



## NEWSLETTER

# FISHER ROAD SCHOOL

*'Together we can'*

## IMPORTANT DATES

26th FEB - Parent Teacher Evening

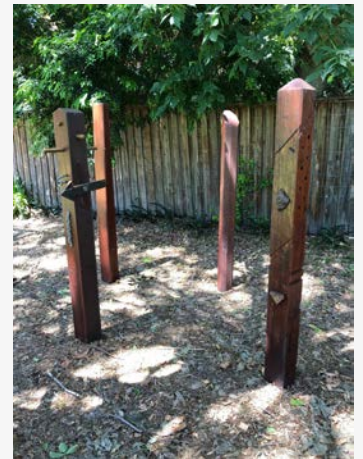
6th MARCH - Family Picnic

9th APRIL - Easter Hat Parade

11th MARCH-7pm P&C Meeting

13th MARCH-2.30pm Captain & Prefect Assembly

3rd APRIL - Vaccination -Yr 7&10



## PRINCIPAL'S MESSAGE

Welcome to the 2020 school year! We are so excited for the year ahead, all classes are in the process of getting their activities and community access programs up and running. The students have settled into their new classes well and the school is looking fresh and revamped with some new paint upgrades. I would like to make a special mention to Brookvale TAFE who have kindly donated four sensory totem poles for our sensory garden located on the oval. A big thank you to Kari and Simon Higgins who installed them in the holidays. The students have enjoyed interacting with them and exploring and experimenting with the activities on each pole.

We would also like to congratulate Henry Mac who designed the front of the teacher diaries for the year,

Arianne McCombie

# PRINCIPALS' INDUCTION CONFERENCE

Evidence around the world shows that investing in leadership at all phases of a school leader's career will make a substantial difference to the quality of teaching and therefore the quality of student learning in our school. From the 19-21 February, I had the pleasure of attending the Principal Induction Conference in Sydney delivered by the Department of Education School Leadership Institute. This conference provided engaging, relevant and significant professional learning. This included leading high quality teaching and learning across the school, enhancing student well being strategies, and ensuring that in our school community every child is known, valued and cared for. I was reminded of the importance of modelling lifelong learning to my staff and students. Conferences of this nature enable me to focus on quality teaching and leadership practices that have the greatest impact on teacher learning and therefore the outcomes of our students.

Arianne McCombie

## P&C 11TH MARCH 7PM

Please come and join us for the annual general meeting on the 11th March. Positions vacant are the President, Secretary and Treasurer. Meetings are held once a term. Come along and find out more!





# FISHER ROAD TEACHING STAFF



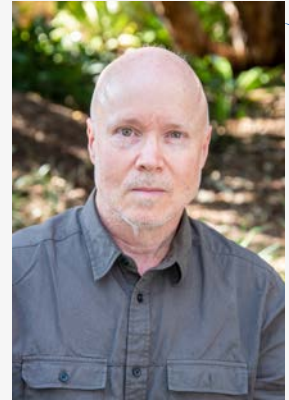
Arianne



Matt



Trish



Nick



Caroline



Julie



Lainie



Rebecca



Maria



Sally



Virginia



Francine



Kari



Tanya



Sam



Sandy



# FISHER ROAD SUPPORT STAFF



Leisa



Nanaako



Donna



Ebony



Mandy



Sue M



Sue R



Fran (Office)



Alena



Justine



Jenny



Sue W



John



Carmel

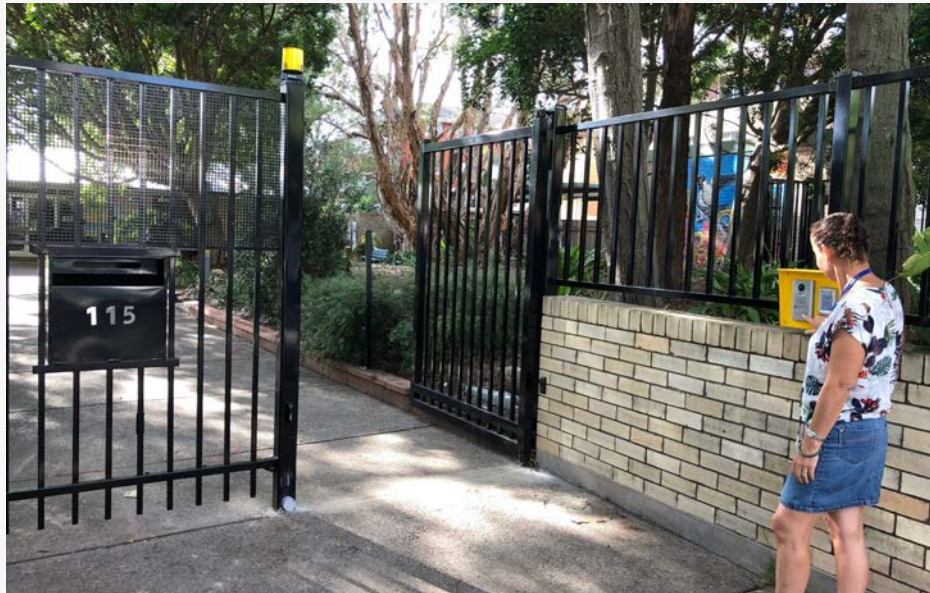


Doug (General Assistant)



## OFFICE NEWS

Fisher Road School has new boundary gates. You will need to use the intercom to access the school grounds between the hours of 9:30am and 2:30pm, carpark or footpath. Please bear with us while we work through any teething problems and as we get used to the new system. We are pleased that the gates will provide extra safety for our students.



## CAR SEATS AVAILABLE

5 used car seats available, please contact the school if you are interested.

PH: 9981 5222

Dear Principal

### NSW School Vaccination Program 2020

Each year NSW Health works with schools to offer the vaccines recommended and funded for adolescents by the National Health and Medical Research Council (NHMRC).

In 2020, the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6 months apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Year 10	Meningococcal ACWY vaccine	Single dose

I would be grateful if you would distribute the relevant *Parent Information Kits* to all Year 7 and Year 10 students and ensure the consent forms are returned to the school as soon as possible. This is a key element to the success of the program. A record of vaccination will be given to the student after vaccination as a physical card.

To improve vaccination completion, students will be opportunistically offered any missed doses during Year 7 or 8 (for HPV and dTpa vaccination) and during Year 10 (for Meningococcal ACWY vaccination). **They do not need to go to their GP to catch up these vaccines because they are absent from a clinic.**

Parental/guardian consent is required for students to be vaccinated. Consent forms will only be accepted if they are completed using blue or black pen and are original (photocopied or faxed consent forms will not be accepted).

Parents/guardians who wish to later withdraw their consent for any reason may do so by writing or calling the school. **It is very important that the school provides the Public Health Unit with any notifications of withdrawn consent prior to the commencement of clinics to ensure that the wishes of parents/guardians are respected – these notifications should include the student's name and school grade, the date and time that consent was withdrawn, and those vaccines the withdrawn consent applies to.** The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

The Parent Information Kits have been translated for parents/guardians into 26 community languages and are available on the NSW Health website at [www.health.nsw.gov.au/schooltranslations](http://www.health.nsw.gov.au/schooltranslations) and you may wish to distribute this information to parents/guardians. **However, only the English-language consent form should be completed.** Please do not permit parents/guardians to come to the school on the day of the clinic.

Thank you for your assistance and support to ensure the success of this important public health program. If you have any queries, please do not hesitate to contact Isobel Hinton, School Immunisation Coordinator, Northern Sydney Public Health Unit, on 02 9477 9036.

Yours sincerely

**Director, Northern Sydney Public Health Unit**



## CLASS MP



Welcome to Class MP. It has been a great start to the year with all our programs and activities up and running. The school-based work skills program for our Year 11 students, Laragh and Jasper, is to collect used tea towels and deliver fresh ones to every classroom. Going from room to room is a new experience for both students so they require a lot of encouragement. For the younger ones, we do the in-seat on-task work boxes. Tasks involved are following simple verbal and/or gestural instructions, eye-hand coordination and use of fine motor skills. Student individual programs from last year are ongoing and new ones for the year will be decided in the upcoming PLP meeting. Jasper, Laragh, Dylan, Gwyneth, Alexandra and Geoffrey are also generalising the skills they have learnt at school. We also access McDonalds, Warriewood for our community access program. It has been wonderful to be invited back to sail with Pittwater Sailing Club twice a month. All our students loved the experience of being gently swayed by the wind and the water. With these opportunities we hope to see our students develop new skills and enhance their existing skills. As we progress through the coming school terms, we hope to share stories of our experiences from all our activities.

Maria, Sandy and Sue R



# NORTHERN BEACHES DISABILITY

## **Manly All Abilities Touch Football**

**Tue 5.30 - 6.30pm**  
**Nolan Reserve, North Manly**

This program is specifically designed so each athlete can participate with their family and/or friends while developing the fundamental skills to play Touch Football. For players 5+ years. Six weeks for \$60.

0409 643 497

## **Let's Go Surfing Day**

**Sat 29 Feb, 9am - 1.30pm**  
**Collaroy Beach, Collaroy**

Disabled Surfers Association of Australia is holding their 35th annual event Hands On Day. Everyone is welcome, especially volunteers to lend a hand. No experience necessary.

0424 890 455



# CLASS NS

It has been a great start to the year and the hard working students in Class NS are already busy with their school programs, as you can see in the attached photos. We would also like to welcome two new students to the school, who are both in Class NS: Ashton and Mack. Ashton and Mack have both come to us from Vern Barnett, and have settled in nicely at Fisher Road School with their new classmates, staff and routines. Parent/teacher meetings are coming up soon, and we are really looking forward to meeting the new parents, and catching up with the parents whom we have already met.

Nick, Sam and Mandy







# MANLY ALL ABILITIES TOUCH FOOTBALL PROGRAM

The Manly All Abilities Touch Football Program is specifically designed so each athlete can participate with their family, friends and the greater community while developing the fundamental skills used to play Touch Football.

**2020 PROGRAM DATES: 5:30PM-6:30PM**

Session 1 - Tuesday 4th February

Session 4 - Tuesday 25th February

Session 2 - Tuesday 11th February

Session 5 - Tuesday 3rd March

Session 3 - Tuesday 18th February

Session 6 - Tuesday 10th March

**FOR MORE INFORMATION CONTACT** *Bill Ryder*

[BillR@lifepropertygroup.com.au](mailto:BillR@lifepropertygroup.com.au) / 0409 643 497

**6 WEEKS for \$60**





## CLASS VR



I was so pleased to continue with the students who were in my class last year and along with the welcome addition of Ella, we have had a smooth and successful start to 2020. Carmel, who has been at the school for many years has seen most of the students grow from very young children into the lovely young men and women they are today. All our students, apart from Ella who is in Year 11, are in year 12 and will be leaving Fisher Road at the end of this year to branch out into the wider world of Post School Options. We continue with Work Experience programs and are always on the lookout for opportunities to encourage independence in our students. This year we are stepping up expectations to give our students the best life skills possible.

Virginia and Carmel







## CLASS AP

The five students in Class AP are settling in very well with lots of activities and resources to play and learn with. Each morning we have a morning circle program which incorporates our PBL topic "I care". It is nice to see the children learning to sit together and get their schedules ready for the day. Students have been working through their TEACCH folders each day. The body-roller and body-sock have been introduced to the chill out space which offers a nice sensory break in between academic work. The students have been visiting the library each week to borrow books but also use the the class library daily for story time and literacy lessons. The two swimming lessons on a Tuesday and Friday give the students movement skills and an opportunity for learning personal care. Two of their favourite activities have been music therapy and going to the canteen. Well done class AP on your work so far in class and being kind to each other in the playground.

Caroline, Tanya and Alena





## CLASS LS



Class LS have made a great start to the school year. We have a new year, a new class name (the old Class TA) and a new chair. But this is not just any chair, it's the very cool and very colourful Vibroacoustic Therapy Rocker! This special piece of furniture encourages relaxation by cradling the user's body and gently rocking. The rocker is then connected to music which vibrates through every part of the chair (Vibration is a great way to get the proprioceptive input to calm and stimulate our students). The user feels these vibrations which provide sensory input for joints and muscles and it also encourages our students to relax and self-regulate. Everyone is offered a turn throughout the day. Even staff have been known to use it - after school, of course!

Lainie, Sandy and John





# PARENT TEACHER INFORMATION NIGHT

Thank you to those families who were able to attend our 'Parent-Teacher' evening last night (Wednesday 26th February). It was a great turn-out, and it was lovely to see familiar and new faces. We hope you enjoyed the presentation by your child's classroom teacher. You should now have a fair idea of classroom programs, and general school information. Lastly, thank you for filling in the short survey. This information is very valuable for our future planning.





# CLASS FR

Welcome to Class FR! Can you believe we are halfway through term 1. All students in class FR have settled in well to the new year with new teachers, friends and routines. As part of our PBL focus for term 1, we have been focusing on "I care". A few ways we are working towards this important goal is through hand washing and Smiling Mind. We care for our physical bodies by washing our hands before each meal and when using the bathroom. Such a simple but important skill to keep sickness and germs away. To care for our mental beings, we have been enjoying the Smiling Minds program. The idea behind this program is to "build individual mental health and well being through positive, pre-emptive tools based on mindfulness meditation". We are all managing to relax and listen during the session and it has been great to link this meditation to our 5 senses theme through listening to the different meditations each day. We all look forward to an amazing year ahead full of learning, fun and friends.

Fran, Rebecca and Ebony.



## CLASS TH



Class TH would like to introduce Luca and Ruby to our school community. Luca is an energetic boy, who is enjoying exploring new surroundings, whilst familiarising himself with class and school routines. Luca has demonstrated he enjoys swimming, and will move happily in the water with his vest on. Ruby is an angelic girl, with a beautiful smile, who has shown great friendship to the other girls in class. Ruby loves music, and at any chance will sway and rock to a beat. We welcome them both, and are very pleased with their efforts in settling in.

Trish & Sue W







## CLASS SB

We have had a lovely start to the year in Class SB. We welcome Samuel and Juliana as full time students to our school. They have settled in beautifully and have quickly learnt our school routines. We have had a lovely time getting to know each other playing with toys and fun games on the IWB (interactive white board). This year we are going on a bus trip to the playground. We had our first very successful trip last week and all our students had a great time.

Archie and James loved balancing on all the climbing equipment and Sam and Juliana loved the swings. Sam also made friends with a little girl who was also playing at the park. We really look forward to our next outing.

Sally, Justine & Nanaako





## CLASS JK

What an amazing start to the year! The students in class JK have settled in well and are already making great progress. We would like to welcome Heath to class JK and Fisher Road School. Heath has just started in Kindergarten and has already made new friends and is enjoying all the wonderful programs we offer. Class JK have been busy making a family tree display during art and craft and also enjoy going to the library to listen to stories. We have been enjoying "Rumble in the Jungle" and the "Very Hungry Caterpillar". Everyone loves looking at all the bright pictures and making the actions of the various animals. We have also been using the Liberty Swing which has been a great opportunity to practice communication. Mia has been signing for "more" swing while Rafaela signs "go".  
Great effort, class JK!

Julie & Jenny





## CLASS MT

Class MT has settled in nicely for the new school year. We have introduced a new morning tea and lunch making program and so far it has been a raging success. Each Monday morning the class writes up a menu plan for the week and a shopping list. We then head off to Woolworths in Narrabeen, where we buy all of the ingredients we need for the class to prepare all of their morning teas and lunches at school for the week. The class is enjoying making their own meals each day and some are even trying some new foods.

Matt & Sue M



This term our Positive Behaviour for Learning focus has been “I care” for myself and others. Classes have been using explicit teaching and modelling to teach the PBL lessons to our students. A great example of this has been in the junior playground where we have focused on “I care about myself and others”. The students have been learning to play appropriately in the sandpit. This has involved lots of modelling with taking turns with the toys and not throwing sand

**JK**

Mia has been learning to take care of herself and her belongings by unpacking her bag in the mornings and putting her lunchbox on the bench and her communication book in the basket. She has been having the task modelled for her, and with lots of practice is now able to unpack her bag with minimal prompting. Well done Mia, great work towards this PBL goal!

**LS**

We saw a perfect example of ‘I care’ in class this week when Isla and Henry sat next to each other to look at the iPad. They each took a turn to touch the screen and enjoyed interacting with the iPad together, side-by-side.

**VR**

At the beginning of term, Chantelle was noticed being very caring toward Ruby who is a new student at our School this year. Ruby was mistakenly coming to our class after lunchtime play and I twice noticed Chantelle, without prompting, escorting Ruby to her own class; such a caring act.

**NS**

Masato was doing some great shredding during recycling, and also emptied the shredders when they were full of shredded paper. Fantastic work, Masato.

**MT**

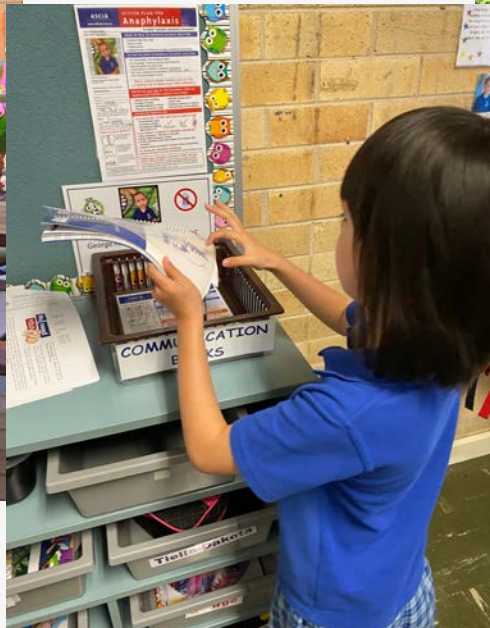
Class MT have together written a set of class rules. This week we focused on the I care class rule of - I take care of the equipment in class MT. Tommy G can be seen in the photo reading out the class rules to his mates in class.



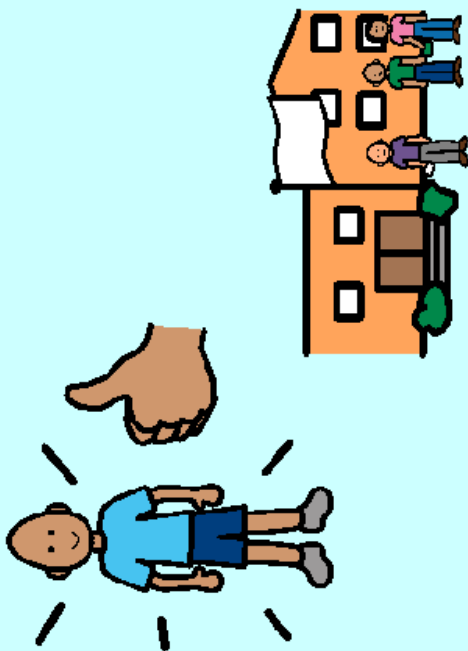


# PBL PHOTOS

2020 Term 1 Week 5



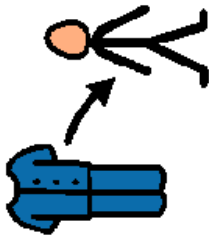
# Getting ready for school



wake up



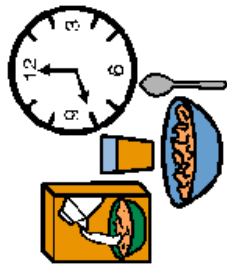
get dressed



more



breakfast



brush teeth



car



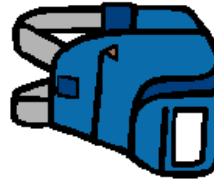
lunchbox



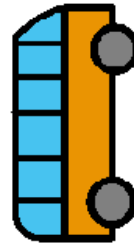
I want



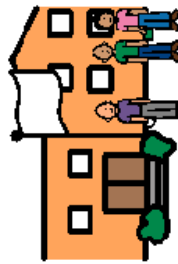
school bag



bus



go to school



no



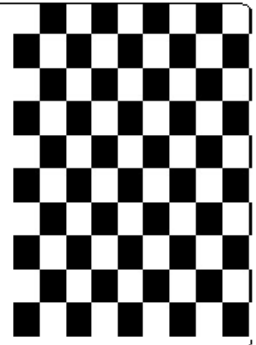
yes



I need help



finished







Still Life 'Bowl of Fruit'  
Tommy Garland