

Fisher Road School Newsletter



2022

Term 2

Week 10

A MESSAGE FROM OUR PRINCIPAL

Thank you to all our parents and friends that helped us on the school working bee. It was a great morning with lots of gardens pruned, weeded and mulched. After a morning of hard work, friends and families chatted during a well deserved sausage sizzle.

Next term we have two parent information sessions scheduled. The first is Tuesday the 2nd of August. This is open to all parents and carers but we would especially love our new families to come along and get to know each other. We will be having a coffee, a chat and our very own Speech therapist Prue will give a short talk about the importance of visuals in supporting our students with routines and communication.

The second is an NDIS information evening with Lisa Duffy who is a NDIS support manager at Fighting Chance and is keen to support families in tips and tricks for you attending your review meeting. Come along with your burning questions and Lisa Duffy will do her best to answer them. Reports will be sent out towards the end of week 10. Student review meetings will be held starting week 2 next term. I will be taking some long service leave in week 3 and 4, Caroline White will be relieving Principal during this time.

Our staffroom renovation has been completed. Staff are keen to move in and try out the new staff computer space. A big thank you to Phil Burt, Sallys husband, for building the staff some built in computer benches.

Don't forget that share our space will be operating. The school oval is open to community use from Saturday 2 July to Sunday 17 July from 8 am to 5 pm every day during the school holidays, including public holidays.

We would love any feedback from Parents/Carers if they have used the Sameview App that is advertised in our newsletter.

This term has certainly been a challenging term with illness for both staff and students. I hope everyone has a well earned rest and returns in term 3 happy and healthy.

Arianne McCombie

Dates To Remember

July 1 Last Day School

July 19 School Resumes

Aug 2 Parent Coffee Morning-9.30am

Aug 16 NDIS Info Evening - 7pm

IMPORTANT

**ALL PARENTS, CARERS & TRANSPORT
STAFF**

**NO ONE IS TO WALK INTO THE SCHOOL
GROUNDS VIA THE DRIVE-IN GATE.**

**PLEASE USE THE PEDESTRIAN GATE,
LEADING TO THE OFFICE FOYER, TO
ENTER THE SCHOOL GROUNDS.**



Share our Space!

School playgrounds, basketball courts, ovals and gardens are open to the community these school holidays. Come and play at our place!

Find a school near you. Search "Share Our Space" at
education.nsw.gov.au



Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the *Disability Standards for Education 2005*, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.]

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.dese.gov.au/about-us/resources/departments-education-skills-and-employment-complete-privacy-policy-0) (<https://www.dese.gov.au/about-us/resources/departments-education-skills-and-employment-complete-privacy-policy-0>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

Arianne McCombie

Principal

Working Bee



Working Bee

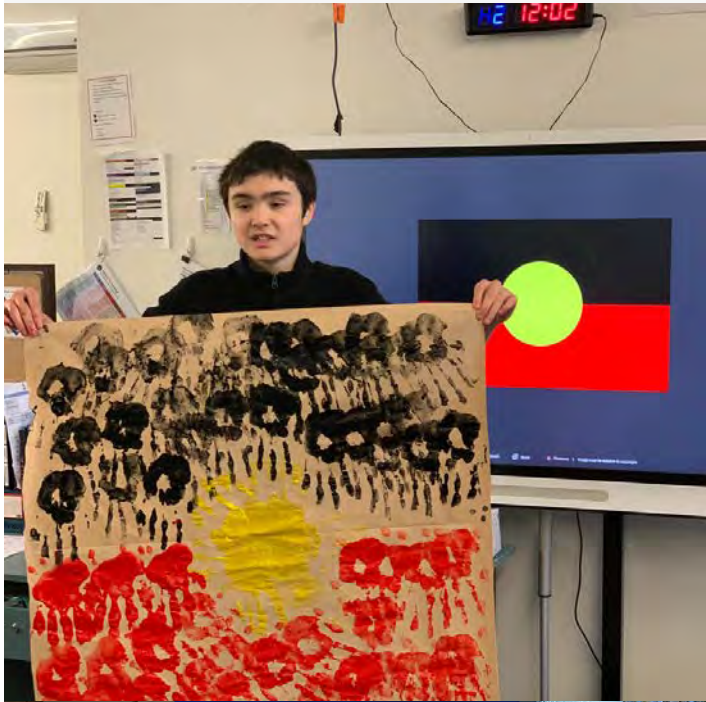


Reconciliation Week

National Reconciliation Week—27th May to 3rd June, is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

To explore this year's theme of Be Brave, Make Change, classes continue to embed and learn about Aboriginal and Torres Strait Islander cultures across our everyday activities.

Some students used their hand print to paint patterns and marks to represent the Aboriginal flag. Students learnt that the colours represent red - the earth, black- the Aboriginal people and yellow- the sun.





National Sorry Day

National Sorry Day acknowledges and raises awareness of the history and continued effect of the forced removal of Aboriginal and Torres Strait Islander people from their families, communities and culture.

On 26th May, students learnt more about National Sorry Day by creating Sorry Day artwork on the poles outside the art room. Our acknowledgement and respect was shown, and we say sorry!

Students painted patterns and colours to represent 'sorry' and practiced the key word sign for 'sorry'.







FISHER ROAD
S C H O O L

ZONES

Red Zone

Yellow Zone

Green Zone

Blue Zone

Fisher Road School Zones

We have developed a successful program that has been adapted from the Zones of Regulation®. The Fisher Road School Zones is an interactive tool to assist students to understand, maintain and change their alertness to engage appropriately during daily activities. The program is grounded in evidence relating to the neurological processes that occur in our brain when integrating sensory information about our body and the environment.

Classes have started to implement the visual posters and related language. Students learn that there are four zones to describe how your brain and body feels. The blue zone is an under responsive arousal state, green is 'calm yet alert' where cognitive work is achieved, and the yellow zone is an over responsive arousal state. There are visual emotions that are used to describe each state and a useful toolbox of strategies that students can do when they are in each zone such as deep pressure work, heavy work or learning.

Fisher Road School Zone is a teaching tool, not a behaviour model. It is a thinking framework and a supportive way to nurture skill development. To provide co-regulation strategies leading to self-regulation of behaviours. It allows connections to be developed and reinforces appropriate behaviors.

In term 3, the Fisher Road School Zones toolbox will be introduced into classrooms for students to engage with and use these tools for optimal states of learning.



Reminder

Tuesday 2nd August 9.15am

Parents and Carers are invited for a coffee and chat. It is a chance for parents to get to know each other. We will also have our very own speech therapist guide you through strategies to support your child at home when transitioning onto a new activity or daily routine using visual symbols.

Tuesday 16th August 7pm

Parents and Carers are also invited to the NDIS information evening. Lisa Duffy is the NDIS Support Manager at Fighting Chance and is keen to support families in tips and tricks for you, when attending your review meetings. Come along with your burning questions and Lisa will do her best to answer them.

Free Trampoline

Needs some new springs

Phone Sarah 0422184881



Check out a Fisher Rd Parent's new business

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jonathon.gonsalves@jimsmowing.net

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CLASS SL

WOW - What a busy term! I can't believe we are halfway through the year. On Tuesday, we finished Integration for the semester. It has been fun meeting new people and settling into the routines at Cromer Public School.

Every Tuesday, in the middle session we meet with Class KG and learn about our Aboriginal and Colonial past. We have looked at old photographs of family members and paintings of scenes from early Australia, making connections from past to present and relationships between old and new. We have learnt the Key Word Signs for 'Aboriginal people' and 'Convicts'. We have created some beautiful artworks, which are on display in our classroom at Cromer School and, we have dressed up as early settler children and taken photographs. Of course they had to be in black and white to emulate pictures from the past. Please take a look at our very photogenic students!

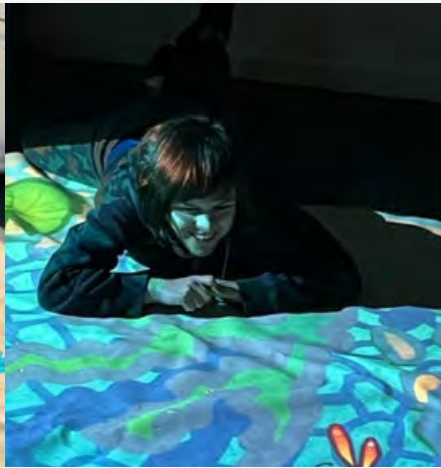
Have a safe and happy holiday everyone. We look forward to seeing you in Term 3!

Sandy, Sue & Nanaako



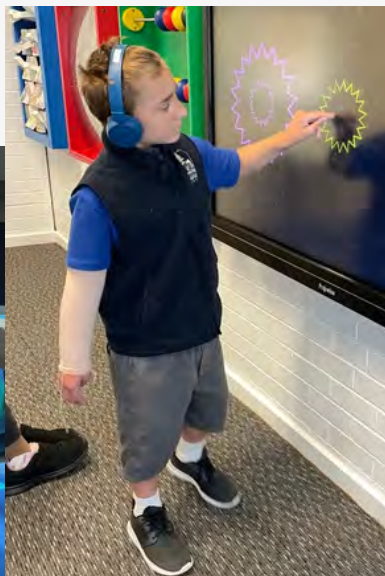


CLASS CJ



With the sudden dramatic drop in temperature we are keeping ourselves snug indoors; unless of course the sun is beaming and our deck is bathed in warmth. CJ has been focusing on IT. We have an array of options available with our smartboard and tech desk. Cause and Effect programs are popular. Lachie gravitates to Target & Touch anywhere he can find it. We introduced Herb to our classroom recently, an interactive floor mat which has proven a hit with all students. Gwynie & Aleksandara especially. We continue to add to our room, our latest addition being the sensory tent. 'What's inside' is a plan in progress. Dylan has quickly found a comfortable spot inside. Jasper is still deciding if it's worth the trip. A special day also this month with a 'Happy Birthday Lachie' celebration. His birthday cakes were well received. We can't believe we find ourselves already half way through 2022. We are all excited at what lies ahead of us in coming months.

Chris, Jen & Lauren



CLASS KA



We have had a very busy term this year in Class KA! We have been loving STEM and using a range of technologies every Thursday. The girls have all enjoyed using robots, virtual reality, lego and coding activities. We have mastered using the bluebot around our classroom and have now started using a complex robot called Dash. Sekayi, Whitney, Ruby and Charlii have all had a lot of fun learning how to move, turn and make sounds from the Dash, including using our own voices to make it speak! We all love using virtual reality. The realistic roller coaster and nature treks are definitely our favourite activities to do. We have recently started using another technology product called HERB. It is an interactive projector and mat where the girls can play games and engage in activities where they are moving around, playing soccer, stepping in puddles or growing flowers. We will be using this more as part of our STEM as all the girls seem to love it!

We can't wait to see what else we can do in STEM next term.

Hope you have a lovely holidays!

Kari, Ashley, Anat & Nanaako



CLASS KF & MT

Classes KF and MT are all super proud of ourselves because as of this week we have now managed to pack a total of 1500 breakfast bags for people in need. Each Wednesday we have 6 students go to a packaging facility in Brookvale to work with the organisation One Meal. At the One Meal factory we work alongside a group of adult volunteers to package 75 bags a week. Each bag contains 2 weet bix, milk, a bowl, a muesli bar, a spoon, a fruit cup and some hand sanitizer. We then bring back all the supplies we need to package another 75 bags at school with a different group of students.

Fran, Alena, Matt and Jenny



CLASS LT



This term has flown by and it's hard to believe we are nearly half way through the year! The boys have all come such a long way since we first started in term 1. Over the last 10 weeks, we have enjoyed finishing off our solar system work. We have learnt about Jupiter, Saturn, Uranus, and Neptune. Everyone enjoyed the videos that looked at how different all the planets were and what it would be like if we visited. The boys always get stuck into the solar system art activities - using lots of different materials, paint, glue, rollers, and sponges to create different effects for each planet. It has been lovely to see our classroom windows transform now that they are full of awesome class art!



Luckily, the weather has been much kinder to us this term with many more opportunities to get out into the sunshine. The boys have enjoyed activities like bike riding, bus washing, and the sensory walk. We have also continued our bushwalking program, visiting new and exciting places for the boys to explore. Although a bit hesitant at first, they have all settled in nicely and now enjoy getting out into nature, and feeling the different textures of the bush (bark, leaves, flowers etc). Can't wait to embark on even more adventures next term!!

Hope everyone enjoys the holiday break and we'll see you all again next term!!

Lainie, Tahlia, Carmel & Sue 😊



CLASS SB



Class SB along with the rest of the junior section of the school have been loving Sensory Thursdays!! Engaging children in sensory activities is beneficial in several ways, as it can help with: Stimulating the brain, creating neural pathways and improving sensory processing systems. Improving social skills such as communication and co-operation. Improving co-ordination, as well as fine/gross motor skills. Examples of Sensory play include:

- . Gloopy play**
- . Water play**
- . Playdough**
- . Wet and dry sand**
- . Paper shreading**
- . Leaves, pasta or similar for children to pick up and drop (visual stimulation)**
- . Mixing paint and mark making**
- . Safe space (tented area with cushions) to include sound and light cause and effect toys and books**

We are super excited to continue to experiment with our sensory Thursdays & see just how much fun and mess can be had!

Sally, Justine & Nanaako



CLASS TH

This term has flown by for Class TH. A big focus for the class has been using a range of communication modalities such as key word signing (KWS), high tech devices as well as objects of reference (OoR). Rafaela has increased her KWS vocabulary. Alfie has started on the high-tech device LAMP and is making great progress with motor planning. George and Tayla are both attending to items presented to them and making great choices. Logan also communicates his wants and needs using OoR as well as the iPad to indicate 'YES' or 'NO'.

It is exciting to see such great progress from all students this term.

Trish & Sue R



CLASS VR

How lovely to see the sunshine. We have happily been to the oval for our exercise sessions to use the trampoline, the Liberty swing, ride bikes and to just sit in the sun and feel its warmth. We made some lanterns during our art and craft session using our autumn leaves as decorations. These lanterns provide a gentle light for when we turn off the overhead lights to do our Smiling Minds Mindfulness activity.

We are also excited to tell everyone that we have had two sessions with Tiella-Dakota who has joined us via video link on the robot for a Music Therapy session and our Morning Circle program. Our students enjoyed seeing a happy and smiling Tiella-Dakota and we hope to include her on a regular basis for these sessions.

Virginia, Mandy and Carmel



CLASS CL

Class CL has had an exciting term learning about caring for, sharing and being gentle with chickens. Students had the chance to watch as chickens hatched from their eggs and became fluffy, stronger on their legs and more energetic. Class CL and other students had the chance to name some chickens like 'Freckles, Oreo, Scrambled and even Salt and Pepper'! We will also be able to watch the chickens continue to grow, as they will eventually be moved into the chicken coop with the rest of the chickens. Class CL has shown great care and kindness to the chickens, and it has been a very successful and rewarding project!

Caroline, Laura & Ebony



CLASS MP



In keeping with this term's circus theme, class MP have continued to engage and enjoy a variety of craft ideas that explore all things bright and colourful. There's been a lot of craft materials and hand painting used to create clowns, carousels and balancing elephants. Isla, Jude, Caleb and Heath enjoy using a variety of craft equipment to create pieces of art and have shown great delight in ending most craft sessions with some covering of paint, sorry! But most importantly everyone is having fun, making choices and experimenting with different materials.

Maria, Sam & John

Junior Assembly



The Junior School has Assemblies each Friday at 9:30am. It is a great opportunity for the Junior school to meet together and practice acknowledgements and awards. The class prefects and school captain sit at the front and help to shake hands at awards time and hold visuals. We start the Assembly with a Key Word Sign Acknowledgement of Country to recognise Aboriginal and Torres Strait Islander people and their connections to the land. Then we sing the Australian National anthem. Afterwards it is awards time. A student from each class receives a Positive Behaviour for Learning PBL certificate for a behaviour that they have done throughout the week that connects with the PBL expectations - I Care, I Learn, I Respect. We finish off the assembly with Birthdays, the Fisher Road School song and dance time to our favourite songs. It was great to see so many happy faces at the Junior assembly!



NEWSFLASH !

FUN HOLIDAY PLAY GYMS TO CHECK OUT THESE HOLIDAYS !



<https://shineshed.com.au/>

THE SHINE SHED

The Shine Shed offers a unique sensory play experience designed to meet the needs of children, teens and young adults with special needs. Limited numbers, caring staff, friendly and understanding environment. A great activity for the whole family. We welcome everyone – with or without special needs. Parents and Carers are FREE!

WE ROCK THE SPECTRUM



werockthespectrumsydneywest.com.au

We Rock the Spectrum is committed to providing a safe, nurturing, and fun environment to foster learning, exploration and safe sensory experiences. We are also a hub for fully inclusive classes, therapy groups and parent/carer activities, to support families with children of all abilities.

Birthday News

Happy Birthday Sekayi



Birthday News

Happy Birthday Lachie B



Happy Birthday
Lachie

Birthday News

Happy Birthday Dawa



Birthday News

Happy Birthday Geoffrey



Birthday News

Happy Birthday David



Birthday News

Happy Birthday Ty



Birthday News

Happy Birthday Riley M



Birthday News

Happy Birthday Soni



One place to coordinate care

Sameview is an online platform that provides one place to:

- Coordinate supports
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- Report NDIS outcomes

Everyone on the same page, working together.



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In just a few steps you will have your team connected and working together.

We're here to help

Support is always available, including one on one training and setup for you or any team members.

\$199 /year

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- Free for team members
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Sameview was created in 2016 by a Sydney family looking for a better way to have their disability supports working well together. Sameview is now used by people of all ages and trusted by over 2,800 individuals with disability, their families, and providers across Australia.

Providers - see our easy referral process:

<https://www.sameview.com.au/refer>

Give your clients a great customer experience with everyone connected from day one.




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Ability Options Holiday Programs

July 2022 - School Holiday Program

***Please note program and costs are subject to change**

****7.5 hours NDIS support costs additional to the below activity cost. Support costs are on either a 1:1 or 1:3 ratio subject to your current service booking.**

Week 1	830am -4pm	Date	Cost	Attendance
Naidoc Week at the Maritime Museum We join the Maritime Museum to celebrate Naidoc week together. After enjoying a morning of education and craft, we'll step inside some of the vessels we see in the water.		Monday 4 th July	\$27.00 	<input type="checkbox"/>
Amazement Farm and Fun Run the maze, pat the animals, hop on a train ride or spot the koi in the pond. We hit the Central Coast for a big adventure day out.		Tuesday 5 th July	\$39 	<input type="checkbox"/>
Naidoc Week Craft – In Centre Get your craft on as we celebrate Naidoc week with lots of craft activities.		Wednesday 6 th July	\$15 	<input type="checkbox"/>
Cooking at One Meal The local community needs our help and our Ability Options super helpers are ready to take on the challenge. Today we help One Meal (a local food relief provider) prepare food parcels and make some healthy meals to hand out to our Northern Beaches Community. Everyone will receive a certificate in volunteering for their assistance.		Thursday 7 th July	\$15 	<input type="checkbox"/>
				<input type="checkbox"/>

Ice Skating and hot chocolate





Bring your warm woollies as we hit the ice and learn how to skate. Defrost later with a warm hot chocolate ...yum 😊

Additional hire for a penguin balance and support frame \$8.

Friday 8th July

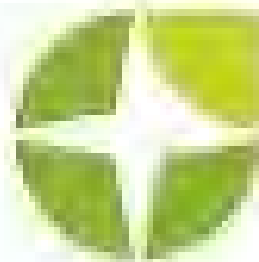
\$44 + additional \$8
if requiring a penguin.



Week 2	830am -4pm	Date	Cost	Attendance
Jennifer Street Board walk All accessible bush walk around La Perouse takes us in search of the Banksia bushes and New Holland Honey Eaters. We then set of in search of seals on the headlands (not always there) before settling into our BBQ lunch.	Monday 11 th July	\$20		<input type="checkbox"/>
Bites and Culture treasure Hunt This exciting treasure hunt guided by the Kultura Trail will get your minds working as we decipher cryptic clues and riddles through China Town. Each stop we must complete the task before we move to the next! Can you complete all 10?	Tuesday 12 th July	\$25		<input type="checkbox"/>
Lights, camera Action Get your acting caps on because you will be starring in our own 'The Magic Coin and the lemonade stand'	Wednesday 13 th July	\$15		<input type="checkbox"/>
Aqua golf and donut decorating Find a target sitting in the water, and that's the spot your aiming for. Your hips will need a rest from swimming so get those fingers wiggling as we head to Krispy Kreme for donut decorating and watch how they are made.	Thursday 14 th July	\$ 30		<input type="checkbox"/>

<p>House Down Under</p> <p>Defy gravity as we go upside down in a topsy-turvy house. This sure is one kooky experience.</p>	<p>Friday 15th July</p>	<p>\$35</p> 	<p>□</p>
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AbilityOptions



Jayne Parums

Team Leader - Disability Services

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F: (02) 8811 1788

E: Jayne.Parums@abilityoptions.org.au

abilityoptions.org.au

After School Care at Fisher Road School




**THE LEARNING
TREE**
Northern Beaches

Registered
NDIS
provider



Sunnyfield
disAbility Services



- Monday - Friday
- 3pm - 6pm (NSW school terms)

Based in a relaxed and inclusive setting at Fisher Road School in the Northern Beaches. The Learning Tree is an after-school care program for young people with disability aged 7 - 17.

The Learning Tree incorporates health, fitness, Skills for Life and recreational activities.


Participants will be supported to:

- Use their voice and foster self-belief
- Take part in new experiences
- Learn new skills
- Lead and mentor peers

For more information contact
Michelle Cunningham
T 0466 481 155
E enquiries@sunnyfield.org.au
www.sunnyfield.org.au

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Management System
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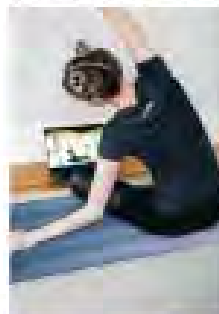
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"Because
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Stop."

AF
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Build Self-Confidence



Build Friendship

Have Fun



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