

'Together we can'



Fisher Road School

2016.TERM 4.WEEK 3

STUDENT EVENTS

**7TH DEC
PRESENTATION
DAY/CONCERT**

**PARENT/CARER
EVENTS**
YOU'RE INVITED...

**SENIOR
SCHOOL
27TH NOV
YEAR 12
GRADUATION**

**7TH DEC
PRESENTATION
DAY/CONCERT**

YOU'RE INVITED
BY A PARENT TO
ATTEND...

**2ND DEC
PARENTS/
CARERS END
OF YEAR
DINNER
(SEE PAGE 17)**

Footy Colours Day

This year Fisher Road School registered to participate in the fundraiser for 'Fight Cancer – FOOTY COLOURS DAY'. Students and staff contributed to this worthy cause by wearing their favourite footy code colours, as well as hosting a sporting day event. It was fabulous to see all our students participate in the fun activities, and contribute with a gold coin donation.

Trish



"Challenges are what makes life interesting, overcoming them is what makes life beautiful"

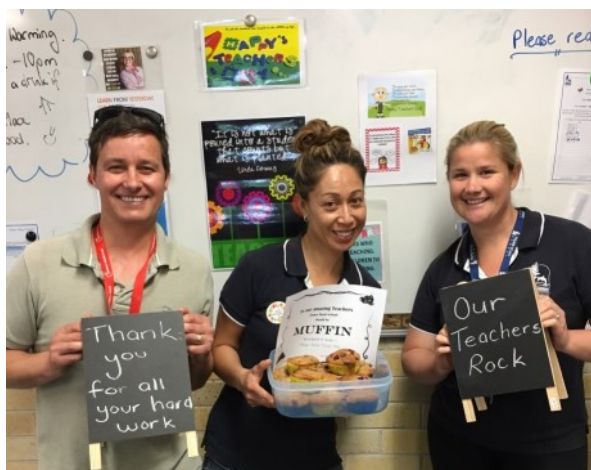
- Mark Twain

This newsletter goes home on the day that the Department of Education celebrates World Teachers Day, and it couldn't have fallen on a better day !

Reading each article I am reminded of the commitment, dedication, passion and expertise of our teaching staff. Our students shine in every aspect of their personalised learning programs which is evident through the highly engaging and dynamic lessons and activities.

Any wonder our school is a centre of expertise.

It takes a big
heart
to help shape
little
minds.



Congratulations Matt Tonkin

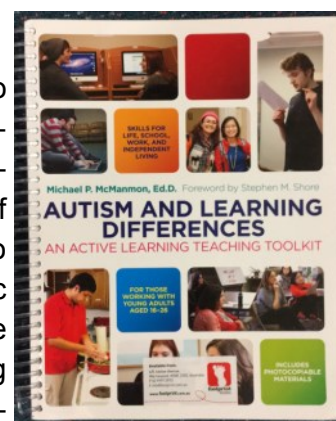
Matt was the successful applicant in gaining the Assistant Principal position at Fisher Road School. Matt has been a highly experienced teacher here at Fisher Road for 7 years.



On behalf of all the staff, students and school community I would like to welcome Matt to the school Executive.

Footprint books

We are continuing to build on our parent library through the generous donations of Footprint Books who are local and fantastic book distributor. We are currently looking into an innovative borrowing system for parents, so please watch this space. Our latest donations includes this fabulous resource.



School Camp—Thank you staff

A big thank you to all the staff who volunteered their time at our school camp. Julie, Sue.R, Sue.M, Donna.G and Maria all spent the night at camp ensuring our students participated in the full program. This enabled some of our senior students to attend and engage in a range of activities that focused on our camp theme':

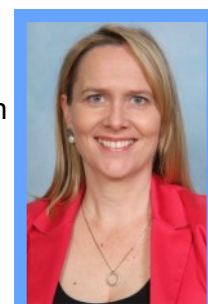
Confidence through team building'

Please read about our camp on pages 14 and 15.

Until next time, warm regards

Donna Blatchford

Principal



**ADAM—CLASS Ns****KYLE—CLASS SB****SEYAKI—CLASS RR****CONNOR—CLASS KS**

Students at Fisher Road have been making acrylic paintings on canvas to enter in the 9th Young Artists Painting Competition in the local community, organised by IF U LIKE ART studios in Brookvale. Students have explored various painting techniques to suit individual learning styles in Visual Arts and we have seen some amazing art making ranging from landscape paintings to expressive lines and patterns. All of the students work has been linked to learning outcomes in the K-6 Creative Arts syllabus and the stage 4,5 and 6 Life skills Visual Arts Syllabus. All students enjoyed developing their Visual Arts skills in this community project and I look forward to further skill development and experiences in Visual Arts and other community projects for students at Fisher Road School.

Here are some examples of the students work.

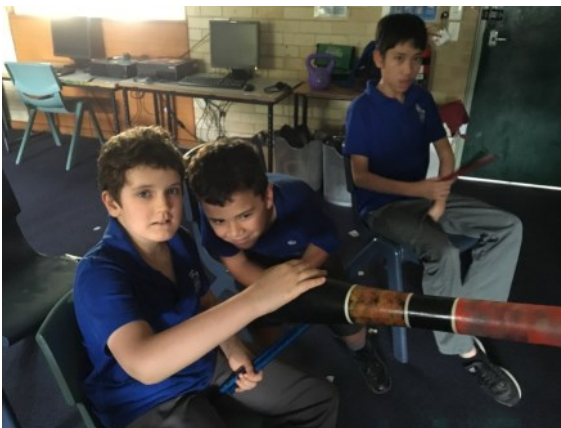
Caroline White
Lead Teacher Visual Arts

**HENRY—CLASS JO****BEN—CLASS TH**

Class JO have been grooving it up in our weekly music lesson. Our new music teacher is fun, energetic and has a great singing voice. We have been learning about different instruments including the didgeridoo, the drums and the tapping sticks. We have also been learning to sing 'what's up' by the 4 non blondes. Feel free to rock it out at home and practice the words!

Jen & Donna

Class JO



Class RR

This term we welcome Charlie and Andrew to our class and school!! Both boys have settled in well and appear to be enjoying their days here!

In RR we are also:

- Learning lots about numbers and shapes... a 'Shape party' to follow soon.



- Thoroughly enjoying our Thursday walks to the park and lunch there.
- Talking about our families in group time, and have decorated frames for each child's family photo too. It was wonderful to observe Sekayi, Joshua and Daniel gather where our family photos are displayed and chat about them together.
- Lucky to have had George's 'Gaga' (Grandmother) come in and share the beautiful quilts she has made and a craft with the children. Thank-you Pam :)



Coming up next --- photos of our Shape Party, and as part of RRs 'My Family' theme our Principal Donna is even going to bring in her baby one morning for her bottle time too!!

Rebecca and Rosie

Class VR

During our Gross Motor sessions we offer a variety of activities to our students. Naturally students have their favourite and preferred activities which give them a sense of achievement and enjoyment but we also encourage them to participate in other activities to challenge them and grow their repertoire of recreational pastimes.

These additional activities provide exposure to different words, communication and language plus students utilise other muscle groups when participating. This week for additional activities Lachlan continued practising his bike riding skills and extended the time he kept his feet on the bike pedals. Kanga and Chris accessed the T-Ball equipment and Dylan rode the scooter bike.

Gross Motor sessions in the surrounds of our beautiful School Oval and gardens are always enjoyable.

Virginia, Alena and Wendy.



Class JK

Class JK had a wonderful time with the other seniors at camp last week. Everyone was very keen to try all of the activities and to do their best. Hannah really enjoyed the kayaking and was excited to be out on the lake. Brendan and Emma both made it to the top of a 10 metre high rock climbing wall which was a great display of strength and problem solving. Chelsea was very proud of herself for finishing the bushwalk, which was mainly uphill and hard going, and was rewarded with some tasty damper cooked over the coals of a campfire and smothered in honey!

Julie & Sue



Class SB

Class SB is loving the new Music Therapy program from Rhythm Factory! It is loud, interactive and vibrant and we love it!! Our students particularly enjoy listening to Josh play the didgeridoo. They enjoy the different sounds and holding/touching it to feel the vibrations. We have also been rocking out to some loud rock songs, ACDC and The Doors!

Sally, Jenny and Fran



Class KS—Excursion

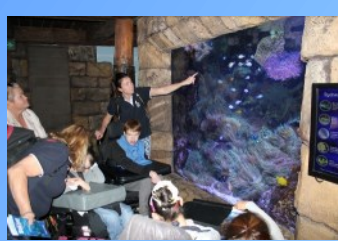
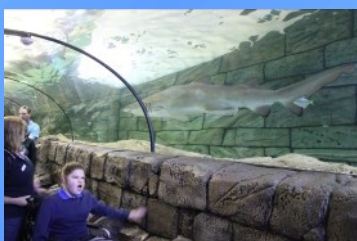
At the end of Term 3 Class KS went on an excursion to Sydney Sea Life Aquarium at Darling Harbour. Everyone was very excited as they boarded the school bus to make the trip to the city. Nathaniel really enjoyed going across the Harbour Bridge and seeing the tall buildings.

Once we arrived we set off to work our way through the maze of passage ways, past large and small fish tanks, up and down many ramps and through glass tunnels where we watched sharks and fish swim above our heads. We saw fish of all different sizes and colours, an octopus, starfish, stingray, penguins, different types of sharks and even Nemo and Dory. A highlight would have to be watching the large, white Dugong swim past us and graze on lettuce leaves.

Maia really enjoyed the touch pool where we got to touch a sharks egg and starfish. Ella enjoyed all the different relaxing sounds and colours and movement of the tanks. Emily was a bit worried walking across the glass floor with fish swimming under her feet but she really loved watching the cute friendly penguins swimming. Nathaniel was amazed as he watched the huge stingrays glide over his head when we went through the tunnels.

Connor and Anastazia were very happy to have their mums with us, sharing the experience and seeing the beautiful coral and anemones which were home to Clown fish and watching the large scary sharks glide past us effortlessly. A big thankyou to our helping mums Helen and Sheridan who helped make the day possible. What an exciting day it was, so much to see and hear and feel and lots of new experiences.

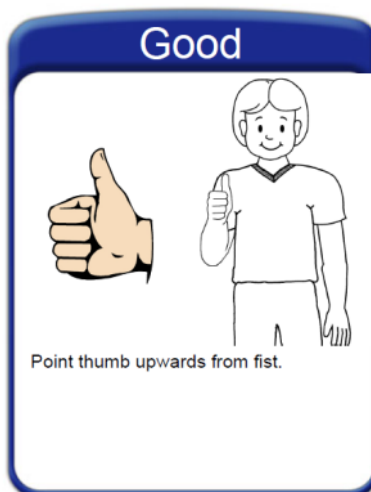
Sam, Kari, Sue and Nanaako



Class CW

This issue, we are celebrating individual student achievement in Class CW. Each student has SMART goals that they are working towards in their Personalised Learning Plans. Henry has been having a great time exploring and engaging in equipment in the playground for longer periods of time and interacting with other students. Alexsandra has been using her fine motor skills to use a spoon and feed herself with some hand over hand prompting. Arun has made great progress in swimming and enjoys putting his head under water while blowing bubbles when he is moving. Geoffrey is doing a great job using PECS to request help and exchange visual symbols with a communication partner. Gwyneth is also making great progress with her PECS communication. Well done everyone! We have been learning the key word sign for good work!

Caroline and Mandy



Class MP

Thank you to Class JK for inviting us to the 2016 Seniors Camp. Being away from home and in a different environment have given our students the opportunity to enhance their learned skills of lining up, waiting, following instructions and requesting using good manners. We would like to share our unforgettable experiences and hope that we can do it again.



The day started with us being dropped at the Sydney Academy of Sports and Recreation, Narrabeen. After unloading our bags to our designated rooms we walked down to the multipurpose dining room to have lunch.



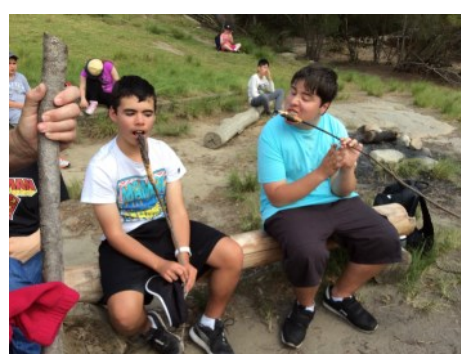
We had kayaking after lunch and we were blessed with good weather. The day was so pleasant nobody wanted to get out of the water. We then had night swimming after dinner and again the temperature at the pool made us want to stay longer.



Day 2 at the camp was using the flying fox. It was a reasonable height and being at the



top didn't deter the excitement each and everyone felt. Unfortunately, Michael was so close to experiencing the excitement but in the end decided not to. The bush walk in the afternoon was memorable too as all the students had the chance to make their own damper—cooked and ate it. It was then a long walk back to the dorm and had to prepare for a night's game with another school. The day was packed with fun that this time all the boys had a good night sleep.



Day 3 was rock climbing and archery. All tried their best to climb as high as they could and to aim at the target but after 3 days at camp their willingness to reach the top or hit the target was a struggle. However, we still had the best time and looked forward to doing it again next year.

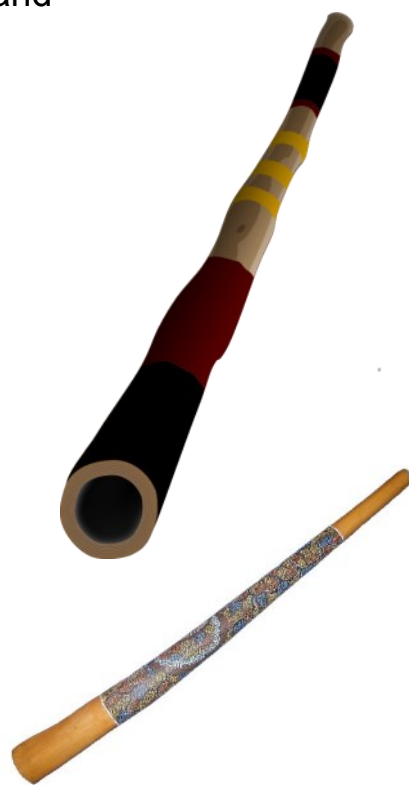
Maria and Carmel

Class NS



Music is an important part of the Creative Arts Life Skills syllabus for students at Fisher Road School at all levels (K-12), and it is a syllabus that most of our students really enjoy, whether it is listening to music on an iPad or iPod or playing in a class music group. At Fisher Road School we are lucky enough to have a very talented Music Therapist, Josh, who provides music therapy sessions for each class. The students in Class NS always look forward to these sessions, and I have been amazed at how well they sit and participate. It is great to see the students so engaged for up to 30 minutes. In the photos you can see the class listening to Josh play the didgeridoo while they are tapping their rhythm sticks. Great work, Class NS!

Nick, John and
Justine

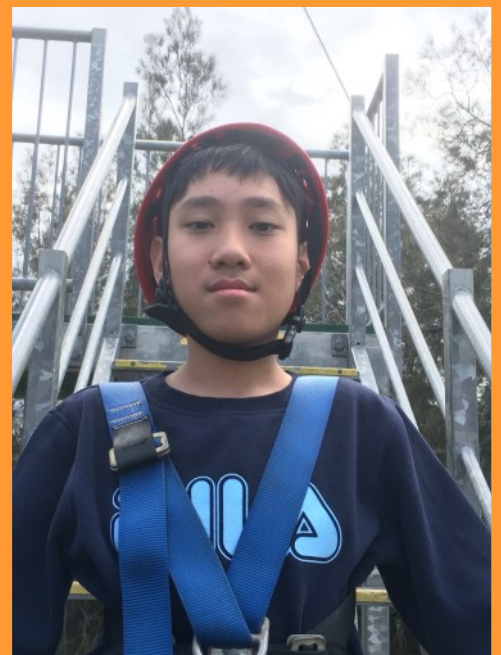


Class TH

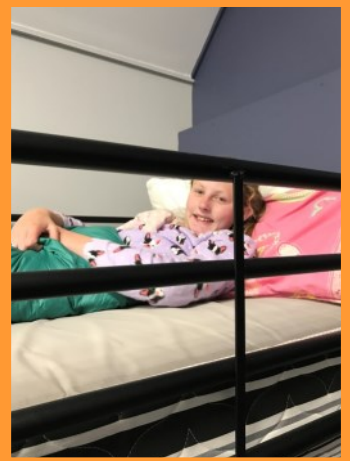
Now that the warmer weather is here almost all of Class TH are enjoying the benefits of the Class swimming program. Angelina loves floating on her back and having her legs swirled through the water. Kai is assisted to be placed in different positions such as standing, which allow him to gain full extension for stretching. Marcus loves to explore independently, and does this by walking which is fantastic to see. Ben is swimming to either side of the pool with a bubble on, and has mastered taking deep breaths. Tiella-Dakota just loves the opportunity to be in the water, and is now anticipating going under. Dallas follows her own water play program. It is fantastic to see all students engaged.

Trish & Sue





Last week 13 senior students attended a two night stay at Narrabeen Sport and Recreation Camp. Everyone was very excited when we arrived at camp and were allocated our dorms. After a nice lunch we met our camp leader Ben, and headed down to the lake for our afternoon of kayaking. We all had a great time being on the water and looking at the swans. We had a lovely dinner and then went swimming in the indoor pool before heading off to bed. On Thursday morning we were up bright and early and excited to try out the flying fox. Some students were more eager than others, but nearly everyone had a go. It was evident by the smiles on the kids faces that it was a great thrill to fly through the air. In the afternoon we went with Ben on a bushwalk to the dam and were then treated to a nice snack of freshly cooked damper drizzled with honey, which we had taken turns cooking over the camp fire. That evening we played tabloid sports with students from Blaxland primary school. It was great fun and everyone was exhausted and happy to get to bed! On our final morning, after a hearty breakfast, we took part in archery which was a little more difficult than it looked. Everyone needed a little help to fire the arrows into the targets. Our last activity was rock climbing, where some students really excelled. 3 of our students managed to make it to the top of the 10metre wall! The staff were all so proud of our students who yed exemplary behaviour and had a great sense of camaraderie and team work over the 3 days. Julie – Camp Coordinator



School Camp



FROM THE OFFICE

Please order any uniforms items on line now. We will place the order with our supplier on Monday 7 November.

TRANSPORT

For information on the roles and responsibilities of parents.

<https://education.nsw.gov.au/astp/parents>

What are my parent responsibilities?

- Be ready 15 minutes before the pickup and drop off time.
- Wait at the agreed spot outside of your home.
- Help your child get into the vehicle, ensure your child is safely seated with seat belts done up according to the road rules.
- Provide an Australian approved child restraint or booster seat where appropriate (AS/NZS 1754).
- Provide additional equipment if required for safe travel such as seat belt buckle covers, specialised transport harnesses and any medical equipment
- Assist travel staff in loading and securing your child and their mobility equipment such as wheelchairs and walkers.
- Communicate any additional needs your child might have on transport to the school and travel staff.
- Be present at the drop off point to meet the vehicle.
- Call the driver and school if your child is going to be absent from school
- Contact the school if your details or circumstances change such as work commitments, address or phone numbers.
- Speak with the school if your child's health needs change

COMPLAINTS, COMPLIMENTS AND SUGGESTIONS

If you have a complaint, compliment or suggestion about any aspect of our services we're keen to hear from you.

Our commitment to you

We will deal with your issue thoroughly and fairly. We have a clear process for resolving problems and suggest you contact us as early as possible.

We value your feedback

We are constantly improving the way we work, so let us know if you have any suggestions.

We'd also like to know if you think we're doing something well. It helps us to make sure we continue to do great things in public education and training. We'll make sure your message is passed on.

Our policy

Our Complaints Handling Policy provides policy and guidelines for handling complaints.

- Complaints Handling Policy
- Complaints Handling Policy Guidelines

<http://www.dec.nsw.gov.au/about-us/how-we-operate/how-we-handle-complaints>

COMMUNICATION BOOKS

A reminder that communication books are used as a quick tick and flick method of communicating with your child's teacher. If you would like to talk in detail about your child's progress and achievement please request the teacher to make contact via email or phone outside of teaching hours or during their release from face-to-face teaching (RFF) time each week.

MEDICATION STORAGE

On arrival and departure all medication is handed to our First Aid/Medication Officer who securely stores student medication. This includes medication being transported to and from respite. **No medication remains in students bags during the school day.**

FISHER RD SCHOOL 2016
PARENTS AND CARERS END OF
YEAR DINNER

FRIDAY 2ND DECEMBER
DEE WHY RSL
THE BISTRO
7PM

RSVP BY 30 NOVEMBER
CHARMAINE COLLINS
MOB- 0422 997978
COLLINS.HOME@BIGPOND.COM

Vanillapen

MOB- 0422 997978
COLLINS.HOME@BIGPOND.COM

Vanillapen

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly speaker evenings. The group provides a safe & supportive environment to discuss and learn more about ADHD. Also suitable for adults with ADHD and professionals working with ADHD.

LISA HUGHES

OCCUPATIONAL THERAPY HELPING CHILDREN



“Improving Concentration & Behaviour for your ADHD Child”

Lisa Hughes is the Director & Senior Clinician at Occupational Therapy Helping Children. With over 25 years experience in Paediatrics, she has worked in both Australia & the US in community health and private practice. She has presented many professional papers and is particularly focused on developing intervention strategies and support for children with Autism, Sensory Processing Disorder and ADHD.

Contribution: \$5 at the door

Tuesday, 15th November 2016 @ 7.00-9.00pm
Pittwater RSL, The Auditorium, Mona Vale

Ticket reservations essential via the website or
<http://www.eventbrite.com.au/org/4222746751>



Facebook: <https://www.facebook.com/BeachesADHDSupport>
 Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>
www.instagram/gutfulofadhd
 Email: nbadhdsupportgroup@hotmail.com
 Website: www.northernbeachesadhdsupportgroup.com.au



Your guide to ADHD information,
 services & resources in the
 Northern Sydney region
www.adhdguide.com.au



Venue kindly sponsored by
 Pittwater RSL Club



The 2016 theme for World Mental Health Day is
***Dignity in Mental Health -
 Psychological & Mental Health First Aid for All.***

Mental Health First Aid (MHFA) teaches first aid skills in how to help someone you're concerned about who is developing a mental health problem, experiencing a worsening of an existing mental illness or a mental health crisis.

Tailored MHFA training is available for adolescents, schools, parents, tertiary students, workplaces, Aboriginal and Torres Strait Islander communities, community groups, and professions including teachers, pharmacists, legal professionals and financial counsellors.

Let your friends, family and co-workers know
 that there's a Mental Health First Aid Course
 for everyone, everywhere across Australia.

www.mhfa.com.au



F SHER

ROAD SCHOOL PRESENTS...

ANNUAL PRESENTATION and CONCERT DAY 2016



Wednesday 7th December 2016

doors will open for a **10am** start

Held at **Dee Why Public School Hall**

The presentation day this year will recognise student achievement featuring another amazing concert performance from our Junior and Senior schools with a debut performance by the Fisher Road School signing choir.

Concert theme for 2016;

Junior school— Pixar's 30th Birthday

Senior School—Countdown Tribute

