



2023

Term 1

Week 4

Fisher Road

School

Newsletter

A MESSAGE FROM OUR PRINCIPAL

Welcome back to Fisher Road. Students have had a lot of fun engaging in all sorts of challenging activities this term. Gymnastics, kayaking, beach walking are just a few of the activities classes are participating in.

The paperbark playground has a new deck. It's a welcoming place for students to have an outdoor learning space. Many of the school bathrooms are being refreshed- tiling, new toilets and hand basins. Although students and staff are experiencing some challenges with limited toilets, it will be worth it when it's finished.

Thank you to all who attended the Parent teacher night this week. It was great to chat face to face with parents. Our fabulous school funded therapists attended the evening and were able to meet some of the parents.

A big welcome to our new school funded Speech Therapist, Brooke Workman. Brooke has been a visiting external therapist to the school for years and is now engaged to work with our staff and students on Tuesdays. Hayley Robertson returning as our school funded OT on Tuesdays. Charlotte Brooks returns on Thursdays supporting staff and students with physiotherapy. Anita, our music therapist, is working with classes on Wednesdays . These therapists are a fabulous support for collaborating with staff to meet our students' needs.

In addition, Sue Miles and Jenny Knowles are both working alongside all classes. Sue will be supporting students with reading goals and communication. Sue will be working closely with Brooke, our speechie. Jenny will be supporting students with sensory and wellbeing needs, supporting staff and students with programs like TacPac and Peaceful Kids.

Each class has their own phone now that is left at school. Staff use this to communicate on Class Dojo, take photos of student work and to operate music for students. Please note that staff will not be able to communicate on Class Dojo after hours.

I'm looking forward to seeing you at the first parent BBQ for the year on Friday the 24th March!

Arianne McCombie



SAVE THE DATE !



Upcoming Dates To Remember

Friday 24th February : Captains & Prefect Assembly

The Prefects & School Captains Assembly is for Years K-12. Don't miss out on being front and centre to witness your son or daughters' Ceremony - Start time is 2.30pm - Invitation only Annual General

Family BBQ-Friday 24 February -5-7pm

Please come and have fun and meet other FRS parents

P&C Annual General Meeting-Wednesday-1st March-6.30

All Welcome - please come and be part of the P&C

Thursday 6th April: Easter Hat Parade - Junior School

Thursday 6th April : Last Day of School

Wednesday 26 April : School Resumes

For updates on these important dates, please be sure to check the school diary regularly for reminders.



PARENT TEACHER NIGHT



IMPORTANT FOR ALL PATIENTS OF DR JANE SON

We have been informed that Jane Son is currently on extended leave with no date for return. There is also no admin staff at Dalwood. 2 new paediatricians have just been employed at Dalwood. One is working 2 days, another 3 days. They will take over Jane Sons current clients only. Please call **Trent who works in the admin at Royal North Shore. The phone number is **9462-9200**. State that you are a current client of Jane Sons and need an appointment. If your son or daughter is on medication and the scripts are running out, you need to state that this is urgent.**

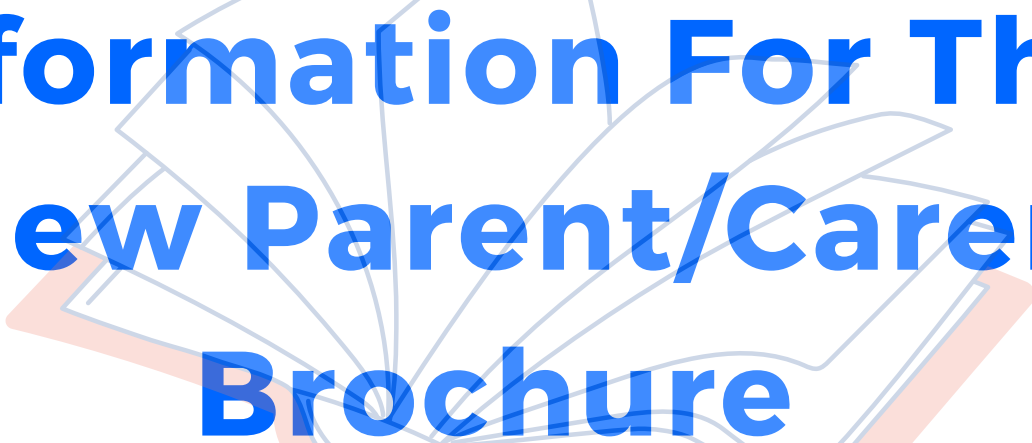
The two new paediatricians are trying to work their way through a backlog of clients and there is a big waiting list. They are keen to start up the school clinic again, but this will probably take some time. Possibly not until next year.

We need you

We urgently need volunteers to help us at school-Please call the office if you have free time

Thankyou





Information For The New Parent/Carer Brochure

We are developing a brochure/handbook of support services for families. We would love parent/carer input.

If you have a service provider that you can recommend, please send us through their details. For example, if you have a fantastic dentist, hairdresser or a support service you work with. Ideas for holiday programs are always requested by families - if you have any contacts please send them to us.

Please email any recommendations to arianne.mccombie@det.nsw.edu.au



Exciting News

Fisher Road School is excited to be partnering with One Meal, Kimbriki Resource Recovery Centre and Bunnings, to set up and run a composting station to recycle the food waste from One Meal. Through donations from Bunnings and Kimbriki and some professional learning from Kimbriki for school staff and One Meal volunteers, we now have 27 compost bins working. One Meal provide food packages to people in need and were having trouble disposing of their food waste in an environmentally friendly way. One Meal generate around 400 litres of food waste per week that was ending up in landfill. It is now being recycled.

This partnership has provided our senior students with several work experience opportunities. We now have 5 students work one day per week packaging breakfast bags for homeless people. We have another 5 students packaging at school. We also have students at school who are responsible for turning, watering and conditioning the compost bins.

The next step in our project is to build a bigger chicken enclosure. We can then be feeding some of the food waste to the chickens and using the chicken manure to speed up the composting process.



From the Office

School Uniforms

A reminder you can purchase the Royal blue long and short sleeved school shirts from Instyle Workwear -Dee Why, they can add the emblem or you can purchase shirts from eg Target - (long sleeve polo shirts \$8 - short sleeve \$6.00), then have the emblem sewn on by Instyle Workwear. Students can wear grey shorts or long trousers - Students can purchase dresses & skorts through Pickles School Wear 9905 2711. These are the same uniform as Balgowlah North Public School.

<https://www.picklesschoolwear.com/school/balgowlah-north-public-school>

Alternatively - blue or grey shorts or skorts from most department stores.

Staff 2023



Matt



Sue W



Frances



Donna



Anat



Jenny



Alena



Virginia



Lainie



Trish



Ashley



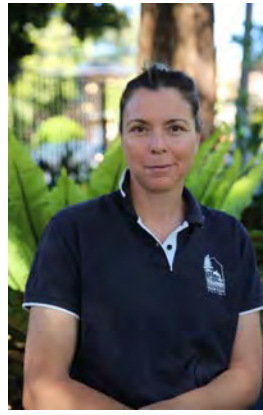
Mandy



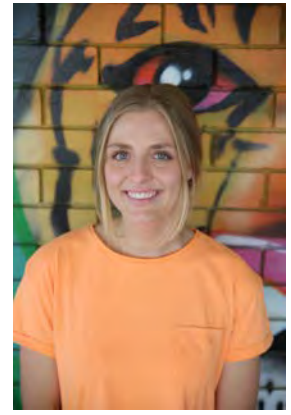
Megan



Lauren



Sam



Laura



Ebony



Nanaako



Sandy



Nina



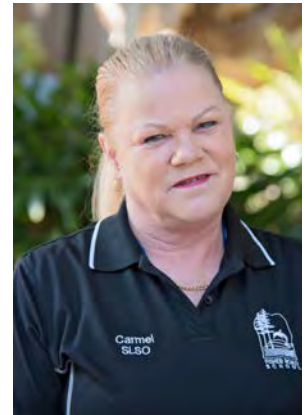
Chris



Lynn



Arianne



Carmel



Francine



John



Julie



Justine



Kari



Maria



Sally



Sue M



Sue R



Ken



Te

Transition Meetings

Transition Meetings For Year 11 & Year 12 Students.

Transition meetings will be taking place on Wednesday the 1st of March and Monday the 20th of March. Families will be allocated a time slot and will meet with the external transition teacher and classroom teacher to determine options. These plans are extremely important for students moving on to post-school options. Please stay tuned for more information to be sent out.

We will be hosting a provider/parent morning meeting. This will be held early in term 2 (date to be confirmed). This is a chance for providers to present and inform families what services they provide, as well as for families to have a more in depth conversation with the individual organisations. This meeting will be for our Year 10 - 12 students.

From the Office

Service NSW Back to School vouchers

To apply for voucher -

<https://www.service.nsw.gov.au/transaction/apply-for-back-to-school-vouchers>

Vouchers may be used at Fisher Road School towards the costs of:

School Excursions/Incursions that are:

- i. organised by the school in which the child is enrolled,
- ii. domestic, and
- iii. taking place during the 2023 academic year (Note: vouchers must be redeemed before 30 June 2023).

CLASS AB

Welcome to class AB!

We are looking forward to an action packed term, with lots of activities and outings to look forward to. Students will have the opportunity to engage in community access, with the outcome of learning to self regulate in new environments. This will be combined with free and inclusive play in an enclosed local playground. 'Where is the green sheep?' is the term story, with PDHPE, art and maths all linked together! Class AB is looking forward to getting to know all students, discovering their strengths as the term progresses!

Ashley, Laura and Ebony

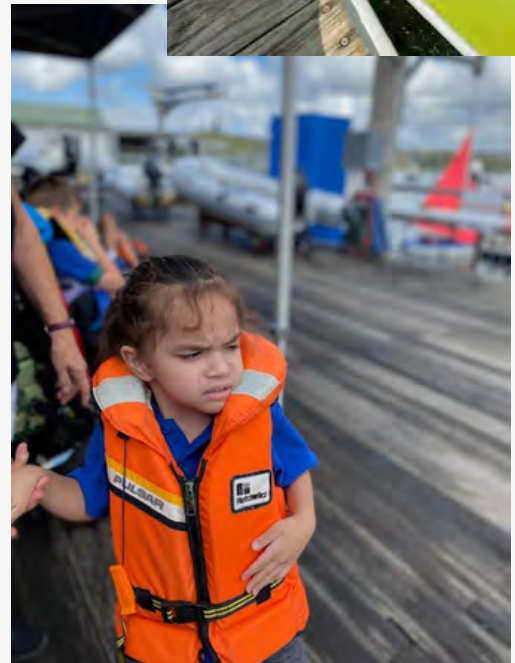
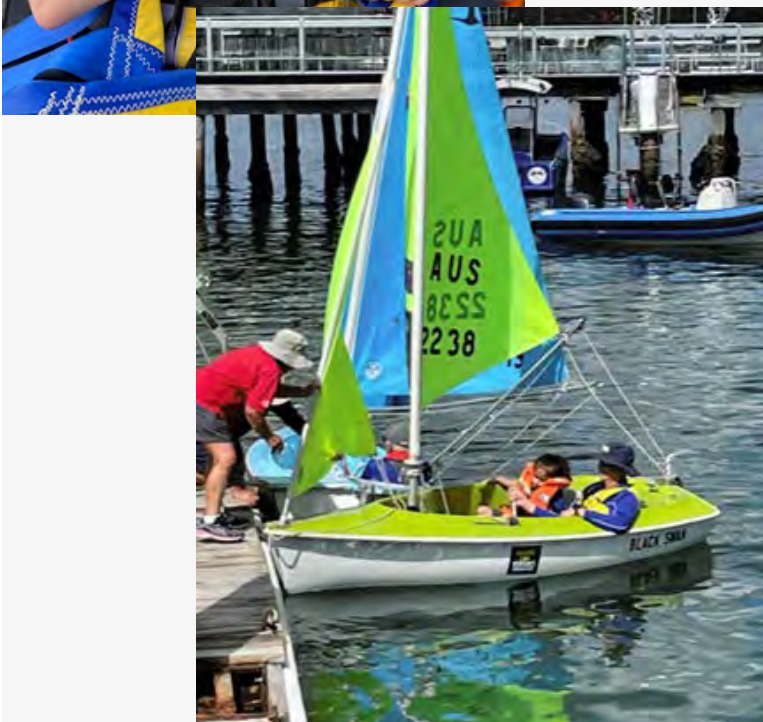


CLASS SL

We have had a great start to the term! We have spent time getting to know each other and working out our timetable. We are excited to announce a fortnightly class trip to Manly Sailability, which began last Wednesday. The students will be able to sail with an experienced club member or, cruise along in the support boat beside their peers, watching them weave in and around other boats moored in the harbour. We also welcomed Anita back for Music Therapy and began reading stories and creating artworks around our theme, 'Animals'.

Class SL have had some lovely moments exploring the gardens and visiting the chickens and ducks, making the most of the summer sunshine. We look forward to a fun semester!

Sandy, Sue R and Laura



CLASS SB

Class SB is super excited to be back at school. We have started off the year running and everyone of our fabulous students is putting their all into their learning. Swimming is still the clear favourite activity and we are very impressed with all our little fishes! We are settling back into our TEACCH program. The TEACCH program is used to promote learning and development – in particular, communication and social skills, independence, coping skills and skills for daily life like dressing, washing, cleaning teeth and so on. We are looking forward to a great year of learning ahead.

Sally, Mandy and Sue W



CLASS SH

A warm welcome to the new students of Class SH and their families. I'm happy to report that the transition back to school after the holiday break was as smooth as we had hoped and students are settling in well to the familiarity of their new class routine more and more each day. Parent/Teacher night was held this week and Justine, Sue W and myself looked forward to meeting you and discussing our weekly programs and special activities that include weekly community access to a local park to explore the outdoors while our creative art program will focus around the theme, 'Australia'.

Sam, Justine and Sue W



CLASS MP

Welcome to Class MP. It has been a smooth start to the year with five boys and one girl in our class. Sam, Edgar, Sai and James have been together in the last few years with the addition of Jonathan and Rafaela who have been happily welcomed. Gymnastics started this week, and everyone was so excited about this new class activity. Matt took the class to the Manly-Warringah Gymnastic Club and everyone tried most of the equipment and were so exhausted by the time we left. We've started swimming with Class SH. Sam and James showed confidence in their ability to co-ordinate arms and legs when kicking and paddling to reach the other side of the pool without any flotation devices. While Edgar focused on developing his skill to kick and paddle continuously, Sai, Jonathan and Rafaela worked on water familiarisation. Our morning routines in place, working on individual and group programs and Independent living skills such as grooming have commenced for those who have brought in their toiletry bag. It has been amazing to see how much our students can achieve and we hope to see even more progress in the coming weeks.

Maria & Lauren



CLASS CJ

The early weeks of term 1 find class CJ full steam ahead. As the students all start to settle down, for some, a new room and new teachers has been a particularly smooth transition. Our class is happy and feeling comfortable in their environment and our class programs have commenced. One of our first tasks has been to turn our bare brick walls into an inviting and colourful backdrop for our eyes. Our students assisted with creating the look during art program on Fridays with Laura. With the hot and sticky weather it is fortunate that we can make use of our pool twice a week, with swimming a definite favourite amongst the class. Our formal excursions are yet to commence but we have taken a few bus trips within the local area to get the routine underway. We look forward to a productive and enjoyable first term.

Chris, Laura & John



CLASS JK

Welcome to 2023! Everyone in Class JK was very excited to be back at school and have settled into their new routines very well. We start the morning off with our Engine Room activities, where we do some basic exercise to get our bodies and minds ready for our morning TEACCH program. We have been doing some simple boxing, jumping small hurdles, throwing a ball, the exercise bike and step ups. We also tried a bit of volleyball in the glass area last Friday which was a lot of fun! We have also been enjoying our swimming program which is a firm favourite and we have begun our gymnastics program with class LV this week. We are looking forward to a wonderful year ahead.

Julie and T



CLASS TH

Greetings from Class TH!!

We are a lively bunch of 5 AWESOME, senior boys, who are thrilled to be back at school.

Our class program is jam-packed this term. Our mornings are very structured with roll call, exercise and individual TEACCH programs. The boys are very conscientious during these sessions, with each student eager to complete their tasks. The focus in these sessions is addressing the key learning areas of English, Mathematics and Science.

Our middle sessions are different each day offering variety as well as flexibility. We have individual programs and STEM on a Monday. Tuesday middle sessions are PDHPE focussed. This term Class TH are kayaking at Narrabeen Lakes. Wednesday is called 'Workskill Wednesday'. Our class is split up with students engaging in different jobs. We have Dylan and Aidan going to the War Vets in Collaroy for a gardening program. We have Liam and Tommy doing a real packaging job for 'One Meal' and we have Riley engaging in a school based cooking and gardening program. Thursday is our food preparation session for the school canteen. Friday middle sessions involve preparing and fulfilling canteen orders for the whole school. We're busy and we wouldn't have it any other way!!

Trish, Jenny & Carmel



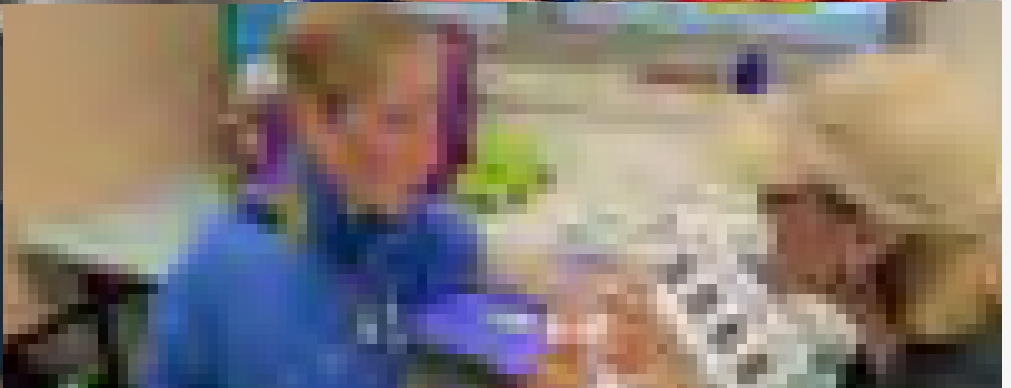
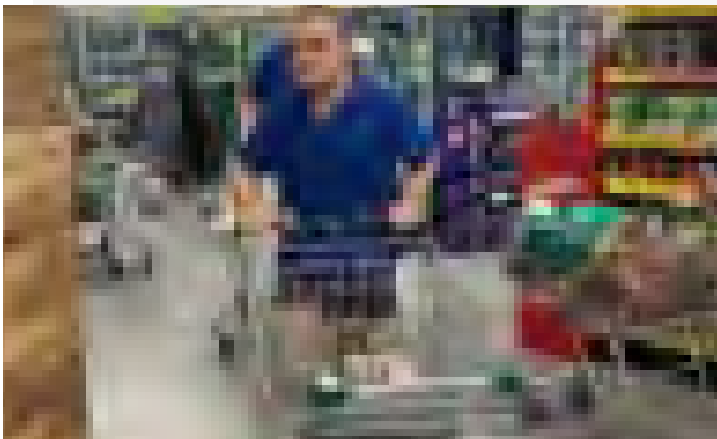
CLASS FS

Welcome to class FS!

It promises to be a busy and fun year. We love a structured classroom in Class FS and the students have already settled back into routines well. Mornings are busy with Engine Room and Crunch n Sip, which ensures we are in the Zone for Learning so we can be ready to complete our TEACCH program. This year our Middle sessions are seeing our class getting out amongst the community a few days a week with workskills, sport and shopping. Watch this space for updates on each of these activities throughout the year.

We will endeavour to send home photos throughout the week on Dojo. It is a good way for you to see what is happening in your child's school day and helps prompt communication opportunities at home with your child.

Fran, Kari, Alena and Nina.



CLASS LV

Welcome to Class LV!

The students are settling in well to their new routine and we are all enjoying getting to know each other. Everyone is exploring their sensory needs and choosing the tools they need to help regulate themselves and get into the zone for learning! We have started our science unit on 'Living Things' and have enjoyed investigating the textures and smells of the trees, herbs and plants around the school. Our 'Crunch n Sip' and cooking programs will be a wonderful way for the students to be exposed to food through their senses. It has been so amazing watching the students help to peel and cut fruits and vegetables, smell, touch and even nibble them. We are excited about all the fun learning experiences we have planned for this year.

Lainie, Virginia, Anat and Lynn



COMMUNICATION TEAM

First of all... Welcome to our new school Speech Pathologist, Brooke Workman. Brooke has joined our team and is currently working closely with teaching staff to assist in establishing student communication SMART goals. Brooke will also spend time in and out of classrooms, where needs have been identified.

The communication team are busy looking at what modalities of communication are being used across our school. We are finding the range of high tech apps or devices have increased. It can be challenging to keep up with this and that's why our approach is always multi-modal.

The team is currently updating our range of visuals used generically across the school using the program Symbolstix.

Please reach out to your child's classroom teacher if you require any visual support in the home.

Birthday News

Happy Birthday Iowani



Birthday News

Happy Birthday Logan F



Birthday News

Happy Birthday Zack



LAMP Congress

Join John Halloran in the flesh & learn about LAMP™ from the very man who developed this unique blend of therapeutic approaches.

Join with LAMP™ maestro Lance McLemore in person & gain insights into the mindset of someone whose communication has been liberated through LAMP.

Join with the best LAMP™ practitioners in case study evaluation.

Join with those who use LAMP™ on a daily basis and with families whose lives have been transformed via LAMP™.

When

13th and 14th March 2023

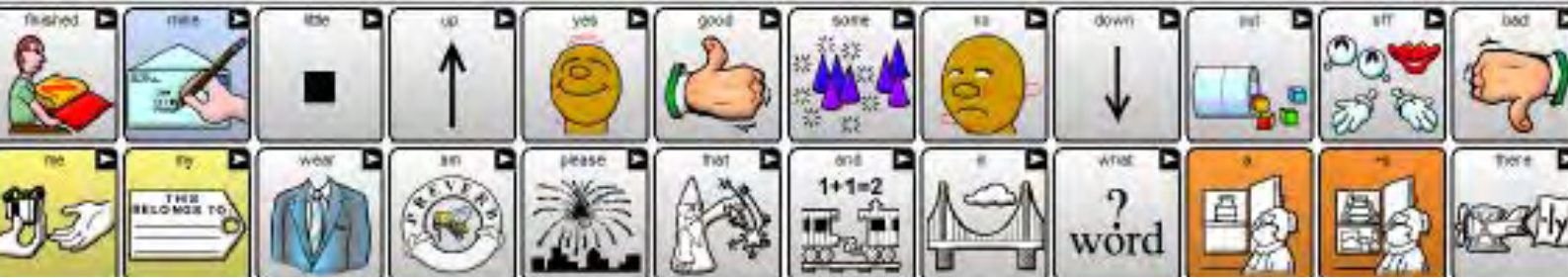
Where

Novotel, 350 Church Street Parramatta, NSW

Price

Early Bird Professional \$490 | Early Bird AGOSCI Member \$470
Carer Rate \$390

For more information and to register, head to:
<http://tix.yt/lamp-congress>



Young Adults Day Program

The Support Society is a disability care service with a focus on holistic family support through a personalised and thoughtful approach. The team help our clients live a fun and fulfilled life, championing a 'nothing is impossible' attitude!

The Support Society's newly developed Day Program aims to continue working on important life skills whilst becoming active members of the community through engaging in purposeful activities and building meaningful connections with others.

We believe in quality support, to make every opportunity possible.

Tuesday

Creative classes, exploring different mediums and tools throughout a 6 month period. This class works towards showcasing in the yearly art exhibition.

Everyone is welcome and no experience is required, just a desire to have some fun and express yourself!



Wednesday

Grab your chefs hat and lets get cooking!
Wednesday's are all about planning meals, using money skills to buy ingredients and learning simple recipes. All meals will be packaged and donated to feeding those in need and contributing to our community.



Expression of Interest; get in touch! We can't wait to meet you!



olivia@supportsocietyaus.com.au



0449 500 933

AFTER SCHOOL CARE



IF YOU ARE INTERESTED IN YOUR
CHILD
ATTENDING
AFTER SCHOOL CARE
AT FISHER ROAD SCHOOL
PLEASE CONTACT
THOMAS 0413 122 560
AT SUNNYFIELD

