

Fisher Road School Newsletter

2022

Term 1

Week 5

Dates To Remember

16 March 7pm Parent Teacher

18 March Prefect Captain Assembly

A MESSAGE FROM OUR PRINCIPAL

It's been an interesting start to the term this year. Thank you for everyone's patience and support during these challenging times and to all those families who have communicated quickly with us regarding Covid situations.

Staff news: Annette Palmer has transferred to a Assistant Principal position in a support unit within a mainstream setting. Trish Haronga is currently relieving in the Assistant Principal position.

Fisher Road School is now partly powered by sunshine with their new 25kw solar power system. The project has been supported by the Northern Beaches Council through the Solar my School program. The school received funding from NSW Community Building Partnerships grants, the philanthropic Purryburry Trust and the NSW Department of Education. Annually the solar panels will produce clean green energy to power the school's learning facilities

One of the senior classrooms now has access to a beautiful outdoor learning area. A big thank you to Bunnings, Matt Tonkin and John Dunworth with their help to facilitate this outdoor learning space.

A new heater has been installed for the school's hydrotherapy pool.

A huge thank you to Grace City Church for their generous donation. We are looking to spend the money on some new resources and furniture for our preschool group.

NDIS therapists will be invited back on site as of Monday the 7th March. This date may be revised if positive COVID cases at the school remain the same or increase.

The new date for parent teacher night is Wednesday the 16th March at 7pm teacher night. We hope to see you there!

Arianne McCombie

After School Care at Fisher Road School



**THE LEARNING
TREE**
Northern Beaches

Registered
NDIS
provider



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disAbility Services



- Monday - Friday
- 3pm - 6pm (NSW school terms)

Based in a relaxed and inclusive setting at Fisher Road School in the Northern Beaches. The Learning Tree is an after-school care program for young people with disability aged 7 - 17.

The Learning Tree incorporates health, fitness, Skills for Life and recreational activities.

Participants will be supported to:

- Use their voice and foster self-belief
- Take part in new experiences
- Learn new skills
- Lead and mentor peers

For more information contact
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News from the office

A Reminder that all medication must be given to the Drivers and than given to staff on the gate

DO NOT PUT MEDICATION INTO STUDENTS BAGS

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News from the office

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to Chantel Hooper for the
wonderful cupcakes they
were amazing**





Australian Red Cross
Lifeblood

Give life. Give blood in Dee Why.

Dee Why Beach Car Park
17 March to 20 March



Thursday 17 March
Friday 18 March
Saturday 19 March
Sunday 20 March

1.00pm to 6.00pm
9.00am to 2.00pm
9.00am to 2.00pm
9.00am to 2.00pm



give blood

School Garage Sale

**Save your goods for our
School Garage Sale
Date to be advised**



Community Thankyou

Many Fisher Road students have been using the Smiling Mind App as a regular part of their day to help with Self Regulation and Wellbeing. Our school was fortunate to win a prize awarded by The Smiling Mind group to support our continued use of this great mindfulness program. A Colour Consultant visited and assisted the staff of Class KA and Class LT to select a colour palette that was used to transform 2 uninspiring spaces into calm, welcoming chill out rooms. The prize also included paint from Dulux and some money to help furnish the 2 rooms.

We'd like to thank 2 amazing people in our local community who helped transform the spaces with their artistic skills. Firstly John May, a regular volunteer at our school who worked hard to prepare and paint the 2 spaces. Elaine a local artist who then transformed Class KA's new chill out room with a beautiful mural of a tree. Elaine is hoping to be back soon to finish enhancing Class LT's space. You may have seen some of her other beautiful murals at Dee Why school.

Our students are already enjoying and benefiting from these new areas in our school and we are very grateful to both John and Elaine for their time and effort. **THANK YOU!!**



CLASS SL

Welcome back to Term 1 2022! It has been a busy start to the year. In the first two weeks we saw Billy and Tiago transition to their new school, Cromer Public. It was exciting to see them in their new class, meeting the other students but, it was bittersweet for the staff and students at FRS, as they were much loved and respected around the school.

We also began the term participating in Sailability at Manly Wharf. This is an opportunity for our class to get out on the water, interacting with the very experienced sailors manning the boats and learn a little more about water safety. Edgar and Riley particularly enjoyed sailing.

We also have a theme for this term, Dinosaurs! In food tech we have been making fruit dinosaurs with strawberries and bananas, Stegosaurus in Art, as well as learning the names, characteristics and habitats of various dinosaurs.

Sandy and Sue



CLASS CJ

We have begun the year launching our weekly timetable which will keep us busy each day as we explore new activities and challenges making for an exciting Term 1. The class is making some great contributions to our room decoration with some striking artwork and will continue to evolve as the weeks go by. Swimming program is well underway, along with cooking sessions. The students all enjoy time out of the classroom, so we look forward to commencing our excursion program as soon as possible. Thank you to all the families who have sent in family photos which we are digitally copying for use in the class. Shortly our new outdoor area off our classroom will be completed. We can't wait to have this as an extended space which will be furnished with a variety of new pieces that will complete our classroom renovation.

Chris, Jen & Lauren



CLASS KA

Class KA has had a wonderful start to the year. We have been learning our new routines, which includes our morning Engine Room session that helps us get ready to work. The students are working well in their Teacch program each day, learning new skills and completing some activities independently. STEM is always a favourite session each week, using virtual reality to explore under the ocean, complete lego sets or make the bluebot robot move. Our session in the Food Technology Room is where we are learning important living skills like making a bed, washing clothes, unpacking the dishwasher and some cooking skills. Everyone enjoys swimming each week and we are also learning all about the Solar system. We look forward to a great year ahead and to seeing many achievements as the girls continue to do great work and try new things.

Kari, Ashley, Anat & Nanaako



CLASS KA

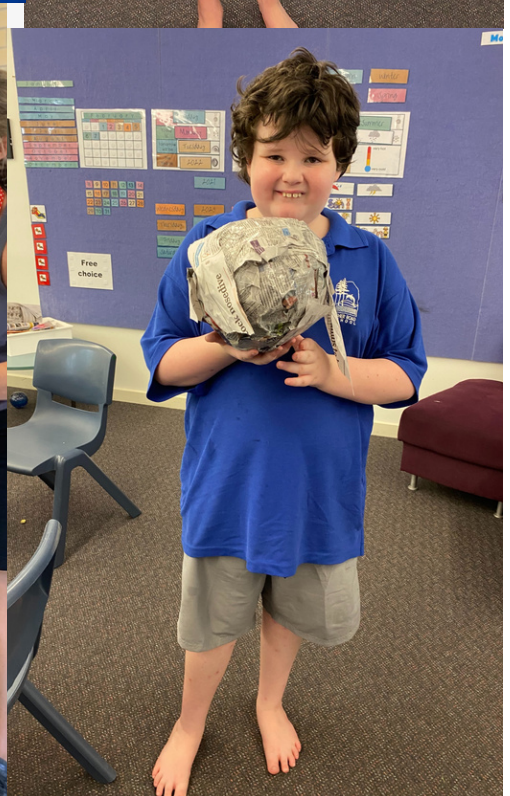


CLASS KF & MT

It is great to have most of the team back together again in 2022!

This year we will be working alongside class MT which will allow for a wider range of activities. We enjoy swimming on Tuesdays together, packaging on Thursdays and some of our boys have also been working in the canteen on Fridays. One particular topic we have been enjoying with class MT is The Solar System. We have learnt about The Sun, The Milky Way and Mercury. The boys enjoy making posters relating to each Planet as well as using Paper Mache and paints to create the planets which we will then hang up in our chill out room to make a solar system. It would be great if you could look up in the sky at night and talk about the stars, the Milky way and the planets. Look out for your boys helping around the house doing the washing, stacking the dishwasher or setting the table ...but more in the next newsletter.

Fran, Kari, Alena



CLASS KF & MT



CLASS LT

Class LT has settled in nicely to the new school year. We have two new Fisher Road students in LT, David and Lucas, making us a class of six boys! It has been great to meet and get to know David and Lucas and find out all about their interests. Swimming is definitely a hit with the whole class and a great way to expend energy and build confidence around the water. The class has been very engaged with our Living Skills program, with everyone taking turns to make a bed, do washing, set the table and pack/unpack the dishwasher. Everyone enjoys our popcorn snack at the end of our session. We are beginning a unit of work on 'Space', exploring all the different planets through videos, discussions and art projects. It has been great to see how all the boys get stuck into the sensory art activities to create their own unique pieces. All of the boys enjoy spending some time relaxing in our new 'Noomi bean bag'. This bag is amazing as it provides a deep pressure hug, which helps to calm and regulate the boys so they can get into the zone for learning. We are looking forward to a wonderful year in Class LT.

Lainie, Tahlia, Carmel & Sue 😊



CLASS LT



CLASS SB

Class SB has settled into the new classroom beautifully! We warmly welcome Stella and Dawa as full time students. It has become apparent very quickly that swimming is the most favorite activity of the week. All students ask on a daily basis if we are swimming that day and its normally very grumpy faces when we are not! The students all love our little pool, known as "The Spa." We play with toys, sing songs, splash, blow bubbles and generally get used to being in the water in the spa. They are all getting much braver heading into the deeper pool. Metok is swimming across the pool with teacher assistance. She likes to count as we swim and today counted to 20! Stella likes to go for rides on the big floating pad. She has gotten so brave she can even jump on and off it. Dawa loves to float with the noodle and is learning to kick his legs to propel through the water. A brilliant start to 2022, we are super proud of all our students.

Sally, Justine and Nanaako



CLASS TH

Class TH have settled in nicely to a new school year. Each student is demonstrating how happy they are to be back and amongst their peers, which is lovely to see.

Our class program keeps us very busy throughout the week. We're fortunate to have two swim sessions per week, and all students enjoy this. We also cook on a Tuesday, and so far have made cupcakes and pancakes. The students are also enjoying their theme work in arts and crafts which is focused around summer activities. So far they've completed different sensory art with creatures of the ocean. The students are also enjoying the daily exercise program we do outside our classroom. We use cones, hurdles, ladder and also bean bags for throwing. We're looking forward to improving our skillsets in all these areas throughout the year.

Trish, Mandy & Carmel



CLASS JK

Class JK has settled in really well! We welcome Tayla, Alfie and Logan to Fisher Road. Everyone has been getting to know each other and Rafaela has been very keen to make friends with the new students. We have introduced a modified version of the TEACCH program where the students have certain work to do and when finished they move onto the next task. Each student has a folder with the name of the day and large picture symbols of the required work. Some of the tasks are errorless matching, simple posting activities and work skill boxes, therapeutic listening, sensory tasks, positioning and stretching, accessing physical equipment, switch toys, smart board and iPad. Rafaela has done a great job getting used to TEACCH and is doing some wonderful work at her desk and is working towards greater independence with completing work boxes. Alfie has been learning to do a simple posting activity and Tayla is enjoying the dancing flamingo switch toy. George is working on his mobility and Logan is doing a great job at sitting at his desk to do a puzzle with assistance. We look forward to all of the achievements the students of class JK will make this year.

Julie & Sue R



CLASS CL

Welcome to class CL!

We are very excited to be welcoming all new students as well as returning students into our class this year.

'We're going on a bear hunt' is a famous children's book that we will be using as a base of our animal themed term. Students have already been given the opportunity to create artworks using paint, textures, water colours and gluing objects onto paper to illustrate designs of the bear hunt book. We have also incorporated a lot of sensory play into our timetable, where students are able to do various activities such as rice, kinetic sand or playdough before a unit of work to help them become calm, focused and to concentrate. We have already noticed this as a huge benefit especially before doing our TEACCH program! We hope that the year is filled with students achieving their goals, gaining independence and having fun!

Caroline, Laura and Ebony



CLASS MP

It was a wonderful start to the 2022 school year. Heath joined our class and he adjusted easily to his new environment. Heath is enjoying being with the boys in Class MP and is building his confidence in playskills.

Our most loved activity, swimming, is back. Isla, Jude and Caleb cannot get enough of being in the water. Jude continues to kick his legs when propelling himself around. He likes to use a noodle under his arms to assist with flotation. Isla prefers to walk around the middle part of the pool. She is independent in moving and reaches out for the wall when feeling tired. Caleb has come a long way with his water confidence. He submerges his face underwater while alternately kicking his arms and legs. Heath, on the other hand, is only starting to like being in the water. He walks around the shallow end with minimal support.

Bye for now and we will share more fun learning and participation in the next newsletter.

Maria & John



Birthday News

Happy 5th Birthday Billy G



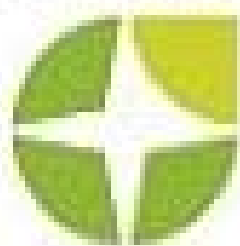
Birthday News

Happy 13th Birthday Kanga



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11 April - 22 April 2022

4 July - 15 July 2022

26 September - 7 October 2022



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FRENCHS FOREST

Holiday program activities may include:

- Ferry rides
- Taronga Zoo
- Picnic/park days
- Reptile Park
- BBQ/park days

We can support on a 1:1 or 1:2 NDIS ratio (daily price exclusive of excursion costs and resources).

**FOR ALL
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