



Dates Term 3

Week 10

Monday 23rd September

School Photos

Term 4

Week 3

30th September—

1st November

Blue Mountains Camp

1st November Disco

Week 4

Saturday 9th November

Family portraits at Fisher Road school

Week 5

*Sunday 17th November
Graduation*

Week 6

November 18th

Community breakfast

November 20th

7pm P & C meeting

Week 9

*Tuesday 10th December
10 am Presentation Day*

Week 10

*Wednesday 18th December
Last day of school for students*

Dance Sport spectacular



What a fabulous event to be a part of. Dylan, Ella, Andrew, Chantelle and Russell participated alongside their peers at the Dance Sport Confidence Gala event at Homebush. The choir signed the acknowledgement to country on stage in front of thousands of people. It truly was amazing to watch our students represent Fisher Road school along with a thousand students from other local schools. Chantelle tangoed her way to the semi-finals. Dylan won a character award.

What a fabulous effort by all the staff and students involved.



School news

Executive Director award

Caroline White has been awarded a very special award by the executive Director of Education for her

commitment and excellence in education for all the students at Fisher Road

Congratulations Caroline



Family portrait

Exciting news. A professional photographer is offering affordable photo sessions on the 9th November at school. This will be an opportunity to have a photo session with your family in the beautiful grounds of Fisher Road School. Cris is an experienced photographer working with people with special needs and will be happy to work around your family or move with your family to capture a special photo. This could make a good Christmas gift for family and loved ones. You will be able to book a 20 minute session closer to the date.

www.littlelovephotography.com.au

Share our space

Our school oval is open again 8am—5pm these holidays to the community.

Mobile Hairdresser

This is the contact for a mobile hairdresser recommended by a community member.



Chantel Oates | 0424 447 775

Class MP

Step aside MasterChefs.....

Here comes Dylan, James, Lachlan, Ty and Masato cooking every week to sharpen their skills in this life changing experience. Our future chefs might not bake the best cakes, but they can assist in measuring dry and wet ingredients, cut and grate fruits, operate a hand-held electric beater and best of all they are focussed on the tasks. Cooking is a fun activity to all the boys in the class. Most of them look forward to the taste testing of ingredients, while others are not so keen to try new things. So far, we have been slaving our hands over a hot stove creating a near perfect apple crumble (courtesy of Donna Hay recipe) . We surely got a thumbs up from the school staff who enjoyed their surprised morning tea from us on SASS recognition day. Parents, you might have secret traditional recipes you want to share. Let us know and we will give it a go.



Class KF



This year Class KF have been enjoying cooking every Tuesday. Last term we made Fried Rice. Although it was enjoyed by half the class, the other half were not too keen to try it! This term we have been making Banana Bread and I am thrilled to say it has been a hit with the whole class, including Sue and Fran! We are enjoying peeling and mashing the bananas, cracking the eggs, pouring in the flour and sugar and stirring in the butter and sour cream. Most of the students enjoy mixing the batter together but the best part is definitely eating the warm, scrumptious banana bread.



Class RP

Wow, look at this masterpiece 'Desert Earth' Class RP created with Caroline for the 'Out of the Earth' exhibition.

Each student added to the layers of this artwork, using easy to grip rollers to apply beautiful earthy tones onto the canvas. They also went on a sensory walk to collect sticks to add to it.

On Wednesday we braved the rain to visit the exhibition held at The Creative Space in North Curl Curl, which is stunning and well worth seeing if you can - Open daily from 10am-4pm until Saturday the 21st of September.



STEM

In the STEM group we have been learning the basics of coding. I have been very impressed with the determination of the students and how well they are picking up the concept. We are learning to move an object by giving it specific directions. In one game we are practicing clicking on arrows to move a bird around the screen. Well done STEM group!

Jen Olk



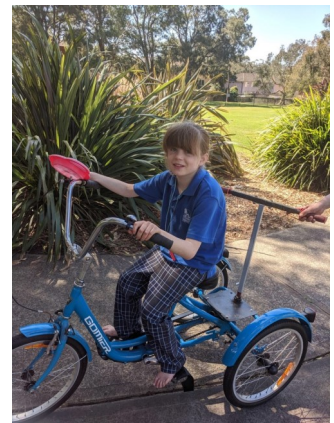
Class TA

There have been many changes in Class TA this term. As well as two new faces (Sandy and Lainie), we have a new Sensory garden outside, complete with a sensory walk, outdoor seating and balance beams. It has made such a difference and we go out there every-day to enjoy it.

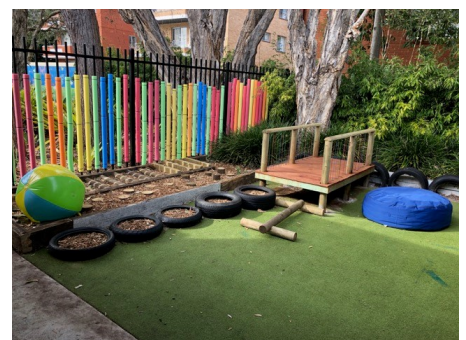
We also have a new hammock! It has been used a lot, by everyone. Some have relaxed so much, they have almost fallen asleep in it, especially when using our new wireless headset with relaxing music in play, at the same time.

We have been running with a jungle theme as part of our class program. We have painted zebras, monkeys, giraffes and caterpillars. Next term, we will be focussing on Aboriginal art.

As we move into spring we have had a few lovely, warm days. We have taken advantage of the warmer weather by going to the oval to ride bikes. Roll on summer!



Thank you for a great Term 3 and we can't wait to see you all in October.



Class TH

Two big events happened this term in Class TH! Firstly, the Dance Sport Program ended, culminating in a big Danceathon at Homebush Stadium last Monday 9th September. Dylan, Andy and Ella danced the night away and enjoyed taking part with hundreds of other local students from the Northern Beaches.

The other big event was School Camp. Despite Matt Tonkin's snoring, which resonated around the campsite, we all slept very well because we were so busy during the day and exhausted by the evening. We packed a lot in to the three days - canoeing, bush walking, archery, marshmallows by the campfire, getting lost in a maze, zip-lining and rock climbing.

Everyone was so well behaved and the food was delicious.

George has had a heap of fun going to Wheeler Heights Public School for Integration. He has made some new friends and really enjoys kicking the ball around with them on the playground. George has also made the most of the Wheeler Heights canteen, ordering banana bread with every visit.

We are looking forward to the school disco this Friday and holidays a week after that. Enjoy the break and we look forward to seeing you all in Term 4.

Trish and Sue R



Class VR

Chantelle, Nathan, Jarryd and Russell along with Dylan from Class TH attended an evening for the Focus on Ability Short Film Festival. It was a pleasure to accompany our students who, dressed in their 'Sunday Best', shone on the night. They enjoyed the evening where we were served food and drinks and treated to watching the winning short films in each section. Our schools entry 'Russell's Journey' in the Australian School Documentary section did not win a prize but we were all the richer for being involved in such an amazing event.

Our busy term had Russell and Chantelle involved in Dance Sport with Class TH and the Gala evening at Homebush was a busy, crowded and entertaining night. Our Signing Choir performed the 'Welcome to Country' and our dancers enthusiastically danced with Chantelle and her partner proudly winning a place in the semi-finals dancing the Tango; it was such an exciting night.

Our Senior School Camp was such fun. Our student's wonderful behaviour over the three days coupled with their willingness to have a go at all the activities with a sense of fun made for a memorable time.



Class JK

We can't believe the end of another term is nearly here! We have been really enjoying some fantastic programs in class JK including being a part of the "Out of the Earth" art exhibition where we designed and painted 24 scarves. Anita, our wonderfully talented music therapist has provided the students with a very enjoyable and inclusive music lesson each week. Each student is delighted to sing, move and play instruments, especially the cymbals... the louder the cymbals, the more squeals and laughter! On some of our recent rainy days we have indulged in relaxing foot spas and massages. You can see by the photo that Kanga and Charlii quite enjoyed this pampering experience. Everyone also enjoyed mixing and cooking yummy banana pancakes, especially eating them. We hope everyone has a relaxing holiday so they are ready for a busy term 4!

Julie & Alena



Visual Arts

Class SB, JK and KF have been exploring a painting technique called stencilling which has been a new concept to learn. Students have learnt to master the dabbing technique of vertical movements with a sponge rather than horizontal with a brush. After several demonstrations and practice, students could show these fine motor skills very well. The patterns look remarkable. Billy loved lifting the stencil to see the surprise shapes on the paper.

Dylan L, Liam, Ella, Andy, Henry and George H have started screen printing on cloth bags. Students have learnt to line the bags with cardboard, set up the bag on the printing area, lower the screen, apply the paint and use the squeegee to make a print. Students have showed responsibility by being in charge of a job such as sorting the cloth bags or using a peg to hang the bags to dry. Packing away after art making is an important skill that all students have been practising. We look forward to sharing the reusable bags in a range of environmentally friendly projects.

Caroline



Flag Raising Ceremony

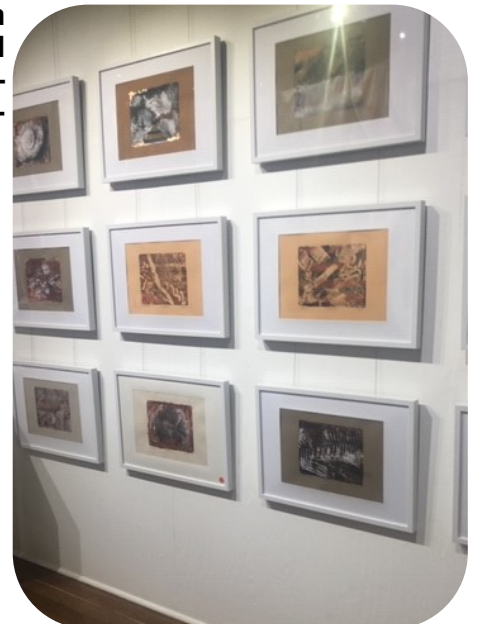
On Tuesday 24th September at 10:30am, Fisher Road School will be having a flag raising ceremony to acknowledge and support Aboriginal and Torres Strait Islander peoples and cultures. Teachers have been working on embedding Aboriginal perspectives into everyday learning through programming, syllabus outcomes, life skills activities and programs such as cooking, gardening, creative arts and PD/H/PE. The Aboriginal Education team have implemented a native garden including native hibiscus to symbolise healing and reconciliation. Also, we have created a yarning circle that is wheelchair accessible. Students can participate in sensory stories and listen to dreamtime stories. Installing an extra two flag poles and raising the Aboriginal and Torres Strait Flags has enabled Fisher Road School to show the school communities support on a daily basis. Uncle Dennis Foley, Gai-Maraigal elder, professor and author will perform the Welcome To Country and a Smoking Ceremony. We have been very lucky to have community member, Caroline Glass-Pattison as our cultural mentor throughout the year.

Out Of The Earth Opening Night



On Wednesday 18th September, the Fisher Road School signing choir performed at the opening of the Out Of The Earth art exhibition. The showcase is a combined effort from students at Fisher Road School, Arranounbai School, The Beach School, Cromer Integrated Studies and Stewart House School. The standard of the artwork is most impressive with the majority of works reflecting earthy tones. Fisher Road School had a series of monoprints, a canvas triptych, an installation of amazing scarves and a collection of acrylic paintings on display. The exhibition was opened by local government politician,

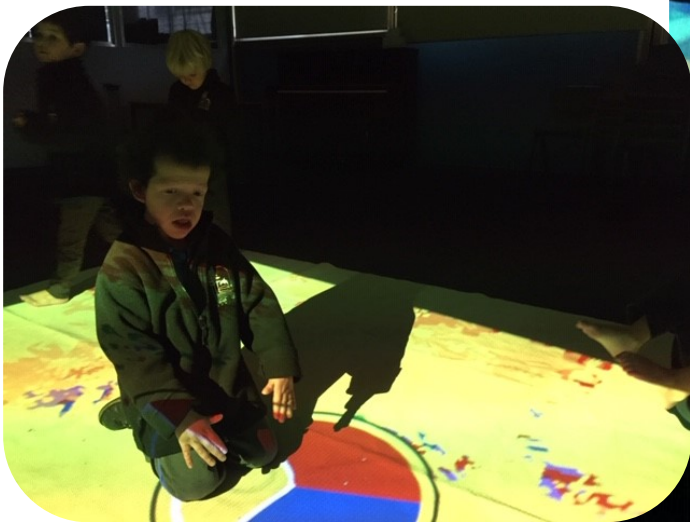
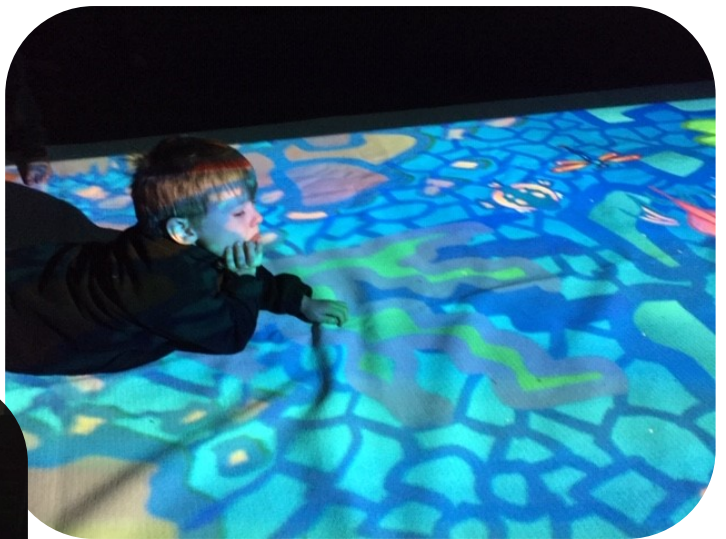
Michael Regan and there were plenty of people in attendance. The exhibition runs until 3pm Saturday 21st September.



Class SB

Class SB does not like the rainy days at school!! Although we have had fun finding active indoor things to do, it's not quite the same as running off some of our energy outside! We had a great time playing on HERB. This is a giant interactive gaming carpet. We do it in the hall so we have lots of room and take off our shoes and socks. One of the favourite games that James and Archie love is the giant fish bowl, where you feel like you are swimming with the fish. Tiago likes the pretend bike race where you have to run on the spot to try and beat your classmate to the finish line. Rafaela likes the paint splash where you choose different colours and jump about making giant colour splashes. Billy and Jude liked the turtle chase where we had to match the turtles shapes and lead the turtles into their homes. After we all practice putting our shoes and socks back on before we head back up to class. A fun, interactive time was had by all.

Sally and Nannako



Class NS

The students in Class NS have been lucky enough to start Sailability this term at Pittwater. Sailability is a program available at some sailing clubs that offers an additional level of support, an established network of volunteers, and equipment to assist people of all-abilities to get into sailing. The students all get a lot out of the program and really enjoy the sensory experiences of the water, wind and movement while in the boat. Weather permitting, we hope to be able to continue going each fortnight until the end of the season.

Nick & Carmel



NDIS

Check out some of these links

<https://ndisinpractice.org.au/> This is a good general guide for the ndis process

<https://peersupportnetwork.com.au/> Peer to peer support for carers

<https://www.youtube.com/watch?v=1DMqCzdDzKM>, What is the ndis?

<https://www.youtube.com/watch?v=ohFPTznMFWo> A Uniting video on preparing for a Scheduled Review

https://www.youtube.com/watch?v=4r7J238_yX4 A Uniting video on preparing for Access

<https://uniting.webcastcloud.tv/> These are further Uniting videos (you need to create an account to view)

BE AMBITIOUS

CARERS' SUPPORT COMPUTER PROJECT MYGOV/NDIS

CSO5555 19HNB-203

COURSE OVERVIEW:

This course is for people who wish to know more about accessing the computer and safely navigating the internet with a focus on the MyGov and NDIS portals

COURSE OUTCOMES INCLUDE:

- Log into a MyGov account
- Access the MyPlace portal
- Use the eight tiles in the MyPlace portal
- Understand the NDIS support categories
- Monitor and use funding via the My Plan tile
- Locate service providers via the Provider Finder tile



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CONTACT US TODAY

131 601 [tafensw.edu.au/course-area](https://www.tafensw.edu.au/course-area)

COURSE SNAPSHOT

Location:

Brookvale Campus of TAFE NSW
154-172 Old Pittwater Road, Brookvale,
NSW, 2100
Building M, Level 1, Room M.1.13

Course:

CSO5555 TAFE Statement in Education and
Employment Pathways

Cost:

Fully Government subsidised
Student Training programs (for eligible
students).

Classes will be starting
Tuesday 15 October 2019
10:00am to 1:00pm.
Block M Level 1 Room G1.09A
9 Weeks, 3 hours per week.

For more Information:

Phone: 9942 1524

Email:

bryony.gliddon@tafensw.edu.au



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Focus on Ability

Another amazing event!

We attended the Focus on Ability Red Carpet event. This festival asks film makers to 'Focus on the Ability' of people with a disability and tell a story on film for the world to view. We were treated to hors d'oeuvres and drinks before the event and then watched the awards and finalists.

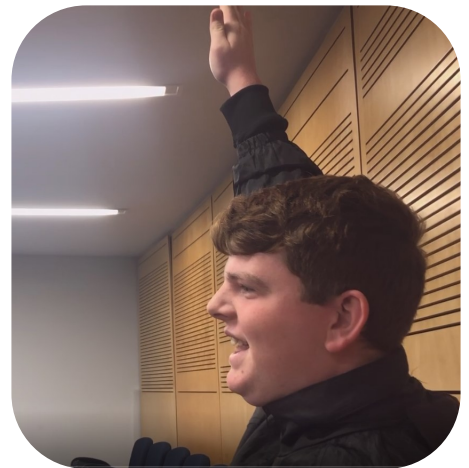
The film titled Russell's Journey: Inclusion and Diversity in Employment, highlights the post school transition process and work readiness programs at Fisher Road School.



SEAT auction

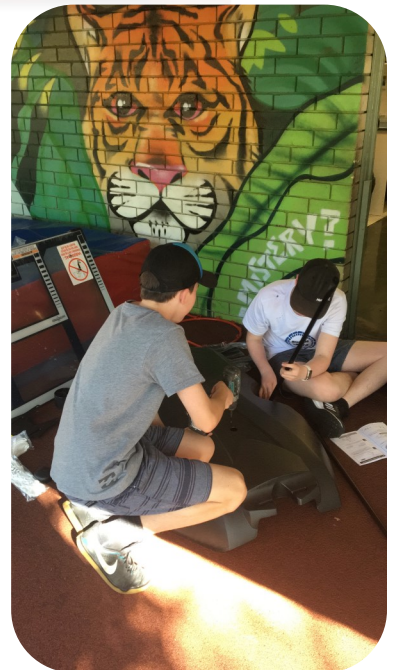
On Tuesday 27th August, Class JK, TH and VR travelled to the Kolling Building, Royal North Shore Hospital, to be involved in the exciting S.E.A.T. auction. Students were actively involved in the bidding with Russell, Liam, Dylan L and Jarryd placing a bid over \$30 on their favourite seat. This was a good opportunity to participate in a community event, understand the value of money and support a worthy initiative. The fundraiser will support the Northern Beaches Women's Shelter and Seven Women Charity in Nepal.

Students were treated to a delicious morning tea and were lucky enough to meet Fairy Sparkles and have their photo taken with her. Thank you to all that attended the morning.



Thank you

We are so lucky to have such wonderful volunteers help us at Fisher Road. The youth group from RUACH church came along on a Saturday and painted a wall in a classroom, oiled some of our junior playground, planted seedlings, built a basketball hoop, cleaned out the junior shed and built some storage in the upgraded paperbark playground. They also gifted our school with a cheque. Thank you so much to the hard working generous youth group from RUACH church.



FOR SALE

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\$59,000 ENQUIRE 0404 004600



THE RHYTHM VILLAGE

PRESENTS

School Holiday Music Workshops for children with special needs and their siblings

Join us for a 1-hr interactive music workshop (10-11am) or stay on for our percussion making workshop (11:15am-12pm). Bring siblings along for a fun and exciting opportunity for bonding with one another through music and rhythm.



At Sydney Olympic Park

Tues 1st Oct - 10am - primary school aged children

Tues 8th Oct - 10am - secondary school aged children



Tickets are limited, so secure yours early:

1st Oct: <http://eventbrite.com.au/e/70868961973>

8th Oct: <http://eventbrite.com.au/e/72210548695>



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15 Apr - 26 Apr 2019

9 Jul - 19 Jul 2019

30 Sept - 11 Oct 2019

6 Jan - 24 Jan 2020



Arranounbal School

5 Aquatic Drive

FRENCHS FOREST

Holiday program activities may include:

- Ferry rides
- Taronga Zoo
- Picnic/park days
- Reptile park
- BBQ/park days

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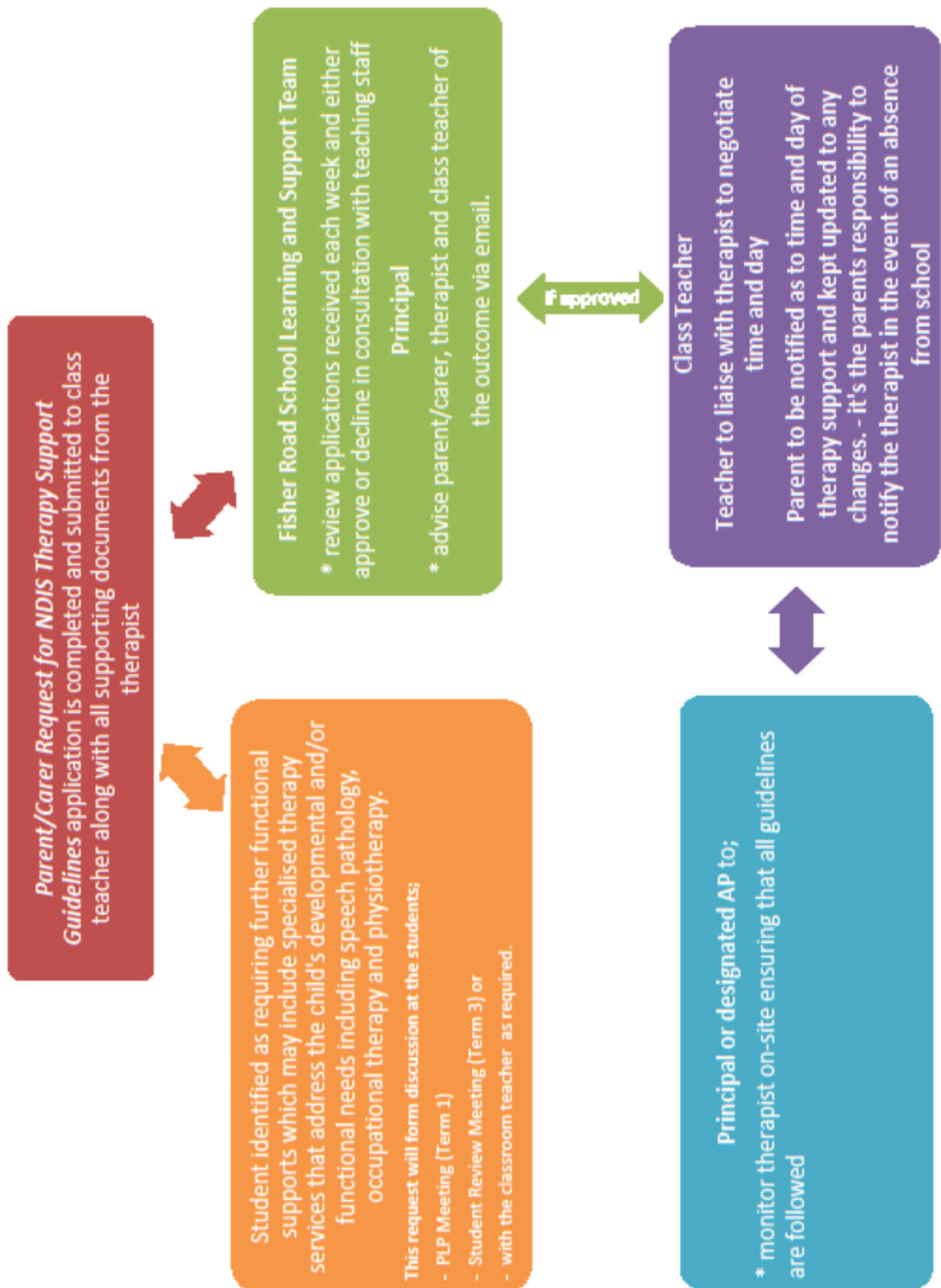


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Procedures for visiting therapists in school




11 COMMON SIGNS OF SENSORY PROCESSING DISORDER OR DIFFICULTIES

Sometimes you need to be a detective to recognise sensory difficulties as the underlying cause of a problem. If possible see an Occupational Therapist as they are great at assessing the child's sensory processing.

Here is a list that may help you identify children's underlying sensory difficulties:

- 1 **Extra sensitive to touch** – they don't like to be touched or can't be touched enough. 
- 2 **Sensitivity to sounds** – they may cover their ears when the same noises don't bother others.
- 3 **Picky eaters** – they will only eat a limited range of foods and those they are familiar with.
- 4 **Movement** – unusual body posture, seek constant movement or have difficulty with movement.
- 5 **Hyperactivity** – they can't sit still during the day or get to sleep at night, or calm themselves down.
- 6 **Fear of crowds** – crowded areas bothers them to the point of frequent public meltdowns.
- 7 **Poor fine or gross motor skills** – they have difficulty with handwriting or kicking a ball. 
- 8 **Excessive risk taking** – they may be unaware of touch or pain or heights or danger.
- 9 **Avoidance of sensory stimulation** – they won't put their hands in anything messy such as glue, clay or mud. They only wear certain clothes.
- 10 **Trouble with balance** – they may be accident-prone or fall more often than others and have a preference for sedentary activities.
- 11 **Easily distracted** – particularly by noise, movement, and touch. 

 For more information on sensory processing difficulties and checklists to complete to understand children's sensory profile see *Practical Sensory Programmes* by Sue Larkey (pg 21-31).

PRACTICAL SENSORY PROGRAMMES

By Sue Larkey

Shows how to identify sensory problems and develop programmes. Over 100 activities including all five senses and movement.

• CODE B05 \$50

