

2024

Term 1

Week 10



FISHER ROAD
SCHOOL

Fisher Road School

Newsletter

A MESSAGE FROM OUR PRINCIPAL

Staff news

Sally Burt our fabulous relieving Assistant Principal is going to Sir Eric Woodward until the end of term 4 this year to relieve in an Assistant Principal role. We wish her all the best and look forward to her return next year.

Michelle Garnett has been appointed in the Assistant Principal role at Fisher Road and will start in term 2. Michelle has a background in SSP's and has recently been working in corporate roles in the Department of Education. We look forward to Michelle joining the team next term.

As a result there will be a few changes to teaching staff in classes. This will be done with clear, thorough handovers to minimise any disruption to your child's learning programs.

We have been reminded by the Department of Education to manage our time, energy levels and work-life balance well. They have asked us to not send, nor expect emails out of hours. In this way I am reminding the broader school community of this so that parents are not expecting responses to emails, nor addressing matters out of hours. Thanks everyone for your understanding.

We are hoping that share our space will be available these holidays. We will post a message on Class Dojo once it is confirmed.

Arianne McCombie

SAVE THE DATE !

Upcoming Dates to Remember

**Year 12 information evening -
10th April @ 7pm**

for all students in year 10-12

Presenter from plus disability- NDIS talk

Last Day School

Friday 12th April

School Resumes

Tuesday 30th April

**Post School Preparation-Tour Providers
facilities**

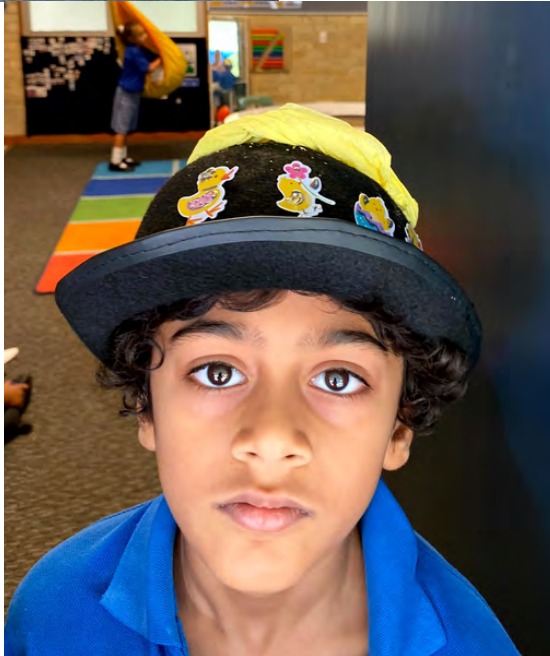
22nd May

For updates on these important dates, please be sure to check the school diary regularly for reminders.

EASTER HAT PARADE

We're delighted to share the fantastic success of our recent Junior Hat Parade! The event was a delightful showcase of creativity, imagination, and community spirit. Our students wowed us with their amazing hats, t-shirts, onesies and even fantastic sock designs, and it was a joy to have parents join us to share in the fun over morning tea. A big thank you to all the parents who joined us for the parade. Your presence made the event even more special, and we loved sharing this moment with you.

EASTER HAT PARADE



EASTER HAT PARADE



EASTER HAT PARADE



HARMONY DAY

A big thank you to all our fantastic staff and families who joined us for our Harmony Picnic Day, our first family event of the year! The event was all about celebrating the diverse cultural backgrounds of our students at Fisher Road School.

We had families representing countries such as Tonga, Argentina, England, New Zealand, Japan, Scotland, Mozambique, Tibet, Australia, and the Philippines. They brought along delicious dishes that showcased the flavours of their respective cultures. It was also wonderful to see some families dressed in their traditional costumes, adding a colourful touch to the day.

We hope to see even more countries represented at next year's Harmony Picnic Day. Thank you once again to everyone who participated and helped make the event a success!

Trish

HARMONY DAY

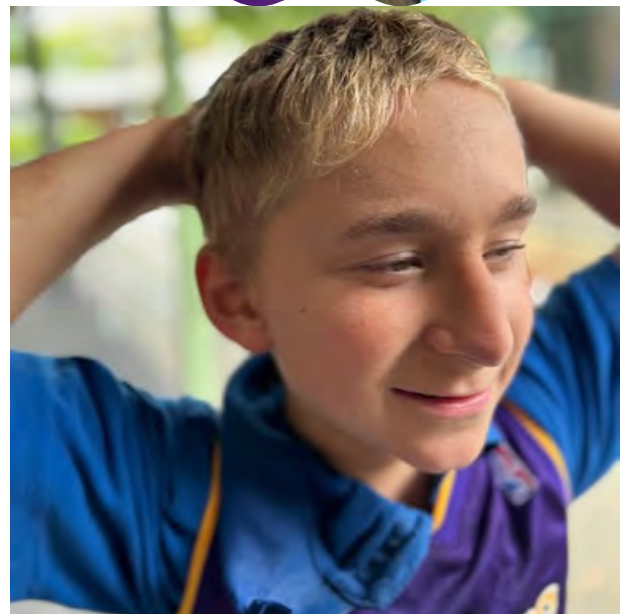


PURPLE DAY

Well done Fisher Road School - we raised \$44.50 for Epilepsy Awareness Day aka Purple Day! Last Thursday, the senior school students and staff, dressed in their favourite purple outfits, had fun moving between purple-themed activities, with their parents in tow. There were purple noodles and purple jelly, purple art and purple rice. There was purple balloon volleyball, a purple bean-bag toss and cupcake decorating with purple icing! Staff reported that their students enjoyed the various activities and particularly enjoyed having mum or dad there to join in.

Sandy

PURPLE DAY



PURPLE DAY



WOOLWORTHS DONATION

Thank you to our local Woolworth's in Dee Why for generously donating \$500 to support the activities held at our school over the past two weeks. These included the Harmony Picnic Day, Easter Hat Parade, and Purple Day. We made two separate orders for these events, and all the items were put to good use throughout the fortnight. This partnership with our community has been invaluable, and we look forward to continuing it in the future.

Trish



Post School Preparation

We had a great turn out to the first of our post school preparation sessions. Parents with students in years 9,10,11 and 12 were invited in for a post school option service provider information session. We are extremely fortunate to have some great local service providers. We had representatives from Northside, Sunnyfield, Avenue, Plus, Up and Over and The Support Society. Each of the providers spoke about the services they offer and then it was time for follow up questions and some morning tea together. All of the providers have offered us a tour of their facilities so, In term 2 (22nd May) we will be doing a parent bus tour to visit all of the providers.

Why attendance matters

When your child misses school they miss important opportunities to...



Learn

education.nsw.gov.au



Make friends



Build skills through fun



Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins per day



=

3 days

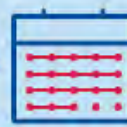


30 mins per day



=

18 days



Patterns of lateness can have a serious impact on your child's education.

education.nsw.gov.au

CLASS SL

Where did that term go? Thank you for your support this term with your child's learning. We have had so many great learning moments, particularly around LAMP and/or Proloquo2Go. As a class, we have made some wonderful memories with shared experiences such as community access rides in the new school bus, sensory room sessions, gardening and outdoor walks to see the chickens, swimming and TACPAC.

Last week we celebrated Purple Day for epilepsy awareness and had fun moving around purple themed activities with the rest of the senior classes to show our support for such a wonderful cause. Thank you for your gold coin donations.

Have a safe and happy holiday.

Sandy, Lauren, Anat and Karlee

CLASS SL



CLASS AB

We can't believe that term 1 is almost over! Class AB have loved the easter celebration with the easter hat parade and easter bunny visit the past few weeks. We have also become very engaged in our cooking programs on Tuesdays and are starting to introduce a variety of new foods. The boys start the session off with going to visit the school chickens and picking out some eggs that we use in our cooking. We then take the eggs back to class and use it in our fried rice, pancakes or corn fritters. Of course, the class favourite is always pancakes. We are very impressed with the interaction with the cooking program this term. We are very excited to see what the class does in term 2!

Ashley and John.



CLASS AB



CLASS SB

Class SB have been loving exploring Cromer Primary School and making new friends on Tuesdays. We have been exploring the sensory stories “Going on a bear hunt” and “Who sank the boat” with our buddy class. We then have lots of fun making lots of mess and creating some fabulous art projects. We look forward to continuing our visits with Cromer school and hopefully expanding our exploration! I will miss all the students in class SB and wish them a happy and safe holiday, and a fantastic rest of the school year. I cannot wait to hear all about their fabulous adventures

Sally, Justine and Ebony

CLASS SB



CLASS SH

SH has been settling in well to our class program and daily routines. We welcome back Dawa who has added some spark to our class with his energy and his cheeky smiling face. Students enjoy our cooking sessions each week. We have been focusing on preparing our ingredients before eating and this has proved successful. Logan is our head chef with his enthusiasm for preparation of the ingredients. Kai and Zeb love the 'taste testing' along the way and especially with the finished product, often our banana muffins. Fridays are popular as it's our swimming day. The class is working hard at the changing process of school clothes to swimwear and back again, an important skill as they progress through the school years. Everyone loves the water and we are especially happy to see Heath embracing his water time without hesitation. Easter activities provided some excitement to the term as it draws to a close. We had some impressive designs for our Easter Hat Parade and we welcomed some parents to our class for hot cross buns, without the chocolate. It was a happy morning.

Chris, Gen & Alena

CLASS SH



CLASS MP

Students in Class MP have exceeded expectations in performing class activities within school and out in the community. 'One Meal' staff were thankful for our dedication to assist in packaging food items for others. Doing shopping for the Canteen has been another achievement in our community access program. All students conduct themselves appropriately while crossing the road or picking up items from the shelves.

In school, some of us are learning recreational activities such as playing with jigsaw puzzles, using the interactive whiteboard, riding a bike and how to be safe in the water. Along with our swimming activity, is the self-care program that encourages all our students to learn to shower and dress themselves. It is pleasing to see the progress each student is making. The Epilepsy Day activities also went well. Everyone actively participated and totally enjoyed themselves..

Maria, Matt and Sue

CLASS MP



CLASS LB

WOW! Term 1 has absolutely flown by and we have made so many amazing achievements and memories already! Our summer theme is coming to an end with lots of amazing artworks to share relating to all things beach, water, animals and food! All the students in class LB have shown amazing growth and interest in communication and using it to interact with their peers! Term 1 ended with lots of excitement around Easter, having the Easter bunny visit, the Easter hat parade and lots of chocolate. We are looking forward to seeing what term 2 holds.

Laura and Lauren

CLASS LB

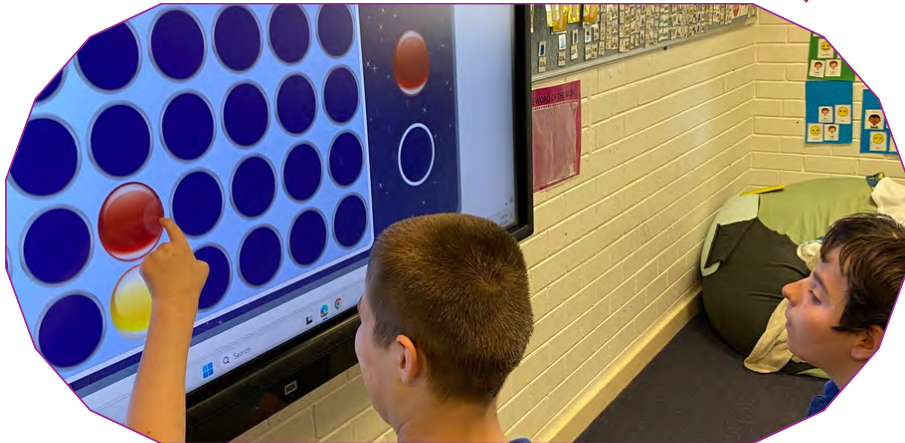


CLASS JK

Wow! How fast did term 1 fly by? We have been so busy working towards our goals and having lots of fun. Class JK have been working very hard at being a team and are learning to work together, as well as to take turns in games and care for each other. Some strong friendships are developing in the class which is wonderful to see! It is lovely to see the students playing together at recess and lunch! Everyone is getting really good at using the Fisher Road Zones program and can identify what mood they are in and why they are feeling that way. We are working on being able to talk about how our bodies feel when we are experiencing certain emotions as well as learning the Key Word Signs for these emotions. Recently, we celebrated Purple Day and participated in a range of activities including cupcake decorating, painting, volleyball and sensory work. Class JK baked the cupcakes for this special event and did a wonderful job. We look forward to seeing the students continue to excel next term.

Julie, Jen, Sue & Lynn

CLASS JK



CLASS TH

As we wrap up Term 1, let's celebrate some of the fantastic achievements in Class TH.

Kareena actively participated in music with animated expressions and vocalisations. Alfie has impressed us with his growing confidence in using speech more consistently and extensively. George showcased his curiosity and engagement through interactive learning with cause and effect programs on the smartboard. Tayla's determination to stand up tall and walk with 1-1 support in the water was impressive. And we have Shyna, who has settled in beautifully at Fisher Road School and is enjoying the company of all her new friends. We look forward to more progress in Term 2.

Trish, Mandy & Jenny

CLASS TH



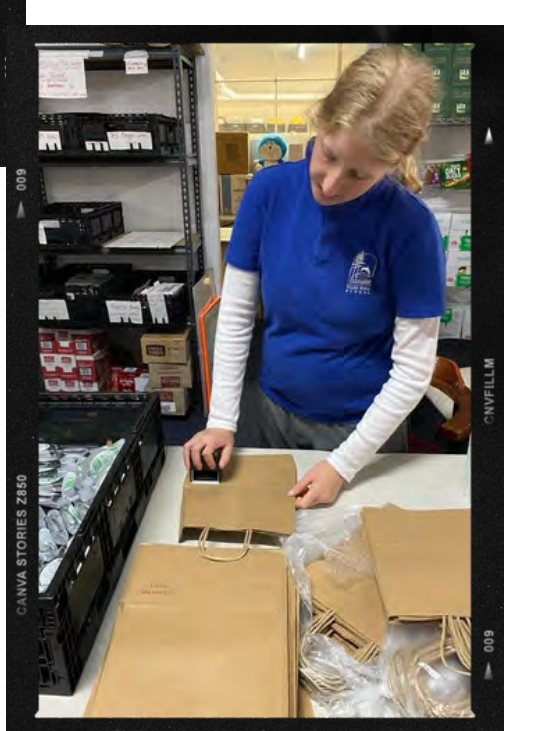
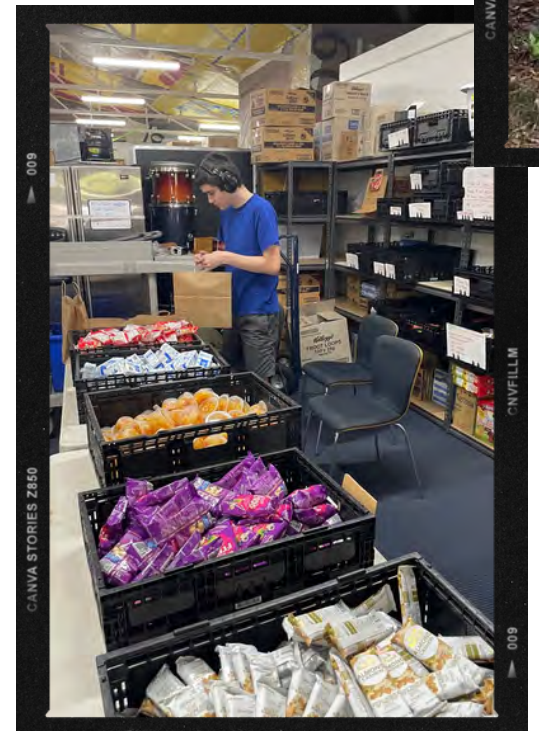
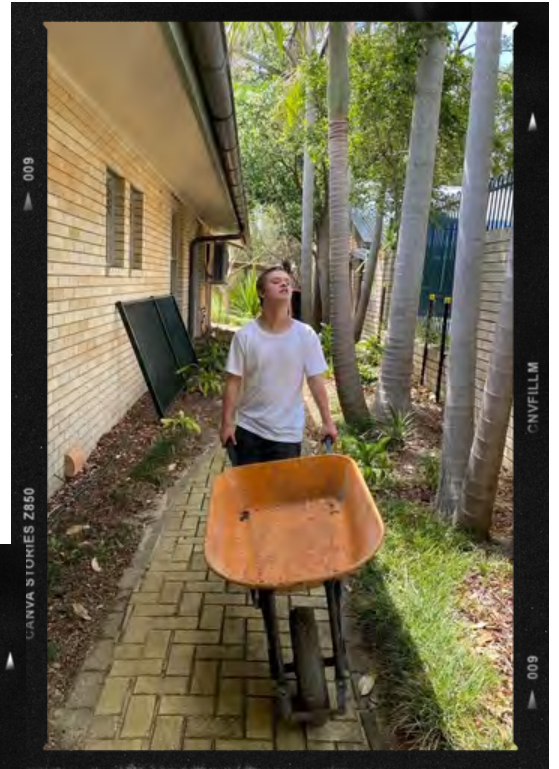
CLASS FS

This term the Senior Staff and students have been working hard to establish our Senior Work Experience Program. Every Wednesday our senior students all participate in a work skills program during the middle session. Groups include packaging onsite at One Meal in Brookvale, gardening at school, pamphlet delivering in our local community, packaging One Meal breakfast bags at school and finally, a group that helps with our school's recycling program.

In Class FS, Masato and Whitney work with minimal prompting at the One Meal depot to package about 100 breakfast bags each week. Our school grounds have never looked better thanks to the raking, mulching, weeding, leaf blowing and watering efforts of George, Tyron and Lucas and their team. It is wonderful to see our students learning new skills and contributing to the efforts of such great organisations as One Meal.

Fran, Kari, Te, Cuban, Deb & Lynn

CLASS FS



CLASS LV

Every Monday and Wednesday, Class LV students deliver supplies to Classrooms around the school. This activity encourages responsibility, communication, social interaction, independence, and a feeling of belonging.

The students are encouraged to load a trolley with supplies from the storeroom and take it to classrooms, in either the Senior or Junior section of the school. Here, students knock on the classroom door and communicate either verbally or by use of their ACC device, to ask if the class requires any of the items on offer. As well as being a wonderful communication opportunity, our students are gaining a sense of belonging, when the staff member who answers the door greets them by name and often has a little chat. When told what is required, the students locate the items in the trolley, count out the number needed and hand them over to the staff member who thanks our students, and the trolley is then wheeled to the next classroom. The process is fun and the smile on the students faces shows how much they enjoy it. Communication is a big focus in Class LV and the canteen has been a great way to request items on the menu for morning tea. Popcorn and cookies are a favourite for most of us!

Lainie, Virginia, Ebony & Te

CLASS LV



COMMUNICATION TEAM

Access For Success

Many of our students at Fisher Road are on a journey to become better communicators using both High Tech and Low Tech Augmentative and Alternative AAC systems.

Both at home and at school communication partners are a crucial part of how successfully these AAC Systems are used. One way we are supporting our students is by ensuring ACCESS! This means our students are having the opportunity to touch, interact and use their AAC systems throughout the day at school.

WHAT ARE WE DOING?

- Making sure our student's devices are available during class, on the playground and during community access outings.
- Promoting ownership by encouraging students to carry their own device around the school.
- Having low and high Tech AAC supports available in all environments e.g. Classroom communication iPads and communication boards.
- Developing communication hubs in the playgrounds, so students can store or find their device.
- Building our awareness of AAC strategies in professional learning

What can you do?

- Send your child to school with their device EVERYDAY. Use a visual reminder to make sure you don't forget!
- Make sure your child's device is charged. You could set up a charging station near where their school bags are stored.
- Think about if any changes should be made to the system to make it more accessible. Do they need a strap? Do they need a better case?
- Make sure their device is only used as a communication device and have a separate device for games/movies etc.
- Think about having a low tech AAC backup back up to use if the device breaks e.g. Low Tech paper version of the system.

COMMUNICATION TEAM



Curriculum & Instruction

It is always fun to visit the classes to support staff and students with their literacy and numeracy programs. This semester, I have been supporting Class LB with communication, specifically the Interacting precursors (english syllabus indicators). We have been playing boardgames with the students, teaching them specific language around turn-taking and playing with others, counting the moves in a game and learning new ways to play. We use LAMP or Proloquo2Go and other visuals to model this language. It has been very enjoyable watching a student that might be initially disinterested become eager to join in or, to watch a student wait and allow others to go first. Next Term I will continue to support more classes with their literacy and/or numeracy programs after meeting with staff to determine how I can best do this.

Sandy Langley

Relieving Assistant Principal, Curriculum & Instruction

PBL

I Care, I Respect, I Learn - these are the core values of our school and our students are working hard to be recognised for their efforts in applying these core values throughout their school day. For example - one student might get a sticker on their PBL chart for taking care of their school bag, hanging it up on its hook each morning and emptying its contents. Another student might receive a certificate in assembly for learning something new or making progress with their personalised learning goal, such as learning to press 'more' using LAMP or Proloquo2Go or using eye gaze to make a choice between two objects. At the end of Semester 1 (end of term 2) we will have another special assembly to celebrate ALL the students who received 20 plus stickers over Term 1 and Term 2 for demonstrating our core values. Please talk to your child at home about this and encourage them to try as, no matter how small their efforts, it can make a student feel valued, empowered and happy.

Sandy



Give life. Give blood in Dee Why.

Dee Why Beach car park
29 March to 7 April



Friday
Saturday
Sunday
Monday
Tuesday
Wednesday
Thursday

Luna Park



Buckle up for a blast! Our super-kids crew is taking over Luna Park. Get ready for giggles, candy galaxies, and rollercoasters. It's a joy ride beyond the stars!

Date: Sat 3 Feb **Time:** 9:30am- 3:30pm

Cost: \$80

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea.

Milky Lane Parramatta



Join the ultimate adventure with a burger, crispy chips, and the coolest milkshakes and sodas in town!

Date: Sat 17 Feb **Time:** 9:30am- 3:30pm

Cost: \$45

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea.

Cupcake Making



Sprinkle some joy into your day at our Cupcake Making Extravaganza! Get ready to be mini cupcake chefs, decorating your own sweet masterpieces.

Date: Sat 2 Mar **Time:** 9:30am- 3:30pm

Cost: \$25

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea.

Irukandji Shark and Ray Encounters



Splash alert! Our brave kiddos are getting ready to swim with sharks and groove with stingrays. It's a fin-tastic dance party beneath the waves!

Date: Sat 16 Mar **Time:** 9:30am- 3:30pm

Cost: \$55

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, swimmers, Morning tea, Lunch and Afternoon tea.

IMAX Cinema - Kung Fu Panda 4



Get ready for a kickin' good time as we embark on a cinematic journey with Kung Fu Panda!

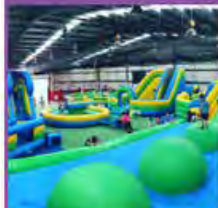
Date: Sat 6 Apr **Time:** 9:30am- 3:30pm

Cost: \$40

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea. Bring money for popcorn and snacks

Inflatable World



Get ready to bounce, slide, and giggle your way into the wondrous world of inflatables! Where gravity takes a break, and fun reaches new heights!

Date: Sat 4 May **Time:** 9:30am- 3:30pm

Cost: \$33

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea.

Splatter Paint



Gear up for our young artists to embark on a splatter paint extravaganza! Our little Picassos are set to create a masterpiece of unforgettable fun!

Date: Sat 18 May **Time:** 9:30am- 3:30pm

Cost: \$65

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, change of clothes, Morning tea, Lunch and Afternoon tea.

Lolly Making - STICKY



Get ready for a double delight! Our little candy kiddies are diving into the world of STICKY, where lolly-making magic happens.

Date: Sat 1 June **Time:** 9:30am- 3:30pm

Cost: \$20

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea, Opal Card.

IFLY



Hold onto your laughter, because our thrill-seekers are about to defy gravity at IFLY, the ultimate indoor skydiving playground!

Date: Sat 15 June **Time:** 9:30am- 3:30pm

Cost: \$46

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea.

Reptile Park Gosford



It's a slithering, scaly adventure as our little explorers embark on a wild journey to the Reptile Park in Gosford!

Date: Sat 29 June **Time:** 9:30am- 3:30pm

Cost: \$46

Meeting Place: Cromer Community Centre

Please Bring: Hat, water bottle, weather appropriate clothes and footwear, Morning tea, Lunch and Afternoon tea.

Please select your activities carefully and consider whether you would like to attend them, and if you are able to pay for them!

Important Notes

- Please make sure to have a charged **OPAL CARD** when required.
- Activity costs may change subject to cost variation by the activity vendor.
- Some excursions require a valid Companion Card. Please enquire if you do not already have one.

Contact: Arpit on 0438 781 087 or arpit.kothari@abilityoptions.org.au

Please note: Start and end times for activities vary, please ensure you check this programs details, any changes will be notified to you via phone.

Activity Costs:

- Additional NDIS support cost required at a 1:1 or 1:3 ratio, or fee for service.
- Cancellation fees will be incurred for any changes within 7 days of the activity.

Please see your service agreement for further details.

All related Health Care Plans and Medication will require further documentation prior to registering with a program activity.

Please select which activities you will be joining by ticking the boxes below:

Name:

	DATE	COST	ATTENDANCE
Luna Park	Sat 3 Feb	\$80	<input type="checkbox"/>
Milky Lane Parramatta	Sat 17 Feb	\$45	<input type="checkbox"/>
Cupcake Making	Sat 2 Mar	\$25	<input type="checkbox"/>
Irukandji Shark and Ray Encounters	Sat 16 Mar	\$55	<input type="checkbox"/>
IMAX Cinema - Kung Fu Panda 4	Sat 6 Apr	\$40	<input type="checkbox"/>
Inflatable World	Sat 4 May	\$33	<input type="checkbox"/>
Splatter Paint	Sat 18 May	\$65	<input type="checkbox"/>
Lolly Making	Sat 1 June	\$20	<input type="checkbox"/>
iFLY	Sat 15 June	\$46	<input type="checkbox"/>
Reptile Park Gosford	Sat 29 June	\$46	<input type="checkbox"/>

Imaginative School Holiday Workshops!

Led by Be Centre's experienced team, our holiday workshops offer children the opportunity to express their creativity, make new friends and have a whole lot of fun in a supportive environment.

We offer various workshops, from creative fun through to those with therapeutic benefits. Creative Kids vouchers and children funded by NDIS are welcome. Group sizes are limited, so book now so you don't miss out! If you have a Creative Kids Voucher, please contact us at events@becentre.org.au.

BOOK NOW!



CREATIVE KIDS PROVIDER

Week 1: 15 - 19 April

MONDAY 15 APRIL: Therapeutic Puppet Making 6-9 years	9:30am -	3:00pm	
TUESDAY 16 APRIL: Kite Making. Includes walking excursion to the park. 8-11 years	9:30am -	11:30am	
TUESDAY 16 April: Creative Art Therapy Group. Let's discover all about our brains! 8-11 years		2:00pm -	
WEDNESDAY 17 APRIL: Box Mania! Crafting workshop. 6-12 years	9:30am -	11:30am	
THURSDAY 18 APRIL: Make sensory toys! Glitter jars & a stress ball. 6-12 years	9:30am -	11:30am	
FRIDAY 19 APRIL: Messy Play! 6-10 years	9:30am -	11:30am	
		4:00pm	

Week 2: 22 - 24 April

MONDAY 22 APRIL: Therapeutic Puppet Day 10-12 years	9:30am -	3:00pm	
TUESDAY 23 APRIL: Painting workshop: Art at the Dog Park 8-12 years	9:30am -	11:30am	
TUESDAY 23 APRIL: Box Mania! A fun crafting workshop. 6-12 years		2:00pm -	
WEDNESDAY 24 APRIL Woolly creatures! Make fluffy animals to take home. 6-12 years	9:30am -	11:30am	
WEDNESDAY 24 APRIL: Painting workshop: in the style of Monet 8-12 years		2:00pm -	
		4:00pm	

Full day: BYO refreshments and lunch no nuts due to allergies).
Two hour workshops: Light snacks and refreshments provided.
Please wear old clothes as we can get messy with our creative fun!

GROWING ROOTS

EASTER SCHOOL HOLIDAY PROGRAM

What is Growing Root's School Holiday Program:

The school holiday program at Growing Roots is designed to empower individuals to enhance their social skills through active participation. We believe in your ability to shape your own path, and our dedicated team is committed to supporting you every step of the way. Our program offers opportunities for you to expand your social circle and cultivate new relationships. With a wide variety of engaging activities, we provide a platform for you to fully immerse yourself and enjoy. Come join us at Growing Roots and embark on a journey of personal growth and camaraderie!

What is the procedure for pick-up and drop-off?:

Our skilled staff will make sure to collect you from your place of residence at 9:00 am and transport you back home by 4:00 pm. Please be aware that pick-up and drop-off times may vary due to traffic conditions.

Is food provided as part of the program?:

We offer morning tea, lunch, and afternoon tea, customised to suit each participant's preferences. Our specialised staff prepares nutritious and delicious meals, employing therapeutic language to promote healthy eating habits. We accommodate all individual dietary preferences, requirements, allergies, and intolerances.

Is it mandatory to be sign up for all 12 days?:

There is no requirement for daily attendance. To join the program, you'll need to reserve your spot for each holiday session using the booking forms. You have the freedom to choose the days you wish to participate based on your preferences and interests. However, we must also consider group dynamics and funding ratios, so we'll work together with you to identify the optimal available days that meet your needs.

SCAN
CODE
BOOK NOW

QR
TO



Contact the team for more information and for the full school holiday program booklet.



0449976684



www.growingroots.com.au



admin@growingroots.com.au



Birthday News

Happy Birthday Isla



Birthday News

Happy Birthday Celine



Birthday News

Happy Birthday Jackson



Birthday News

Happy Birthday Jesse



Birthday News

Happy Birthday Lucas V



Birthday News

Happy Birthday Sai



Birthday News

Happy Birthday Vito



Birthday News

Happy Birthday Jude



Birthday News

Happy Birthday James



Birthday News

Happy Birthday Jonathan



Birthday News

Happy Birthday Tommy



AFTER SCHOOL CARE



IF YOU ARE INTERESTED IN YOUR
CHILD
ATTENDING
AFTER SCHOOL CARE
AT FISHER ROAD SCHOOL
PLEASE CONTACT
Jessie Quinn 0412 571 051
AT SUNNYFIELD

We need you

We urgently need volunteers to help us at school-Please call the office if you have free time

Thankyou



From the Office

School Uniforms

A reminder you can purchase the Royal blue long and short sleeved school shirts from Instyle Workwear -Dee Why, they can add the emblem or you can purchase shirts from eg Target - (long sleeve polo shirts \$8 - short sleeve \$6.00), then have the emblem sewn on by Instyle Workwear. Students can wear grey shorts or long trousers - Students can purchase dresses & skorts through Pickles School Wear 9905 2711. These are the same uniform as Balgowlah North Public School.

<https://www.picklesschoolwear.com/school/balgowlah-north-public-school>

Alternatively - blue or grey shorts or skorts from most department stores.