



DATES FOR YOUR DIARY

Term 3

Week 1

29th July parent working bee & sausage sizzle

Week 2

3rd August Superhero day

Week 3

6th August Pittwater of community schools—choir

8th August *Post school options bus tour*

Term 4

Week 3

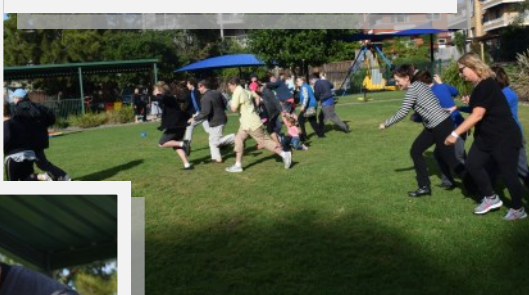
18th November *Graduation*

Week 9

12 December *Presentation Day*

Athletics Carnival

What a fabulous morning we had for our Athletics carnival. Jacob Jones, our Year 12 school Captain did a fantastic job on the microphone. Races were run, obstacle courses completed, parents and siblings tried to outdo each other and families had fun playing afterwards.



School news

Rotary award

Sue Ranger received the Rotary Pride of Workmanship award. The Rotary Club of Dee Why, Warringah presented Sue the Pride of Workmanship Award for 'Service Above Self' in school education



and as a community volunteer. We are very proud of Sue and thankful for the dedication she shows our school and the community.

Post School Options - Parent Tour

We will be hosting another Post School Options Bus Tour for Parents/Carers on Wednesday the 8th of August. This excursion will involve gathering at Fisher Road School, and travelling via the school buses to visit four different post school option work sites. These sites will be Packforce, Fighting Chance, UNISSON & North Side. Each provider will talk about their services, provide information packages, as well as answer any questions.

If your child is in Year 10, 11 or 12, and these options interest you, please send back the RSVP section of the notice. This will be sent out by the end of the term.

Good to know...

Northern Intellectual Disability Health is a multidisciplinary health service for school aged children, adolescents and adults with intellectual disability and complex health needs. It is one of three specialised clinical service pilots established by the NSW Ministry of Health

Please see the brochure at the back of the newsletter

Working bee

Our new playground equipment is to be installed the first week back next term. Come along and help finish our new playground.

When :29th July 10 –12 on the oval



Sausage sizzle afterwards



Get ready for Superhero day!!!

We have chosen to support Bear Cottage by taking part in Superhero week. Bear Cottage is the only children's hospice in NSW, one of only three in Australia, and the only one affiliated with a children's hospital.

Bear Cottage provides support, respite and end-of-life care for children with terminal illnesses and their families. It costs over \$4 million to provide this care and Bear cottage relies heavily on the community for this support. This is our chance to be a hero for the day and support the very special Bear Cottage superheroes that need our help.

We are planning a Superhero picnic day on the oval where staff, students and parents can dress as their favourite superhero. Heads up...there will be a catwalk! Come dressed as a super hero family, pair or as your favourite hero.

Start thinking about your costumes and we will fill you in on all the superdetails soon.

Friday 3rd August—save the date.

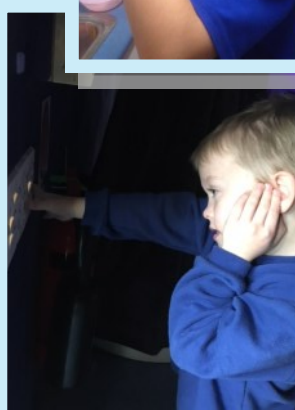
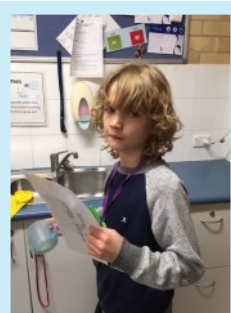
Class TA

Tess and Jenny



Throughout term 2, students have been encouraged to develop their self-help skills and take on particular responsibilities within the class routine. In doing this, we hope our students will feel an increased sense of independence and self-confidence. During morning

sessions, all students are encouraged to hang their bags on the designated hooks and remove their lunch boxes and diary for the day. Many students now do this independently while others are consistently decreasing the level of support needed to complete this set of tasks. Riley, Charlie and Lachlan have taken on extra responsibilities in regards to transitioning to the sensory room. Upon arriving at the Sensory room, Riley is responsible for knocking and saying "hello". When entering, Charlie turns on all the sensory resources at the switch and Lachlan reminds his teachers to turn the music on using a picture card. Henry and Arun have impressed their teachers by initiating activities and requesting help in creative ways. Henry has been collecting and giving his towel to staff when he is ready to change during swimming sessions, while Arun has been tapping on the door to communicate his desire to move into the playground. Arun and Henry have also been bringing cups to their teachers when in need of a drink. We look forward to extending each students self-help skills by imbedding these expectations and responsibilities into our daily routine.



Class VR

Virginia &
Shayne



Our weekly gardening sessions were rained out for weeks on end. We decided to bring the garden inside so we could still watch as seeds grew as we watered them and gave them sunlight. We made some Mr Grass-Heads by placing grass seeds and soil into stockings, tying them off and

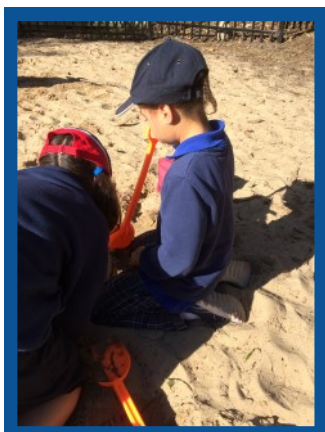
placing facial features to make the heads. Students enjoyed this activity and watered the seeds with a watering can. Providing sunlight also became a problem with the overcast days but we managed to find enough warmth and sunlight and we now have impressive green 'hair' which the students enjoy running their fingers through.



Class NS

Nick and Sue M

This semester Class NS has started integration at Dee Why Public School on Monday afternoons. Every Monday afternoon we go up and have lunch with the students from Dee Why Public School and then enjoy 40 minutes of playtime in the playground. Once playtime has finished, we then combine with the students from the support class and play games/sports for 20 minutes, before heading back to Fisher road School. Our students all love playing and interacting with their mainstream peers and it is a great opportunity for for them to work on their social and communication skills.

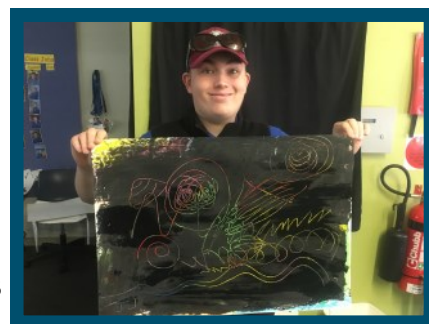


Class CW

Tanya & Mandy

Class CW's visual art group has been

based on the World Cup participating countries. So far the class has explored painting African art of Sudan and Morocco with lots of bright colours and different shapes. All students enjoyed being immersed in the sounds of Indigenous Australian music and art. Jake enjoyed listening to aboriginal songs as he painted. Two sessions were dedicated to linking the local Aboriginal knowledge of the Narrabeen Lagoon with its rich shellfish and birdlife and the next lesson was about 'Aboriginal Songlines'. Songlines are maps of the land Aboriginal people live on. People sing as they walk, about the country they are passing through and the stories and their relationship to it. Michael was very proud of his songline paintings. Next stop Mexico and we look forward to some Mexican folk art.



Class KF

Fran, Kari and Sue



We have recently started our news program in class KF. News is a time to share some of our favorite toys, photos, and hobbies with our teachers and friends, and we have been developing our communication and social skills along the way.

In class KF, we are learning to stand in front of our peers and greet each other before sharing our news. We have also been working on listening to our friend's news. The children get excited when they recognise their photos from home, see their home toys or hear their Mum or Dad's voice on the BIGmack.

It has been great to learn about everyone's family life, holidays and special items. Thank you to all the parents for helping support this program and sharing your children's home lives with us.



MP

Maria & Sue

Work experience

is an important learning process in the school life of any Year 10 student. Experiences gained from this out of school based program build and enhance student confidence in a range of tasks necessary to perform jobs with competence.



For Callum, Russell and Jarryd, work experience placement provides them the opportunity to learn practical work-related skills, attitude and behaviour necessary to work cooperatively with others. Callum attends Packforce while Russell and Jarryd go to Bunnings Warehouse. All three students show positive attitude towards their weekly work experience at these places.

On the other hand, the two younger students, Ty and Geoffrey, stay back at school and involve themselves in doing science experiments. They have tried mixing non-toxic ingredients creating Fizzy sherbet, Rubbery eggs, Stalagmites & Stalagmites and Micro-powerhouse. Ty enjoyed using his sense of taste on most of the ingredients while Geoffrey used his sense of touch running dry fine ingredients in-between his fingers.



Class RP

**Rebecca, Leisa,
Alena & Wendy**

Happiness is ...



Our weekly outing into our local community!

Every Wednesday morning this term Class RP have been on the bus and off on

our next adventure. We have been very lucky too to get a big burst of sunshine every week in the midst of all the rain.

The students all travel really well and enjoy being out; exploring our environment, walking over different surfaces, eating their morning-tea at picnic



Class TH

Trish, John & Justine

All students in Class TH have worked well on different aspects of their schooling programs.

This term Jonathan has been attending Fighting Chance as part of a Year 12, post school option program. He attends every Wednesday in place of coming to school. Jonny has been working on computer skills such as typing, powerpoint and coding. He has also been working on improving his social skills, and working in groups for this.

Matthew has participated well in all classroom programs. He especially enjoys swimming twice a week, as well as grocery shopping. Matthew is using functional money skills at the checkout which has been fantastic to see.

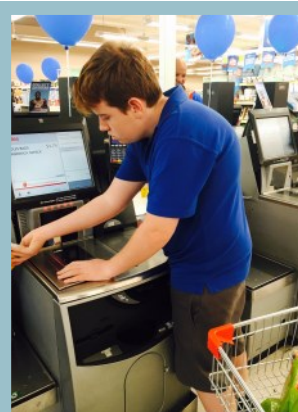


Lachlan and James have improved with their communication skills during roll call sessions. Both boys are using functional gestures to communicate with their classmates.

Dylan has been enjoying interacting with his classmates and staff.

He has also been a great help with carrying out jobs for the class as well as the school such as recycling, delivering messages, and clearing away balls.

It has been great to see each students progress this Term.



Class SB

Sally & Ebony



When it comes to manually making a ceramic mug, everything is dependent on the individual's creativity and skill,

Class SB certainly had specific design ideas in mind when they were part of the ceramics groups that visited The Beaches School during visual arts groups. We have just bought back our mugs as we had to wait for them to be put through the kiln. Class SB were lucky enough to be shown the kiln and how it works. Kilns are an essential part of the manufacture of all ceramics and we heard about how hot they can get! We are so happy with how they turned out and hope all our mums, dads and carer's enjoy drinking from them!!



Class JK

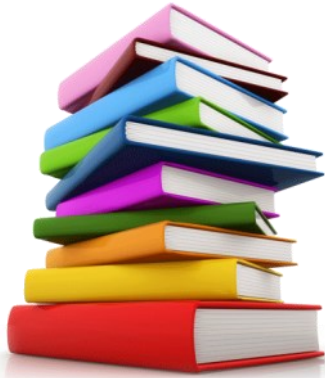
Staff: Julie & Carmel

The students in class JK have achieved great things this term. A big part of our day is stretching muscles and experiencing different positions out of wheelchairs. This includes laying on the floor, in bean bags or using standing and walking frames. Harvey and Charlii are encouraged to join in with class NS and complete the obstacle course. Harvey has made great progress with this and is now able to do most of the course more independently, with minimal physical prompting. Swimming helps to strengthen and stretch muscles and gives the children a sense of freedom and is a valuable part of our weekly timetable. Well done, class JK!



Our Library

The Fisher Road School Library is almost ready to be officially up and running. With the help of the lovely Julie Milner an SLSO who was on a placement with us for a few weeks. She has worked so hard covering books, last count she had covered over 200!! And was super busy helping us organise resources. Get your library bags ready as we have a small selection of borrowing books and the students will soon be having a library lesson and be able to borrow a book for the week to enjoy at home.



Aboriginal Education

Reconciliation Week 2018 - 'Don't Keep History a Mystery'

To celebrate 'Reconciliation Week' this year, we had two members of the Koomurri Dance group perform to our students. The performance was based around this year's theme of 'Don't keep history a mystery'.

For this performance, the two performers (Jamal and Uncle Anthony) shared many Aboriginal artefacts such as the coolamon, baskets, and shells. The students also listened and moved to the sound of the didgeridoo. It was uplifting to see how the performance brought such enjoyment to many of the students' faces. They also enjoyed having their faces painted,



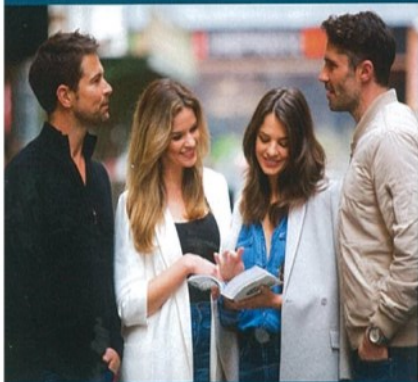
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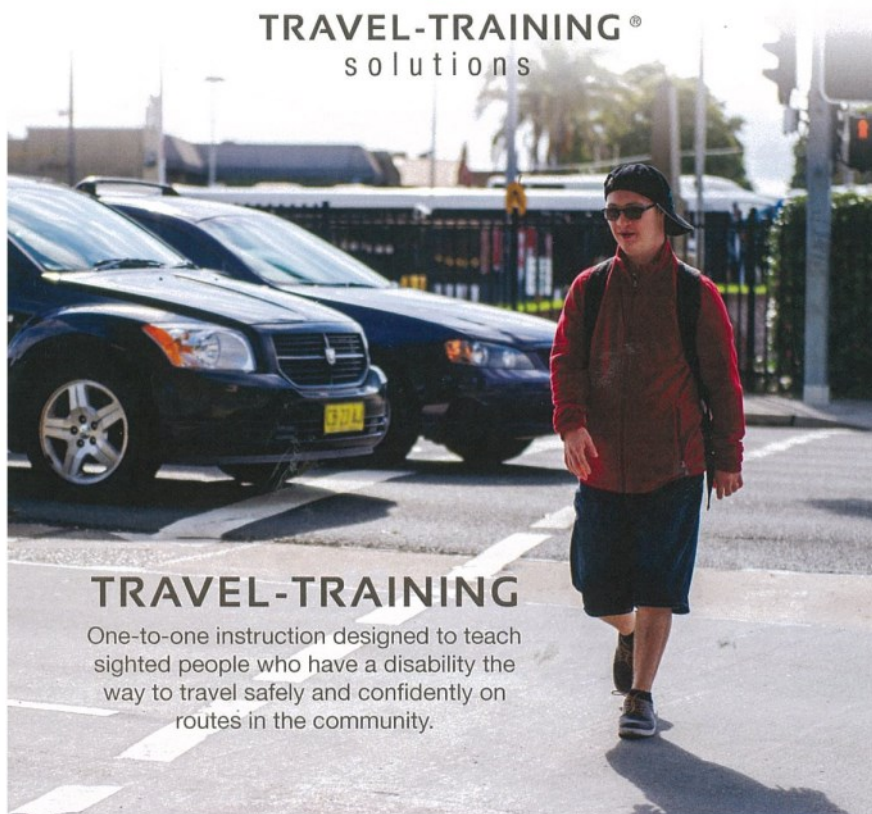


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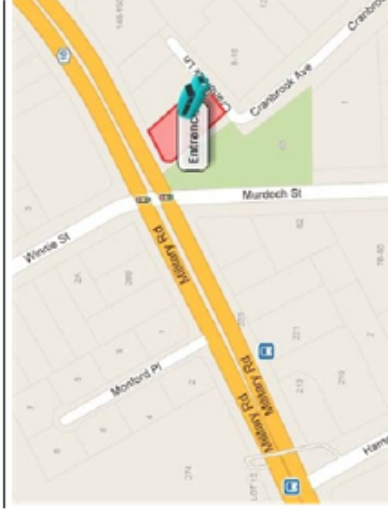
Clinic Coordinator

Ms Elizabeth Hammond
elizabeth.hammond@sydney.edu.au
 Ph: 8968 3400

Enquiries and appointments:

Ms Elizabeth Hammond
 Clinic Coordinator
 Monday-Thursday, 8.00am-4.00pm

Getting to the Clinic



By Car – Enter via Cranbrook Avenue (on the right side of the building). Park in Cranbrook Avenue (Mostly 2 hours free parking, some unlimited) or adjacent streets. If using a wheelchair, please inform clinic when booking appointment as the garage will be made available to you (entrance Cranbrook Ave).

By Public Transport – Closest station – North Sydney From North Sydney station (Blue St stand); Sydney Bus numbers 229, 230, 244, 263

From Chatswood Station (stand K): Sydney bus numbers 143, 144, 230, 257

From Manly: Sydney bus 144

All stop at Military Rd near Hampden St

Check www.131500.info for bus times.

NSIDHT

231 Military Road, Cremorne NSW 2090
 Ph: 02 8968 3400
 Fax: 02 9904 1541



North Sydney Intellectual Disability Health Team
 Funded by the Northern Sydney Local Health District

Northern Intellectual Disability Health

A Health Clinic for Children and Adults with an Intellectual Disability

CDS

Centre for
 Disability
 Studies



AN AFFILIATE OF
THE UNIVERSITY OF SYDNEY

Northern Intellectual Disability Health

People with intellectual disability often have more health problems than others in the general community. Many health needs can be met by a person's General Practitioner, but sometimes a specialised approach is needed.

Northern Intellectual Disability Health is a multidisciplinary health service for school aged children, adolescents and adults with intellectual disability and complex health needs. It is one of three specialised clinical service pilots established by the NSW Ministry of Health.

This service, operated by the Centre for Disability Studies, provides medical and health consultations, advice and referrals. The service is funded by Northern Sydney Local Health District.

The service works in conjunction with the person's General Practitioner and/or paediatrician, other health services and disability service providers to ensure coordinated, high quality health care.

People with intellectual disability who live in the Northern Sydney Local Health District are eligible to be seen at the clinic.

What happens at the clinic

School aged children, adolescents or adults with intellectual disability and complex health needs are seen at the clinic. A referral from a paediatrician or general practitioner (GP) is required.

People referred to the clinic are usually seen first by one of the doctors for a full health assessment. They may also be seen by a psychologist or other health professionals of the service.

If needed, tests are ordered and referrals made to other medical specialists and health professionals. Health care plans can be developed for those who live independently or with their families.

A comprehensive report with recommendations will be sent to the person and/or their family, GP and/or paediatrician. With the person's permission, reports may also be sent to other involved professionals. The service will link with local health and disability services to coordinate the person's health care.

Clinics & Services

- Medical Clinics for school aged children and adults
- Transition Clinics for adolescents moving from paediatric to adult health services
- Health care planning and coordination
- Psychology assessment and counselling
- Psychiatry consultation and treatment
- Oral health assessment and advice
- Nutrition assessment and advice
- Therapy assessment and advice
- Education and group sessions

Enquiries or appointments

02 8968 3400

Superhero day

Henry

3rd August



Please come