sounds from the choir group, exhilarating orchestral pieces from the band, drama and songs from the rock band. The delight from students at Fisher Road School was evident in their reactions to the performance. Smiles, clapping to the beat and tapping feet was seen all round. At the end of the performance, students were invited to the front of the room for an impromptu dance to music. What a fabulous morning and another great opportunity for integration with local schools.



Class SB



Class SB has a great time the other day when Jen bought the new virtual reality device into our room. At first Rafaela and Billy were a little apprehensive to have a go but after being shown they were smiling and loving it! Tiago, James and Jude all loved having a go. Our favourite worlds were Africa Safari and Under the Water. We saw elephants, giraffes, zebras and lots of butterflies very close it felt like you could touch them! The underwater world was full of dolphins jumping through hoops and underwater fireworks. We love exploring new and interesting things in our class and can't wait to have another go!

Sally & Sue

Class TA



Every Thursday, class TA go on an excursion to Stony Range Regional Botanic Garden for a sensory walk and lunch. This excursion provides our students an opportunity to become familiar with and enjoy their community surroundings. This outing also allows our students to practice skills associated with communication, transitioning safely between spaces and learning to tolerate different movement and sensory environments. On some occasions when our students are unsettled we adjust the outing to drive by Warriewood headland where the students enjoy the view and the sea breeze. For many of our students the movement and gentle vibration of the bus are a great way to maintain a sense of calm and wellbeing.

Tess & Jenny



Class JK



Class JK have been engaging in some wonderful art sessions with Caroline each

Wednesday. They have been experimenting with finger stampers which gives helps the students to be more creatively independent. The students have also been using gel printing blocks with earthy colours to create some amazing prints revolving around nature. They look wonderful. We are also experimenting with fabric dyeing using shaving cream, which is a very sensory experience, to decorate scarves for a local art installation. It is great fun to watch the colours soak into the fabric and spread out to create

a beautiful pattern.

Julie & Alena



Class MP

Class MP have been very busy this term. The boys have enjoyed baking as part of their cooking program. Chocolate brownies and lemon slice have been a big hit!

We swim twice a week in Class MP. This is a great way to not only develop water confidence but also independence in dressing and self care.

We have also been focusing on improving our communication skills using a variety of tools, including PECS, Key Word Sign and Proloquo2go. James and Ty have been using a PODD book to make requests and Ty has been very helpful reminding us all about the Key Word Sign for 'computer'.

Enjoy the holidays and see you in

Term 3



Class VR

Each morning during our morning circle session we have been doing a set of exercises where each student chooses an exercise and we all complete 20 of that exercise before moving on. In the beginning it was rare that all our students were able to complete 20 of any exercise and some were very poor at executing some of the moves. Chantelle has always been the most flexible and willing participant and over time the boys have all improved and are now doing sit-ups, squats and push ups very well, also stretching by crossing their midline and mostly touching their hands to their toes. Here it is, nearly the end of term 2 and we have all improved and enjoy doing our exercises, especially in this cold weather as it gets our blood circulating and we warm up nicely before getting on with other programs.



Ever since it was announced that 'Toy Story 4' was coming to the theatre, Russell has been talking about it and we decided to go on an excursion to see it. The day finally came and we headed off to Warriewood Cinema full of anticipation. The movie did not disappoint as Woody, Buzz, Forky and Co. demonstrated determination, loyalty and friendship in a colourful adventure which had our students and staff transfixed. What a wonderful way to start Week 10 and begin to wind down for the July holidays.

Virginia, Justine & Nanako

TACPAC



Tacpac is a sensory communication resource using touch and

music to help communication and social skills. There is a compatible link between the sensory world of touch and the sensory world of music. Tacpac focuses on aligning these sensory forces, combining the sense of touch and music through social interaction. It is delivered via an interaction between 2 people – a giver and a receiver. The session is structured and takes place in an emotionally safe environment, clear of other sensory interferences. Tacpac is hugely beneficial for people who have sensory processing difficulties. This can mean anyone of any age or stage of ability. At the moment Tacpac is being used with a couple of students from the junior section each week. However, once staff are trained up, we hope to run a whole class Tacpac session for some classes.

Nick and Julie

Class NS

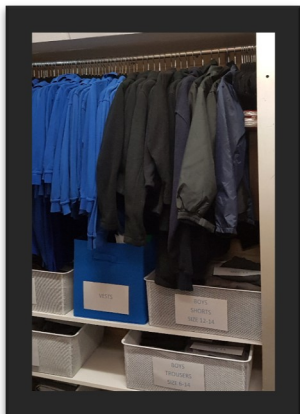
Gardening is a fantastic activity that all the students really enjoy, especially when it comes to using the hose to water the garden, although at times the staff tend to get wetter than the plants. The students love watching the water gush out of the hose and splash the plants and it provides a good sensory experience while meeting their KLA's in science HSIE and technology. In the photos below you can see Geoffrey and Laragh doing some great work watering the gardens near the classroom. You can also see Geoffrey picking some lemons off the tree, which has a bumper crop this year.

Nick , Carmel



Office news

We have second hand uniforms - remember all items are only \$5.00 and any donations of old uniforms will be gratefully received.



Also most weeks we have beautiful fresh fruit for sale. Send in a shopping bag and \$5 to receive a bag of fruit! Proceeds are going to wards supporting your children.

Don't forget our fundraiser—Please buy an Entertainment Book - available now for \$70 Fran & Donna



Class TH

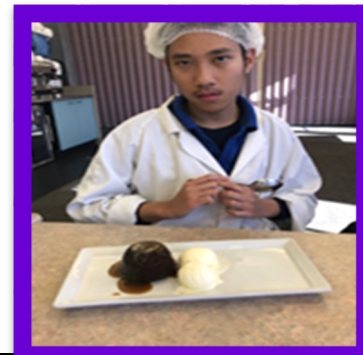
It's always go, go go, in Class TH and since Trish left on long service leave, a lot has been happening.



We have enjoyed a celebration of dance, song and music from Narrabeen High School, we have been to Bunnings, Coles and Henry has just finished 8 weeks at TAFE, learning how to make barista coffees, tandoori chicken, sticky date pudding, smoothies – yum! We have learned to jive at Dance Sport with the Elanora Primary School students and we've got down and boogied the night away at the Fisher Road disco.

One week to go and we will all take a well-earned rest. We are looking forward to Term 3 and all the busy things it has to offer.

Enjoy your break and thank you for your continuing support.



Class KF



Students in class KF have been enjoying integration at schools in our community. On Thursday, some students visit Dee Why for the afternoon. They have been enjoying eating lunch with friends,

playing games on the playground and visiting the canteen and library. On Fridays, students have been visiting Wheeler Heights primary school. They have been enjoying visiting classrooms, making new friends, climbing on the equipment, buying things from the canteen and running on the large oval. At both integration sites we are very warmly welcomed by both the students and staff.

Fran, Kari & Sue



Fisher Road Disco



Oh what a night!!!

Best disco ever! Absolutely fantastic to see so many families and staff join us at the Fisher Road Disco.

A fabulous



night organised by the Fisher Road Staff. The Sensory room was open for those who preferred a quieter space. Sausage sandwiches and drinks were enjoyed by all for dinner. Many staff bought their own children to join in the fun. A massive thank you to all the staff and the families who came together to make such a good night for

even-





Can you
give a little
to be part of
something big?



SEAT - A Royal North Shore
Hospital School
Community Project



Royal North Shore Hospital School enters an exciting third year for the SEAT Project. This is an immersive hands-on project where students construct and create artworks on small bamboo seats - the design celebrates diversity and self-expression of all those involved. Students on the ward, our local schools, parents, art specialists, youth workers and community members are united in a common goal. The process and the story behind each creation are equally as important as the ripple effect auction.

The S.E.A.T Project which stands for 'Sustainability, Education, Art and Teamwork' teaches social initiatives and supports student wellbeing. These elements combined, provide foundations for strong community connections and highlight how individuals, as a collective, can make positive changes in the world. Community involvement creates a sense of belonging and purpose and increases self-esteem and resilience, particularly within our students.

In August the SEATs are showcased and auctioned to raise money for local and international charities. All proceeds will go to Northern Beaches Women's Shelter and Seven Women Charity in Nepal. Last year we raised enough money to educate fourteen children in Nepal for an entire year. We would like to invite you to help us make 2019 bigger and better!



Vanessa Murphy, Principal
Ph (02) 94632280 or email
vanessa.murphy@det.nsw.edu.au
School Partners: Lane Cove, Brookvale,
Camberay and Fisher Road Public School.



RNSH SCHOOL
CONNECT LEARN EMPOWER

STEM

Our new virtual reality headset has arrived and to say we are excited is an understatement. It is called the Oculus Quest and is a top of the line piece of technology that has only just been released on the market. We have been learning about wearing it safely, staying inside the safe zone while using it, staying away from the person who is having a turn and also how to hold and use the controllers. Some of the games we have been using are tennis, bowling, baseball, angry birds, fruit ninja and also exploring environments such as the savanna desert or the ocean. One of the underwater experiences places you in a shark cage and you can see the great white sharks swimming around you. The possibilities are endless. I have been most impressed but the students listening skills while they have been learning to use the controllers. These concepts are difficult to grasp and the students have shown excellent concentration and determination while learning. We are looking forward to building our skills so we can explore more of what the Oculus has to offer.



Visual Arts

Students have been experimenting with a range of new inclusive art resources that allow all students to participate in pattern and mark making with paint. The finger stamper slides onto a students index finger and patterns can be made by moving a finger up and down. George A., Rafaella, Kanga and Kyle all enjoyed using this art tool to make designs for cards. The textured stampers have been very popular with students. Some have an easy to grip handle that allows students to practice stamping and lifting to make overlapping designs. Another stamper features a thick handle like a paint brush which makes artwork accessible for students who are practising fine motor skills. A series of patterned rollers have also been fun to roll across the paint and onto paper. Sekayi, Daniel and Riley have enjoyed this the most. A new Communication Board in art has been added to include actions in art such as roll, stamp, dot, smear, brush and splatter.

Learning Art along with Aboriginal Cultural perspectives, students experimented with using native plants to apply paint to paper. James S., Jude and Billy was particularly intrigued to use a Bottle brush flower to make interesting patterns on paper. Tiago explored small branches and native pods to stamp patterns onto paper. Everyone had fun learning about alternative ways to apply paint

in



artworks.

Class RP



RPs outing to the Japanese Gardens really was good for the soul! The sun was out and there was a serenity as the students explored the gardens, watched water features, and sat at the table like emperors for morning tea.

This excursion was part of our week looking at Japan. We also:

Had Nanaako share some of her knowledge with us

Scrunched up pink crepe paper to make our own cherry blossom branches

Each student stamped cherry blossoms next to a Japanese word

Watched sumo wrestling

Listened to Japanese music

And all devoured the most delicious sushi lunch!

It was a great (すばらしい) week!

Rebecca, Mandy, Leisa & Wendy



Aboriginal Education

Recently, Caroline Glass-Pattison, our cultural mentor, visited Fisher Road school and worked together with the Aboriginal Education team. Together we came up with a plan for a Flag Raising Ceremony in August to coincide with NAIDOC week and National Aboriginal and Torres Strait Islander Children's Day. Aunty Caroline guided the team to embed Aboriginal cultural perspectives into student learning activities such as planting a garden at the front of the school with lovely native plants, designing and painting a meeting pole, and creating a 'Yarning Circle' out of sandstone rocks, where students can sit together and listen to sensory stories. Also, the team plan to create a Welcome wall, with a variety of languages, to show the diversity of students at Fisher Road School.



Students have already started to paint a light blue base coat on the meeting pole in preparation for the design. These activities are some of the ways that students are learning about Aboriginal and Torres Strait Islander cultures and histories.

On May 27th, during Reconciliation Week, Clarence Bruinsma, The NSW Department of Education, Aboriginal Education and Wellbeing Advisor led a Professional Learning session at Fisher Road School. Clarence covered the significance of an Acknowledgment of Country to inform all people about Aboriginal culture and history. In groups, staff wrote their own Acknowledgement of country and then synthesised the best points into a personalised Acknowledgement of Country for Fisher Road School. This Acknowledgement can be used at the opening of meetings and events.



Superhero Day



29th

July

Please

US

Join



An information evening for parents 7pm – 8pm Wednesday July 31st

We would like to invite any parents/ carers/ advocates of students who may be considering post school options to come along to Packforce where we will present some information about the employment and training opportunities we have on offer in 2020.

We will have examples of the work we produce here and will also give a guided tour of the worksite.

In a Q and A forum following the presentation we will try to help you understand and navigate the post school options so that you can make a more informed choice when selecting which way to go next, whether that's with Packforce or any of the other great services that are available.

For those who are considering SLES this is a good chance to also explore an alternative pathway to open employment if that's the goal.

Please email Amparo.Llanos@cerebralpalsy.org.au if you intend to come along as light refreshments will be served.

Address: Packforce, Capital Business Park - enter @ 191 Allambie Rd

We hope to see you there,

Damien Jones (Packforce Frenchs Forest Site Manager)





USING COMMUNICATION TEMPTATIONS TO MOTIVATE COMMUNICATION

Many children with ASD do not feel the need or motivated to communicate as everyone in their environment thinks for them, gives them what they want or even anticipates their needs. When you create a communication programme **it is VITAL you create as many opportunities as possible for the child to communicate.**

The key to promote communication is to **immerse the child in a communication enriched environment.** The easiest way to do this is to look around the environment at home and school, and think of all the times in the day when you could model, promote, encourage or support communication. Creating as many visuals, schedules, activities and routines as possible are a great way to promote communication.

Start with activities that are particularly desirable or intriguing for your child are more likely to 'tempt' them or provide them with sufficient motivation to communicate with another person. Encourage verbal children to use their words or extend their word i.e. **"Drink"** to **"I want drink"** and non-verbal children to use visuals/signs/gesture to communicate.

10 KEY RULES TO A SUCCESSFUL COMMUNICATION PROGRAMME

- 1 Ensure consistency between environments.
- 2 Be eclectic; try lots of different ideas and strategies.
- 3 Remember **not every strategy** works for everyone.
- 4 **Never assume** incompetence.
- 5 Always model **good communication practices**.
- 6 Make communication **functional**.
- 7 Make communication **fun and enjoyable**.
- 8 Use **rewards and motivators**.
- 9 Ensure the child has **communication enriched environments**.
- 10 Be persistent and **REPEAT, REPEAT, REPEAT**.

Every strategy, no matter how bizarre, **is worth a try and if at first you don't succeed then try and try again**. No one child with ASD is the same so not all strategies will work with every child – so think carefully of how to adapt a strategy to suit the particular individual.





**Colour
My World**
ART FOR ALL ABILITIES



Colour My World

ART FOR ALL ABILITIES

Ellie is an experienced and degree qualified art teacher (**BFA, UNSW**). She teaches all ages, with a keen interest in special needs. She is passionate about the therapeutic benefits of art making- improving social & emotional wellbeing, alongside cognitive & physical (fine motor) abilities.

Private/small group classes currently run Friday 1.30-4 pm. and Saturday 2-4 pm. Alternate arrangements may be made by contacting Ellie on 0466 817 143.

