NEWSLETTER

2021 Term 4

FISHER ROAD SCHOOL

'Together we can'

A MESSAGE FROM OUR PRINCIPAL

So great to have all our students back at Fisher Road! Thank you so much for all your patience and support during the last two terms. Let's hope we never have to return to learning from home. As of Monday the 8th of November we are moving from level 3 + to level 3 restrictions. Under level 3, we can go on outside excursions, the graduation and award ceremony can all take place. Fully vaccinated parents will be allowed onsite by invitation, for these events. The concert this year will be filmed and available for viewing.

The First Principals morning tea was held in week 4 and was a raging success. The morning tea was held in the front garden. 5 senior students and 4 junior students were invited. We celebrated their commitment to learning. Students enjoyed homemade cupcakes, a small packet of chips and lemonade spiders!

Preschool students have begun transition to Fisher Road. Lots of new little faces are appearing in the playground and getting ready for their first year of school in 2022. Welcome to all our new families.

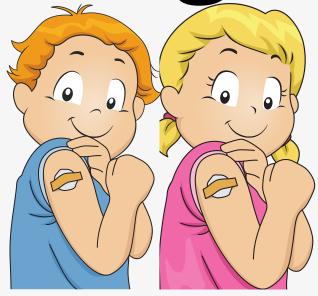
With the weather warming up please remember to apply sunscreen in the morning before school and pop a labelled bottle of sunscreen in your child's school bag. Staff are encouraging lots of water, hats and students are assisted to reapply sunscreen.

A shout out to Kanga our year 6 school captain. Kanga has been part of a fundraiser for wheelchair sports NSW/ACT to promote disability sports during October called "Rollonoctober". Great work Kanga, you smashed it!!

Thank you to the P & C for the purchase of a race runner. RaceRunning is an innovative sport for people with Special needs and impaired balance. RaceRunning gives students who otherwise can only get around in an electric wheelchair, a manual wheelchair or in a walker the ability to move by themselves. It gives them the experience of running. It encourages stepping and weight bearing. Thank you to the P & C for your generous purchase.

Arianne McCombie

Breaking News



We are very pleased to announce that NSW Health will be offering Fisher Road Students and Parents the Pfizer Covid 19 vaccination at school.

If you are interested in receiving the vaccination please email the school (fisherrd-s.school@det.nsw.edu.au) before Friday 12 November so that we can finalise numbers - thank you







Kanga Tanaka

To promote and support disability sports

\$5,898 raised

\$350 goal

\$74,401

raised so far

Individuals

Search individuals



Kanga Tanaka \$5,898



Diane Pass \$5,150



Jason Preston \$4,710



caroline tuyau \$4,165



Rafferty Stevens \$3,163

Teams

Search teams



THE COGY CHAMPIONS \$7,598



Caroline Tuyau's Team \$6,626



Roll with Dejay \$4,000



Lucas and Tomi Brekalo's Team \$3,100



Diana Custic's Team \$3,075



21,207 kms





NSW School vaccination clinic, Year 7 & 10 students, Wednesday 10th November 2021

NSW Health will be offering the following vaccinations at your school clinic to all Year 7 & 10 students;

Year 7 - HPV dose 2, and catch up HPV dose 1 and dTpa vaccination.

Year 10 - Meningococcal ACWY

What parents should do

Year 7 parents who have already completed a consent form early in 2021 do not need to do another.

Year 10 parents/guardians have been sent (via their Year 10 student) a *Parent Information Kit* that includes an information sheet, consent form and privacy statement. To consent to the vaccination of their child, parents/guardians are advised to read all the information provided, complete the consent form, and return it to their child's school.

- Ensure that students with influenza-like symptoms do not attend school and are tested as soon as possible (www.nsw.gov.au/covid-19/symptoms-and-testing)
- o advise the Public Health Unit MSLHD-SchoolVaccinationProgram@health.nsw.gov.au to withdraw consent for HPV, dTpa or MenACWY vaccination if any of these vaccines have been given at the GP
- o note that there is a minimum dosing interval of 7 days between any routine school vaccinations (HPV, dTpa and Meningococcal ACWY) and any dose of a Covid-19 vaccine

All parents are asked to provide an up to date copy (downloaded no more than 7 days prior to the school clinic) of their child's Australian Immunisation Record (AIR). This can be on their child's phone (if your school allows student phones to be accessed during school hours) or a paper copy. (If parents prefer, provide the record for vaccines given in 2021 only.) It can be obtained through the myGov website or the Express Plus Medicare Mobile app. Anyone aged 14 years or older has to get their own statement.

https://www.health.gov.au/health-topics/immunisation/getting-vaccinated/check-immunisation-history
This is required so the nurses can quickly and easily check that all students are vaccinated safely and appropriately on the day of the school clinic.

Absent students

Year 7 students will be offered any missed doses at subsequent clinics during Year 7 or 8 (for HPV and dTpa vaccination) and do not need to go to their GP for the vaccine.

Year 10 students who are absent are advised to go to their GP for the Meningococcal ACWY vaccination.

Further information about school vaccination is available; http://www.health.nsw.gov.au/schoolvaccination
A Record of Vaccination card will be provided to each student. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR).

NSW Health is ensuring that students are safely vaccinated at school during Covid-19

Despite concerns around Covid-19 it is important that the school vaccination program continues, to provide timely protection against other diseases. NSW Health has been working with education authorities to implement additional measures to ensure that students in Year 7 and 10 can be safely vaccinated during the Covid-19 pandemic.

Additional measures implemented include; nurses vaccinated against Covid-19, health screening of nurses and students before entering the clinic, appropriate physical distancing, enhanced hand hygiene and cleaning measures.

Principal's Morning Tea



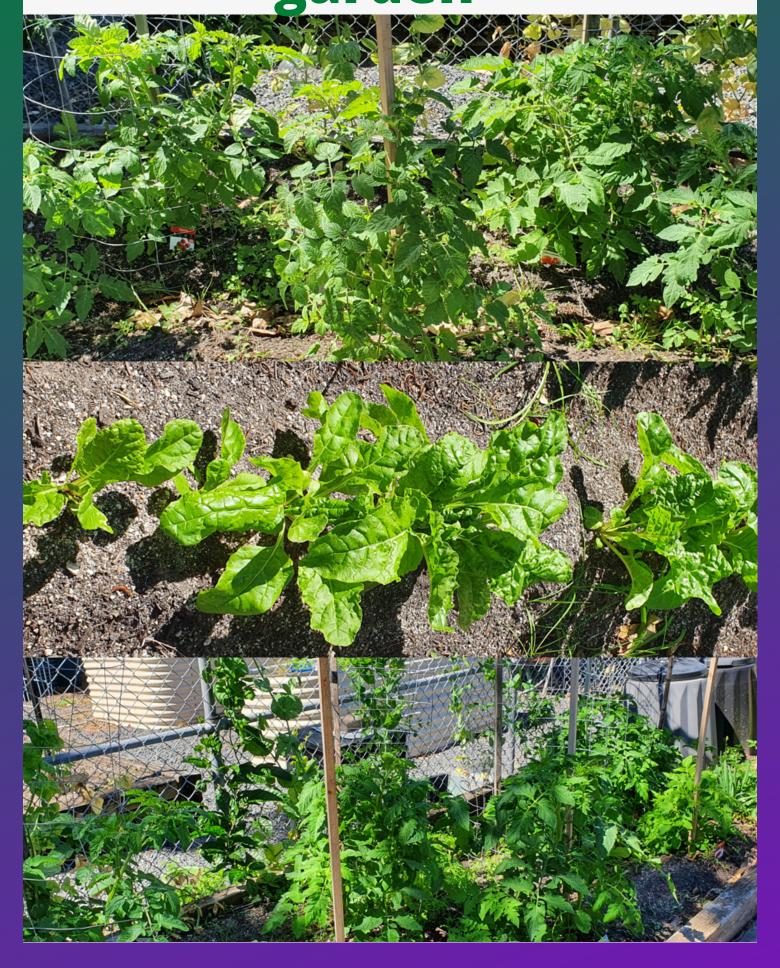
Principal's Morning Tea



Principal's Morning Tea



Our wonderful vegie garden



Halloween















News from the office

NDIS Funded Therapists

The return of our students NDIS Funded Therapists is dependent on the relaxation of restrictions, most likely when schools are deemed 'level 2'. Unfortunately, there is no timeline for this - we are currently sitting at level 3.

It seems likely there will not be any NDIS Funded Therapists on site until 2022.



We would love any unwanted uniforms for our 2nd hand uniform shop

From The Office

School Garage Sale



Spoonville







CLASS LS

Welcome back to school! We have missed you all! It is so nice to see some familiar faces and, we also welcome newbies to some our wonderful Class LS. Aysha McNamara will be joining us for 5 weeks, part time. Aysha is completing the practical component of her Masters in Special Needs and has come to see how we rock 'n' roll at Fisher Road School, Welcome Aysha!

We also welcome two little the golden creatures of variety, officially named by our students - Bluey and Bingo Goldfish. Thev have settled in well. Our student of the week is responsible for feeding them and everyone is able to grab a few moments each day to sit and watch Bingo and swim Bluey around. It's very relaxing.

To celebrate our return we had a small class party. It was so nice to see the smiles on everyone's faces. Class programs are returning and some changes made to cater to our needs over the next eight weeks.



Sandy, Lainie and Ebony

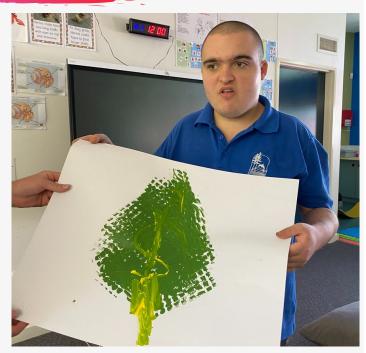
CLASS AP

Class AP has hit the ground running... and swimming... and jumping and cooking and singing and laughing and, of course, working hard!! We are very proud of the smooth transition back to school that has been made by Mia, Kanga, Sai and James and their fabulous engagement with our newly welcomed students, Jonathan and Celine. We are so looking forward to the remaining days of Term 4 and are getting ready for lots of fun



CLASS KF





Class KF students should be commended on how well they have transitioned back to school. We have quickly moved back into our regular daily routines, and everyone is enjoying being back together. Thank you to our wonderful parents for supporting your sons so well at home and adapting to meet their needs.

This term in addressing our Science outcomes we are learning all about Silkworms. The students have enjoyed the responsibility of cleaning out their container and making sure they have fresh leaves, picked from our own tree on the oval. We are learning about their life cycle, what they look like and what they eat and how they make the silk that can be used to make fabric. As part of this unit we will also be creating some art works and for some students an information booklet.

Amazingly, 4 of our silkworms have already started spinning their cocoons and we have been able to observe this happening! We look forward to watching the moths emerge and seeing how many eggs they lay.

Fran, Kari, Alena & Tim



CLASS KF











CLASS NS

Welcome back! Well done to everyone for being so resilient to change during this challenging time. It has been such a joy to see class NS returning back to our classroom and reuniting with their friends so we decided to celebrate and have a little class party. These past few weeks have seen our class programs return back to normal as well as some new additions including the "engine room" where students follow an exercise program to help get moving and self regulate through movement. Step ups, battle ropes and balls are popular. Equally as important to the students is the newly welcomed massage chair, which has become a new class favourite to enjoy during break time. Finally, with big smiles on our faces we welcome Ruby to our class. Ruby is familiar with class NS students from her previous time at Fisher Road and has settled in wonderfully. Ruby likes music, cooking and puzzles on the Ipad.



CLASS NS



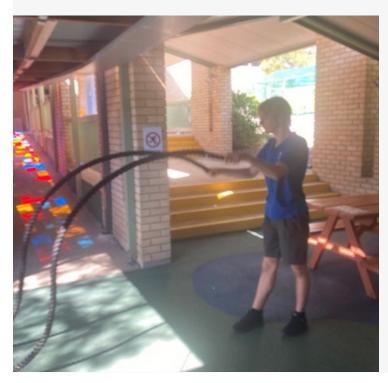
CLASS MT & TH

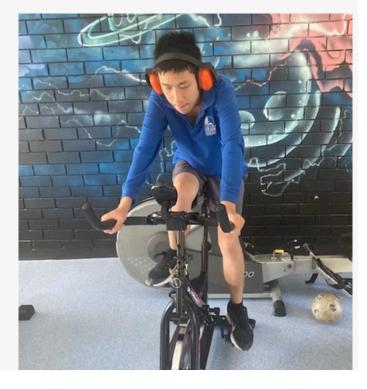
Since returning to school classes MT and TH have been enjoying daily exercise sessions in our newly revamped exercise room. Each morning the students do a 15 minute workout session consisting of boxing, running on a treadmill, battle ropes, slam ball and spin bike. The students all have individual visual schedules they follow for a 3 minute set on each exercise. We are finding the structured exercise program is a great way to burn off some excess energy and get focussed before we start our academic work.

Matt, Trish, Sue R and Sue M









CLASS SB

Class SB are so happy to all be back at school! They have all settled back into normal school routines beautifully. We have been super busy exploring the playgrounds. Naki loves to make sand angels in the sandpit. Metok has been a superstar on the bike. Edgar is all about balls at the moment. Reet is loving our new bubble machine. Joshua is all about blowing his own bubbles!

Sally & Justine





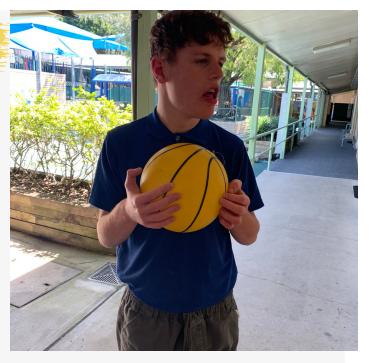




CLASS VR

has been interesting lt observing our students back together in the classroom after such a long break; they have all settled back into our routines quite well. We have resumed of some favourite programs such as swimming, the Sensory room and freetime activities such as riding the assisted bike (Alexsandra's favourite). using the trampoline and the new massage chair and Dylan discovered an interest catching and throwing balls. The Halloween celebrations were well received, our twins Dylan and Gwyneth dressed as skeletons. Laragh as a black cat and Jasper wore the Mad Hatters bow tie and braces. Maia wore verv pretty pink bow which the contrasted well with other costumes.

Virginia, SueW and Nanaako







CLASS JK

Wow! It was so exciting to finally have all of our wonderful students back in class JK again! It was so wonderful to watch everyone's smiling faces as they came into class to resume learning after such a long time learning from home. They spent a lot of time smiling and greeting each other which was very heartwarming. I was so proud to see how quickly all the students settled in and how eager they were to get back into the exciting activities in class. We have been getting through lots of work boxes and increasing the time we can sit at our desks to complete tasks. Some of the students even remembered how to unpack their school bags on the very first day back.... Well done, Rafaela! We are working on a jungle theme this term and have been reading books and doing art and craft relating to jungle animals... our classroom already looks amazing!

Julie and Lauren







CLASS MP

Welcome back Class MP. Caleb, Archie, Isla, Jude and Lachlan are so pleased to be back together. Class MP is a fan of water activities. A favourite activity is where the water temperature is controlled, the warm water provides a soothing comfort and through the input the body receives, helps regulate the emotional and behavioural responses of the students.

As soon as we resumed our long-awaited swimming program, you could see the spark in everyone's eyes. Jude laughs, giggles, and interacts on a level he is comfortable with. He uses both arms and legs to propel himself across the pool. Isla, on the other hand, expresses her love of the water unreservedly. She gets so excited moving from one side of the pool to the other either through jumping/walking or by kicking her legs and moving her arms to reach the side of the pool. Caleb is only starting to test himself on things he can do as he builds his water confidence. He puts his face underwater while kicking his legs and arms stretched in alternate motion while Lachlan has started enjoying himself in the water again. He kicks and floats on his back, Archie channels his energy into a fun up/down (jumping then tumbling underwater) motion. Our students are lucky to have these swimming sessions because they interact so much with staff and their peers without knowing it. They relate to their peers and engage with them without any pressure. With all the swimming opportunities we have, Isla. Lachlan. Jude. Archie and Caleb will no doubt develop and enhance their water skills.

Maria, Lainie and John



Birthday News Happy 6th birthday Caleb



Birthday News Happy 15th birthday Whitney



Birthday News Happy 17th birthday Andy



Birthday News Happy 19th birthday Russell



Birthday News Happy 11th birthday Chris



Birthday News Happy 7th birthday Heath



Birthday News Happy 9th birthday Billy



Birthday News Happy 16th birthday Dylan



Birthday News Happy 13th Birthday Luca



YOU DON'T HAVE TO BE PERFECT TO BE Amazina

The Therapy Room

It was fantastic to welcome the therapy team back to Fisher Road School in week 4!

Hayley, Prue and Charlotte are all super excited to get back to our wonderful students after a long time apart.

Music therapy with Anita will continue in classes this week. All the students love their music time with Anita and will be glad to have her back in person.

FUN FACTS

There's a LEGO bridge in Germany that you can walk across.



The German town of Wupperttal is home to Lego-Brücke, also known as LEGO Bridge—a bridge that looks like it's made of candy-colored LEGO bricks, providing a foot- and bikeway for those looking to cross over the street below. Despite appearances, the bridge is not made of giant plastic bricks however, but concrete, and it was painted to look like the popular building toys by street artist Martin Heuwold.

After School Care at Fisher Road School





- · Monday Friday
- · 3pm 6pm (NSW school terms)

Based in a relaxed and inclusive setting at Fisher Road School in the Northern Beaches. The Learning Tree is an after-school care program for young people with disability aged 7 - 17.

The Learning Tree incorporates health, fitness, Skills for Life and recreational activities.

Participants will be supported to:

- · Use their voice and foster self-belief
- · Take part in new experiences
- · Learn new skills
- · Lead and mentor peers

For more information contact Michelle Cunningham T 0466 481 155 E enquiries@sunnyfield.org.au www.sunnyfield.org.au

6 November 2020 Sunnyfield ISO 9001-2015 Quality Management System ABN 72 000 415 127 Charity Fundraising Number 13915





Q:How do all the oceans say hello to each other?
A: They Wave!

Q:What do you call a bear with no teeth?
A: A gummy bear

Knock, knock:
Who's there?
Cows Go
Cows go who?
No, cows go Moo!