NEWSLETTER

2021 Term 1

FISHER ROAD SCHOOL Week 5

Dates to remember

26 Feb Captain & Prefect Assembly
2 Mar Vaccination Yr7 & 10
5 Mar Clean Up Australia
24 Mar Easter Bunny @ FRS
26 Mar Mobile Zoo
1 Apr Last Day Term 1
19 May P&C Meeting



A MESSAGE FROM OUR PRINCIPAL

Welcome to our new students and families to Fisher Road School. Joshua and Metok have joined the preschool class and Sai has joined the infants. Everyone has settled in well and making new friends. Please direct any queries regarding Assisted School Transport this year to Annette Palmer.Please apply sunscreen before school and ensure your child has a hat.

COVID update:We appreciate your cooperation with keeping your child home if they display any COVID symptoms. It is important that your child does not return to school unless they have a COVID negative test and are symptom free. If a student develops flu-like symptoms while at school, they will be sent home and not return to school until they have received a negative COVID-19 test result which is received and sighted by the school. Parents and Carers are allowed onsite with the following recommendations:

- essential parent and carer meetings with teachers and/or school executives, with a scheduled appointment.
- entering a school administration building for the purpose of picking up their child if they are unwell or where they have been asked to arrange for a COVID-19 test after their child has displayed flu-like symptoms while at school
- attending a school's administration building for the purpose of picking up or dropping off a child.

School plan

The situational analysis was completed last term. The questions that the analysis focused on were:

.."Where are we now?"

.."Where do we want to be?"

.."How good can we be?"

Our school examined data, feedback and evidence to draft our strategic directions. Thank you to those parents who filled in the Tell them From Me and completed the phone surveys.

We are now working hard preparing the School plan 2021-2024. The plan covers a 4 year period. The three Strategic directions are:

- .. Growth and attainment
- .. Establishing goals for success
- .. Enhancing partnerships

The new draft plan was shared at the P & C with the school community and will be published on the school website in term 2.

Parent teacher evening

It was fabulous to see such a good turn out for the parent teacher information evening. Staff and parents mingled and consumed COVID friendly snacks before heading off to classrooms to find out about their child's year ahead. Some parents even took part in one of the daily timetabled activities in the seniors!

Arianne McCombie











NSW School vaccination clinic for Year 7 students; Tuesday 2nd March 2021

NSW Health is ensuring that students are safely vaccinated at school during COVID-19

NSW Health has been working with education authorities to implement additional measures to ensure that students in Year 7 and 10 can be safely vaccinated during the COVID-19 pandemic. Despite concerns around Covid-19 it is important that the school vaccination program continues, to provide timely protection against other diseases.

NSW Health will be offering the following vaccinations at your school clinic on Tuesday 2nd March 2021;

Year 7 students;

Human Papillomavirus (HPV) Dose 1 & Diphtheria-Tetanus-Pertussis vaccines (dTpa),

What parents should do

Parents who have already completed and returned the vaccination consent form for their child to receive vaccinations at school do not need to do anything else. Parents who have not yet provided consent and would like their child vaccinated should contact their school to obtain this vaccination consent pack and then return the form promptly.

Parents must ensure that their child is well and completely free of any acute respiratory illness before they attend school. They should also check that their child eats a good breakfast on the morning of the clinic.

Additional measures

NSW Health has implemented additional measures based on expert clinical advice to reduce the likelihood of COVID-19 transmission in school clinics, including:

- Health screening of nurses before clinics
- Pre-vaccination screening of students
- Physical distancing restrictions at the clinic entrance, in the clinic and in the observation area
- Ensuring the number of students & nurses at the clinic does not exceed the maximum allowed
- Enhanced hand hygiene by nurses
- Enhanced environmental cleaning of all surfaces

More information

Information about school vaccination is available; <u>http://www.health.nsw.gov.au/schoolvaccination</u> It is very helpful to adolescents to be informed about this process. The following short video for you and your child has useful information about the vaccines and how the school immunisation clinic will run. <u>https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-toexpect</u>

A Record of Vaccination card will be provided to each student. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR).

> Northern Sydney Local Health District ABN 63 834 171 987

NS Public Health Unit – Hornsby Office Hornsby Ku-ring-gai Hospital Palmerston Road HORNSBY NSW 2077 Telephone (02) 9477 9400 Facsimile (02) 9482 1650

From the Office



Great News!

We have been fortunate to secure a very generous Club Grant from Dee Why RSL. This grant will be used to fund our valued and dynamic Music Therapy program. It will also be used as funding towards our recently purchased school bus. The amount donated was \$29,000, for which we are sincerely grateful. All students will benefit from this contribution. Thank you Dee Why RSL for your ongoing support for our School.

Student Invoices will be sent out soon.

From the Office Exciting News!!!

At this weeks P&C meeting it was decided that we will be changing the girls school uniform to a new fabulous design as the old style is no longer available. If you can, hold off buying dresses or skorts for the time being.

Any old uniforms that do not fit please send them in to school for use until we receive our new uniforms later next term.

Respite service



Residential Family Respite Services

We are an NDIS provider offering overnight respite to Adults and children with special needs. Based on the Northern Beaches in Sydney, we host 2 – 4 clients at a time in our 5 bedroom family home in Belrose.

Our goal is to offer a safe, happy and nurturing environment for your special people, whilst being more affordable and accessible than commercial group homes.

We have been doing emergency and respite care for foster children with a range of disabilities over the last 12 months not only have we received so much amazing feedback from case workers and carers, but as a family we love the difference we have made in these children's lives and want to expand the contributions we can make.

We offer regular weekend respite and occasional weekday respite services, along with some optional day programmes and activities.



After School Care at Fisher Road School





Sunnyfield disAbility Services



- · Monday Friday
- · 3pm 6pm (NSW school terms)

Based in a relaxed and inclusive setting at Fisher Road School in the Northern Beaches. The Learning Tree is an after-school care program for young people with disability aged 7 - 17.

The Learning Tree incorporates health, fitness, Skills for Life and recreational activities.

Participants will be supported to:

- Use their voice and foster self-belief
- Take part in new experiences
- Learn new skills
- Lead and mentor peers

For more information contact Michelle Cunningham T 0466 481 155 E enquiries@sunnyfield.org.au www.sunnyfield.org.au

NDIS

 November 2020 Surrey ISO 9602, 2015 Quality Management System AbN 72 000 415 127 Charity Fundraising Number 13915

Sunnyfield For a brighter future

From Our After School Care Families

A quick reminder to Fisher Road families that we have a fantastic After School Care at School run by Sunnyfield and staffed by Fisher Road School Staff - you can book your child in for I day or all year-casual or permanent, it is fun and safe -come and join us anytime.

"It gives me great peace of mind to have my son at Sunnyfield After School Care at Fisher Road School. He is with friends and carers who know him well in an environment that is familiar to him. I think he loves having extra time in his favourite parts of the school. The extra time it gives me in the afternoon is of course really useful too" Samantha

"Lifesaving, the staff know my daughter, it just a fantastic program and safe and caring" Joanna

"Social interactions are one of the biggest difficulties for Dylan and he really struggles to make friends. He has a very limited ability in understanding interactions . He does not have any peers to interact with outside of school so this program is a great opportunity for him to interact outside of the classroom structure. As Fisher Road staff are involved in the program it also means he is comfortable with them and also in a known environment" Theresa



It has been a good start to the school year with our class learning and sharing from each other's diverse abilities. As we work together as a group we learn to sit together, listen and follow instructions. When doing group work in the morning roll call, we use the interactive whiteboard to tap our photo to sign in. We try and sit quietly while waiting for our turn. When doing individual work, we are enjoying our life skill activities such as unpacking our bags and academic such as matching, sorting and posting. We are also learning to walk to where we do other programs like swimming and cooking. Listening to our teachers and following their instructions like "walk" on the way to cooking or "come" are a couple of the things we are working on.

Through practice, repetition and the use of visual support we should be able to progress towards achieving these goals.

Maria, Lainie & John

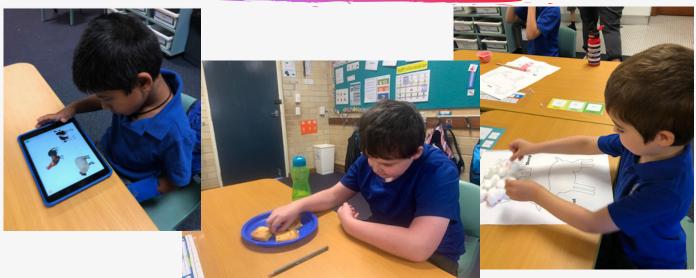








CLASS AP



In Class AP it's been all systems go from Day 1 for staff Mandy and Annette and our 6 students!!! A warm Fisher Road welcome to our new Kindergarten student, Sai, and his family!! The children of Class AP are becoming much better acquainted and playing lots of games together where the ever-important skills of sharing and turn-taking are highlighted. Our sessions with Hayley, Prue and Anita are great opportunities to practise! Students are also learning the skill of spreading with a butter knife and stirring with a spoon in Cooking and have so far enjoyed making toasties and pancakes. We are very busily exploring Life on a Farm and learning about the different animals, crops that grow and jobs that people, animals and machines do on a farm. We are reading stories and singing songs daily and are learning to sign some of our favourite songs too! Our class is cultivating a Woolworths Discovery Garden and we'll hopefully be preparing and eating our own produce by

the end of the term!

Annette & Mandy







CLASS NS

Welcome to class NS 2021! We are so excited to welcome class NS students into the newly built classroom that overlooks the school oval. Our students have settled in well to our room with a view. All our programs are up and running and our class timetable has been finalised and sent home. It's been a busy start to the year and it appears that some of the students' favourite activities so far include cooking, shared reading, swimming and our work skills program. Keep up the good work class NS!

Nick, Sam and Carmel



CLASS KF

Class KF has started the year in fabulous form. We are all settling in well to our wonderful classroom, routines, new friends and new teachers/SLSOs.With many different areas to chose from, students are enjoying trying out the different spaces in our classroom. Some students are loving The Cave, which is dark and cosy filled with blankets and cushions. Other students prefer our newly designed Courtyard where they can laze in the sheltered sun or bounce on a ball. Our Chill Out room provides a space where students can relax on a lounge or mat and listen to music of their choice. It was great to meet some of the parents at the recent meet and greet night. Well done to those who tried out our Newly designed Engine Room. It was fun to involve the parents in an activity that our students are enjoying daily. More on the Engine Room next Newsletter. We are excited for the year ahead and are really looking forward to working with all the students in class KF.





Class LS have had a fabulous start to the school year!

Our theme for the Semester is 'Animals' and so far, we are enjoying learning about 'Pets'. We have set up the Fisher Road Veterinary Clinic and are learning how to look after and care for our Pets. Sometimes our pets just need a wash, but other times they need to have medicine and maybe an X-Ray. It has been wonderful watching the class role play in the vet clinic, and use the checklists to communicate with their peers, whilst examining the pets.

We are also reading the book, 'The Gruffalo' and are enjoying sequencing the story and cooking food that symbolises the different physical characteristics of the Gruffalo. We have made 'Fruit Tusks' and 'Purple Prickle Pancakes', which were delicious!

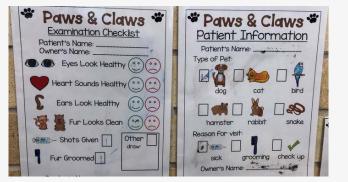




Sandy, Lainie and Ebony









CLASS SB

Class SB has had a super busy start to the year! We welcome Edgar, Joshua, Metok, Soni and Reet to our school. We have been loving getting to know all the different areas of our school. So far the favourite things to do are swimming, visiting and feeding the chickens, music therapy and bike riding on the oval. We are learning many new school routines and send home 5 very tired little people at the end of the day. We look forward to doing more and more as we settle into school life and routines.

Sally, justine and Nanaako



CLASS JK

Term 1 is well underway and we are working hard with all of our programs. The students are all enjoying being back at school and are eager to try everything on offer. We have been concentrating on turn taking and working at our desks independently. At the end of each week we use the food tech room and cook noodles with vegetables. The class gets very excited about cooking noodles and it is a great program to learn not only about food preparation, but table setting, co-operation, turn-taking, using cutlery and of course sharing a lovely lunch together. We have also had our first trip to the park this week which the class were very excited about. Thank you to all of the parents that came in for the parent information evening. It was lovely to catch up with you and to let you know about the exciting things in store for class JK this year!



Julie & Jenny











CLASS MT & TH

Class MT and Class TH are working collaboratively this year. Students move between classes depending on the daily schedule. Our classes follow the same timetable in the morning for consistency. The middle sessions have a life skills and work skill focus. For example, a shopping program. The skill set involved in this includes: *The students follow a grocery list

*collect items

*follow check-out protocol *use functional money skills to pay

*unpack items

Some of the other programs scheduled in the middle session include Packforce, restaurant, pamphlet delivery as well as swimming. We have been impressed at how well all our students have adapted to this new approach to teaching and learning.



Trish, Matt, Sue R & Sue M









CLASS VR

Our year has started well. Our students are encouraged to sit and attend to our Morning Circle Session each day. During this session each student is greeted individually, as they look in a mirror at their reflection and we say their names. The students enjoy this activity and respond with a high five or a smile. We discuss what day it is and what activities we will be engaged in. To empower our students to make decisions, we have made it a focus to offer choices as often as possible. In art sessions we offer a choice of colour paper and colour paint, crayon or chalk and when offering food, puzzles or books we offer students a choice of two from which to select.We look forward to increasing our activities throughout the year as we settle into our daily routine.

Virginia and Sue W









Tips from our school families SEND IN ANY HANDY TIPS

SAVE OUR SPACE

Will be proceeding at FRS in the Autumn holidays. Monday to Friday, 8am to 5pm, excluding public holidays

CANTEEN

Don't forget we have a fantastic canteen every Friday - we have such delicacies such as popcorn, juice, jaffles, saos, jelly cookies and yoghurt all \$1.00



LORIKEETS HOLIDAY CAMP

FOR 5 - 18 YEAR OLDS

Come and make some friends and join in our great excursions with our experienced staff



9.00am - 4.00pm 5 January - 22 January 2021 5 April - 16 April 2021 28 June - 9 July 2021 20 September - 1 October 2021

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Arranounbai School 5 Aquatic Drive FRENCHS FOREST

Holiday program activities may include:

- Ferry rides
- Taronga Zoo
- Picnic/park days
- Reptile Park
- BBQ/park days

We can support on a 1:1 or 1:2 NDIS ratio (daily price exclusive of excursion costs and resources).

FOR ALL ENQUIRIES:

P: (02) 9488 2500 E: lynn.murphy@catholiccaredbb.org.au W: catholiccaredbb.org.au

From the Communication Team

This term the focus for communication across the school is on 'Core Words'. Core words make up the majority of everything we say. Our augmentative and alternative communication (AAC) systems use core words to allow all our students and support language to communicate. Every week a new focus word will be used in classes and across the school. So far the core words 'Go' and 'Stop' have been implemented. Classes have been creative with how they have been implementing these. One class reported they placed the core word 'Go' near their door. Each time they exit, they point to the sign. They also use a multimodal approach. This may involve keyword signing as well as gesture.

We have been impressed with how classes are contextualising these core words throughout the course of the school day.



NEWS FROM THE THERAPY ROOM

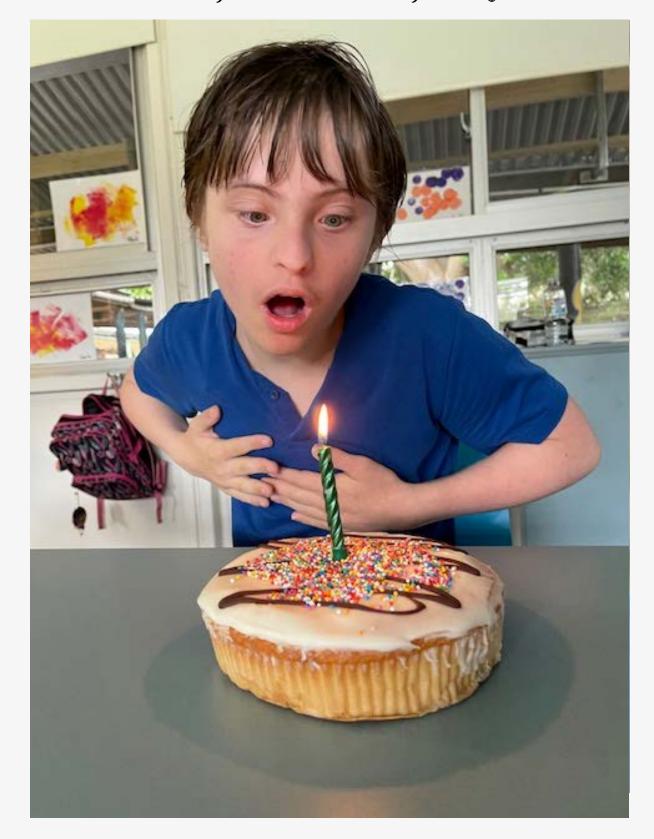
The Therapy Team has started 2021 at Fisher Road in a BIG way!

Our communication team, together with our whole Therapy team are concentrating on our Core Word Board and incorporating throughout each class a "WORD OF THE WEEK"

Last week was "Go" and this week is "Stop" We are happy and eager to get the year started and look forward to working with all our wonderful students again

Birthday News

Happy 13th Birthday George



Birthday News

Happy 15th Birthday Ashton

