

## Term 3 Dates

### Week 6

*Tuesday 27th August*

**SEAT auction**

*Wednesday 28th August*

**P & C meeting**

### Week 7

*Friday 6th September*

**Red Carpet**

**Focus on Ability**

### Week 8

*Wednesday September  
11—13*

**Senior camp**

### Week 9

*Tuesday 17th September*

**Out of the Earth Exhibition  
opening**

### Week 10

*Monday 23rd September*

**School Photos**



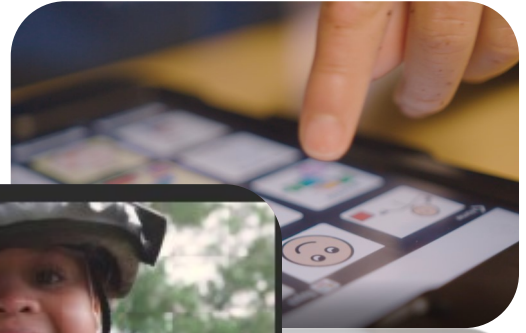
A fabulous Superhero day despite the windy, cold weather. The catwalk showcased all types of Superheros. You could spot Spiderman, Batman, Wonder Woman and Harry Potter. A big thank you to our guest judges, hard working staff and superhero parents, relatives and carers.



# Term 3 Update

## Fisher Road Video

A huge Thank you to Grainger films who put together an amazing video for our school. The video promotes many of the wonderful programs we offer at Fisher Road. Grainger Films created this video for no fee. THANKYOU!!!!!!!



## Director visit

Andrew Stevenson our Director of Educational Leadership spent the afternoon hanging out at Fisher Road. He spent time involved in some of our fabulous programs including a story reading of Hattie and the Fox in class KF and a turn of Virtual Reality in class MP. Lachlan Briggs gave a guided tour of the Junior playground.



## Orchid Show

Fisher Road students were invited as guests of honour to the opening of the annual Orchid Show - *Orchids by the sea*. Arianne, Chantelle, Nathan and Jarryd then went and enjoyed hot chocolates and milkshakes after the opening at the Dug Out at the War Veterans village.



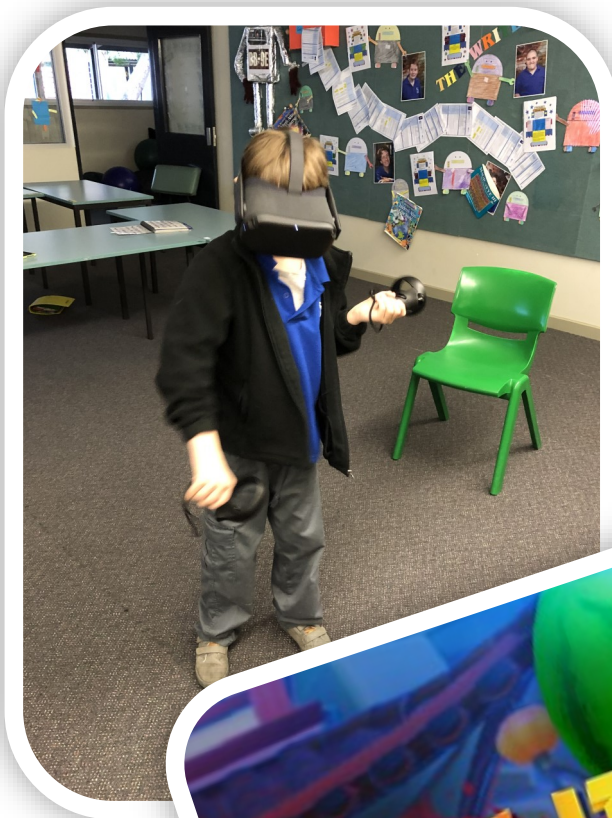
## Peninsula Community of Schools Music Festival

Such a fabulous performance by our Fisher Road Choir. After a feast at McDonalds, the choir performed "*somewhere over the rainbow*". Sekayi was on vocals with support by her friend, Daniel, the whole way through. A massive Thank you to Wheeler Heights for our combined effort and our dedicated Choir staff, Matt Tonkin, Sue Ranger and Sue Miles.



# STEM

All students are enjoying our new virtual reality headset. They are immersed in a variety of experiences which challenge them to master new skills. The game we are currently focusing on is called 'Fruit Ninja'. Some of you may know this game from your iPhone or iPad. The students are placed into a setting where they need to chop fruit that is flying around them. To chop the fruit they need to hold the controllers without pressing the buttons and move their arms and wrists to move their virtual swords. I have been extremely impressed with everyone's individual techniques to cut as many pieces of fruits possible. Some are super fast at moving the swords and others take a slower approach. Both techniques are successful. Awesome work STEM group!



# Class KF



Class KF are very excited about their new shared reading book. This term we are exploring 'Hattie and the Fox' by Mem Fox. Poor Hattie can see a fox lurking in the bushes but the other animals don't seem to be taking her seriously.

"Who cares" says the sheep."So what" says the Horse.  
"What next?" says the Cow.

Sekayi has already learnt most of key phrases and Daniel and Riley make the loudest cow noise to frighten the fox away. Chris and Ben help us tell the story by piecing the fox picture together as his body parts are spied by Hattie hiding in the bushes.

We have been talking about our different body parts and are also learning the KWS to go with this wonderful story.

*Kari, Francine and Sue Miles*



**H for Hattie**  
Slide the palm and fingers of one flat hand along the other flat hand.



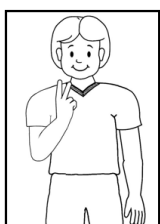
**Big**  
Start with both hands spread, in front of stomach, one slightly in front of the other. Move hands outwards to your sides.



**Black**  
Stroke fingers of fist forward along side of face.



**Hen**  
Start with pointer and thumb extended, but apart, near mouth. Move fingers together and downwards and tap on palm of other hand two or three times.



**Two**  
Raise pointer and middle fingers upwards, slightly apart, from fist, palm facing you.



**Eyes**  
Tap near eye with pointer finger.



**Ears**  
Tap ear with pointer finger.



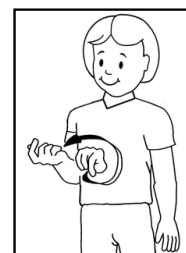
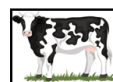
**Legs**  
With palm facing side of leg, and fingers bent so that fingertips and thumb tip are touching leg; slide fingertips up thigh to waist. Thumb may close onto fingers at end.



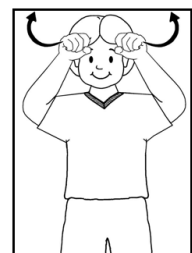
**Body**  
Hold hands flat, fingers forward, thumbs upwards, in front of sides. Simultaneously move hands straight down



**Tail**  
Hold one hand flat, palm down, in front of opposite side. With pointer finger extended sideways from thumb down flat, and blade resting on the back of other wrist, wiggle hand backwards and forwards, keeping blade on wrist.



**"What next?"**  
(sign for next)  
With pointer finger extended from fist in a hook, start with finger pointing downwards. Rotate wrist so that pointer finger ends pointing up.



**Cow**  
With fists at temples move hands outwards and upwards in an arc.

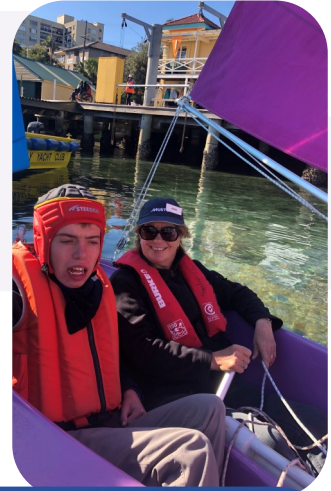


# Class RP

**Class RP set sail into Semester 2 with a glorious morning out on the water!**

**The staff at Manly Sailability are so great at helping to hoist and/or position our students comfortably into the boats ... and then they're away! There were a few school jumpers to dry when we returned to school, as our students like putting their hands out and skimming through the water while they sail.**

**It was a fantastic morning as always, and it's lovely having morning tea on the deck there afterwards with stunning views out across the water.**



# Class TH

This month Class TH celebrates two special birthdays. Happy SWEET 16th to Henry and Ella!! Henry's birthday was on the 4th of August. We celebrated with cupcakes at school. Ella's is fast approaching on the 15th of August, and she has a party organised with many of her peers invited. Enjoy celebrating!!

This term DanceSport will finish up. It has been an amazing program. The combined group of Class TH and Class VR have loved learning all the different dances (e.g. TANGO and Salsa), and it has been very rewarding to observe the positive interaction of our students with the Elanora Heights School students. The regional DanceSport competition is held in September, so we will wait to see if any of our students are selected for that.

Trish & Sue



# Class JK



What beautiful sunny days we have been having during winter! Class JK have been making the most of the lovely weather and soaking up the sunshine during vari-

ous outside activities. We have enjoyed looking at the sensory garden and enjoy the scent of the herbs we have growing. Kanga and Charlii have lots of fun in the sand pit while the other students get excited about the liberty swing. Dallas and Charlii like to go on the trampoline and Charlii has a big smile on her face as she jumps. We also enjoy walks around the oval and visiting the paperbark playground. Let's hope the warm weather keeps

on coming our way!

Julie & Alena





# Class TA

It has been an exciting start to Term 3 for Class TA. Lainie Hailstone & Sandy Langley have joined the team and are looking forward to working with Henry, Isla, Arun and Lachlan. We will continue to be supported by Jenny and Ebony.

We have had a new door installed at the back of our classroom, which gives us easy access to the Paperbark Garden. This is a great space for us to complete our work, have supervised play and enjoy sensory experiences. A new sensory walk is in the process of being constructed in the Paperbark Garden, which will be accessible to all of the students, on a daily basis.

The kids are all settling back into their routines and have been busy working through their individual programs. Class TA love spending time on the oval, exploring all the fun activities it has to offer. Whilst the sun has been shining we have enjoyed some bike riding, time on the exercise equipment and some fun on the Liberty swing.

Lainie & Sandy



# Class SB

Class SB is very excited to have a new class member. We welcome Archie and his family to Fisher Road School. Archie is 5 years old and has settled in well to our class. So far his favourite activities have been swimming and painting. He also loves to play with the train set with Jude, James and Billy. We have all been missing Tiago greatly this term as the lucky boy is still on an extended holiday to France enjoying the warm weather no doubt! We look forward to welcoming him home later in August.

Sally and Sue







## Focus On Ability Red Carpet Event Lights! Camera! Action!

Fisher Road School made a short film that was entered in the Focus On Ability film festival 2019. The film titled Russell's Journey: Inclusion and Diversity in Employment, highlights the post school transition process and work readiness programs at Fisher Road School. Students have been invited to attend an exciting event to walk down the red carpet, view some of the school entries and enjoy a night of canapes and refreshments.

# Class NS

This semester we have changed our cooking activity from cheese jaffles to chocolate chip pancakes, which all the students really seem to enjoy eating. It is a great cooking activity as the pancakes are tasty and yet very easy to make. It also gives the students valuable experience in using a frying pan and a spatula, and being careful around hot things. Some of the students have already made good progress in learning how to take a cooked pancake out of the frying pan using a spatula. In the photos you can see Geoffrey and Laragh making their pancakes, and Laragh enjoying the fruits of her labour.

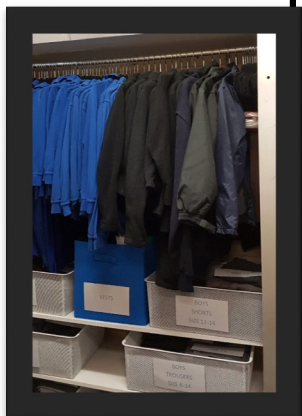


*Nick, Carmel*



# Office news

Please send in any good quality second hand uniforms that you no longer need. All items available for sale \$5 each



# FRUIT

Please remember we still do fruit bags. Send in \$5—\$10 and a reusable shopping bag and we will send home some beautiful fresh fruit.

# Class MP

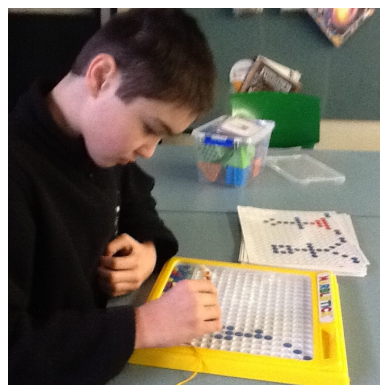
Welcome Masato.

Masato started at the beginning of Term3 and we are all pleased to have him. Dylan, Matthew, James, Lachlan and Tyron are happy to have a new face in the class and have been accommodating to Masato's needs. We have started exploring other places to visit for our community access program. We were at Davidson Picnic area located under the Roseville Bridge last week. The place has large open grassy and shady areas with plenty of things to do. You can launch your boat or canoe to navigate Middle Harbour or Sydney Harbour or you can follow walking tracks to Seaforth Oval or to St. Ives Chase. It is great to know that such a wonderful place ex-

ist within our reach.

We are also focusing on improving our skills in programs we started in Semester 1.

We have been using



the pool twice a week and there surely is improvement in the boys' ability to propel themselves across the pool. There is so much to do and so much news to share hence, we will keep you updated with our adventures and progress in the coming newsletter issues.

*Maria, John & Ebony*



# Class VR

*With Russell's interest in Toy Story 4 and our class's consequent visit to the cinema to see the movie, it was interesting when Russell brought his 'Duke Kar--boom' toy to school and erected a 'jump' and 'fire ring' for the toy to accelerate through. The whole class watched as he tried time and time again to make the 'jump' just right for the toy motorbike and rider to go through the 'fire ring'. It was a feat in perseverance and so very exciting when at last he succeeded and we all celebrated with whoops of joy.*

*Class VR continue to attend Work Experience programs at Bunnings, Coles and Packforce during this second semester. Our students attending Packforce are gaining valuable experiences not only in packaging but also in belonging to a workplace where they are greeted each time by familiar and friendly faces. They are quite the celebrities as they arrive, have morning tea in the lunchroom and move out to their area to begin work.*

*Virginia, Justine & Naanako*







# OUT OF THE EARTH

We invite you to come and enjoy the artistic expressions of students from Northern Beaches Schools for Specific Purposes and Integrated Studies classes.

There will be a collaborative creation of artworks by students at Arranounbai School, Fisher Road School, NBSC - Cromer High School, Stewart House School and The Beach School.



**Creative Space, 105 Abbott Road, North Curl Curl**  
**Tuesday 17th September - Saturday 21st September**  
**Daily from 10am - 4pm**

**OPENING NIGHT: Wednesday 18th September; 5:30-7:30pm**  
Join us for refreshments and a performance from the Fisher Road School choir

**PROUDLY SUPPORTED BY THE NORTHERN BEACHES COUNCIL**



# Visual Arts

The Community Arts Project, 'Out Of The Earth' is a combined schools visual arts project that Fisher Road school is excited to be involved in. The other schools involved include Aranounbai, The Beach School, Cromer High and Stewart House.

Students have been working hard on art making for the exhibition which runs from 16th to 21st September, with opening night on Wednesday 18th September from 5:30. - 7:30pm.

Classes have been experimenting with printmaking techniques. The latest experiments have involved class SB drawing onto pictures of Fossils including fish, ferns and shells. Then printing patterns over the top of the image. We hope these experiments will show an interesting interpretation of the theme: Out Of The Earth. class NS have also been busy making mono prints in earthy tones. On a gel printing plate, Alexandra, Dylan and Geoffrey use the back of a paintbrush or their fingers to draw patterns in the paint before printing.

class RP are working on a collaborative canvas painting in an abstract style. Students have enjoyed using a variety of foam rollers to push the paint around the canvas. Connor enjoyed the experience by showing a big smile. We look forward to seeing the finished landscape painting

**Caroline White**



# Tips for Toileting

Sue Larkey  
**TOP TIPS**



Toilet training your child is a big task even for neuro-typical children. Parents often procrastinate over when to start and we keep delaying it for whatever reason we can think of! Toileting is not something that the child will grow into or get better with age. We all need to action ASAP – and this includes schools. If a child is attending pre-school or school when the parents are toilet training then we all need to get behind the toileting programme and provide consistency all day every day until the child has mastered it.

## When to Start Toilet Training

Signs of readiness in children with autism are not evident like they are with neuro-typical children. The main sign of readiness is compliance, or the child's ability to imitate. If you can get the child to do what you ask, and/or copy an action – then they are ready.

## Think Toilet TIMING not Toilet TRAINING

Create good routines around toilet timing. Have set times when the child must go to the toilet. Examples include:

- When they get up in the morning.
- Before leaving the house at any time of the day.
- Before bed (as part of the bedtime routine).
- Any time they may not be able to access a toilet for an hour or more.
- Before going into any water (bath, swimming pool, etc).
- Before getting into the car.
- Before eating i.e. toilet, wash hands, etc.

## 10 Top Tips for Toileting

1. Avoid potties! Start out with the end in mind. Children with autism have trouble generalising and the last thing you want is to have to carry their pottie around with you everywhere you go!
2. Visuals are very important. Make up some visuals to help the child understand the toileting process and to provide a prompt.
3. Prepare lots of FUN activities to do with the child. Making going to the toilet fun takes the pressure off and makes it a motivating place to go.
4. Rewards are one of the most important elements of toilet training – children need a motivator as it is just too easy to continue to go in their nappy. Rewards need to be instant and powerful. Reward IMMEDIATELY and reward the same every time.
5. Base yourself in or right next to the toilet for the first few days of toilet training. Have as many home comforts in the room for the child to make it a fun environment.
6. Remove nappies. Once you start toilet training do not let the child put on any form of nappy until they go to bed at night. If you let them wear them during the day at all they will learn to hold on until they are in their nappy.
7. Toilet time – put the child on the toilet every 30 minutes for 10 minutes at a time, increasing time as they get the hang of it.
8. Teach the child the whole steps of toileting – including putting on underpants, flushing the toilet and washing hands.
9. Some children may have sensory sensitivities related to toileting. Sensory sensitivities need to be respected and worked on.
10. Create good routines around toilet timing. Have set times when the child must go to the toilet.

## RECOMMENDED RESOURCES

### Tips for Toileting

By Jo Adkins and  
Sue Larkey.



### The Early Years

By Sue Larkey &  
Gay von Ess

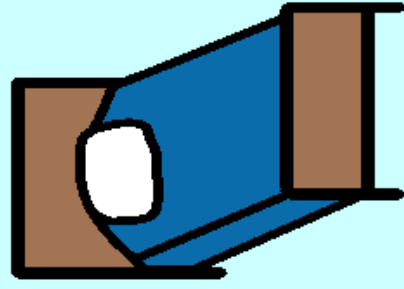


For more tip sheets, to sign up for a free newsletter or request a free catalogue, visit: [www.suelarkey.com](http://www.suelarkey.com)

 **Sue Larkey**  
LEARNING MEDIA



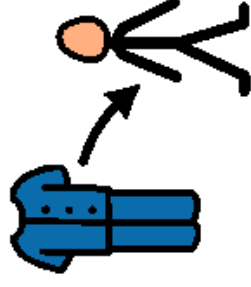
# Getting ready for bed



wake up



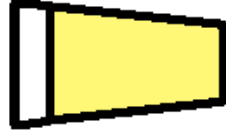
get dressed



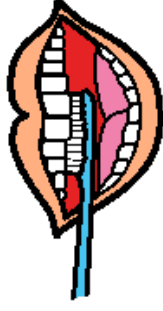
more



drink



brush teeth



hug



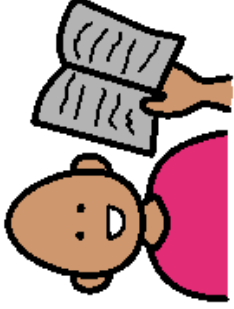
I want



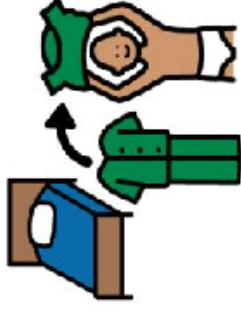
sleep



read me a story



put on pyjamas



good night



stop



no



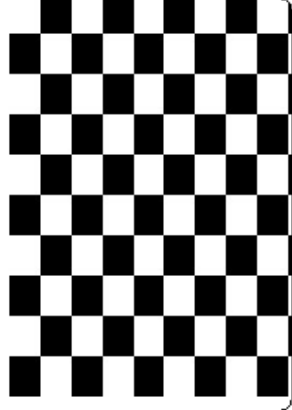
yes



I need help



finished





THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA



# How Is Parenting For You?

If you have a child between 2 and 12 years, researchers from the University of Queensland are interested to know about your views on parenting and the services that are available to you as a parent. You will need to complete a short survey.

To find out more, visit our website:

<https://exp.psy.uq.edu.au/parenting>



Survey closes on the  
31st August 2019

