



## Fisher Road School

'Together we can'



November 2013

FISHER ROAD SCHOOL HIGHLIGHT

## Principal's News

The year is closing in very quickly. Term 4 is always busy with IEP meetings coming up at the end of November to early December, reports, the concert as well as the special events happening at the school. The Vision Clinic, being run by Dr David Evian, is going well and giving us lots of valuable information. The clinic for the Northern District Intellectual Disability Health Team will run but as we had such an overwhelming response from families this clinic will need to continue into 2014 in order to meet the requests.

There is some new equipment around the school. We have new permanent seating on the back oval as well as some additional iPads for classrooms. All much needed.

Last week I sent home information on the new funding system for schools called Resource Allocation Model (RAM). I realise it is all a bit confusing but hopefully the information gave families an idea about how schools will be funded in the future. At the moment Fisher Road is not on the system but will be moved to it in mid-2014. It is unclear whether this will mean more or less funding for the school as we have not yet received the full information on our funding. I will keep families informed about this.

I did mention this before but it is worth mentioning again the generosity of QBE Insurance in giving the school a special grant of \$10,000. This money will pay for our Music Therapist for 2014 relieving the school of finding this money from our own budget. Representative from QBE, along with other businesses and community groups who have supported us in 2013, will be invited to



Geoffrey having fun in music therapy.



Lachy enjoying the paperbark playground.

our Community Breakfast on November 28th, so we can thank all these generous groups . Finally, special thanks to the P & C and particularly Michele Anderson who have held 2 special market day events to raise money for the school. My thanks also to their "army" of helpers.

Susan Barisic

#### Dates to remember:

November 18th Graduation Dinner

November 28th Community Breakfast

December 4th School Concert.

### Narrabeen Market and Jumble sale

Thank you to everyone that contributed and helped at the white elephant stall on Sunday October 20<sup>th</sup>. The stall was organised by Michele Anderson, President of the P&C, and Polly Jobs, Secretary. They are very grateful to all the people that helped on the day.



## **Healthy Eating**

## Keeping lunchboxes safe

- Before preparing your child's lunchbox, always wash your hands and ensure you have a clean chopping board, lunchboxes and utensils.
- Bacteria that cause food poisoning grow at room temperature so it is a good idea to keep lunchboxes cold, even in winter. Include a frozen drink or ice-brick to keep sandwiches fresh and safe.
- Wrap frozen drinks in a paper towel to stop condensation making lunches soggy.

Be selective about what you pack, especially on hot days. Try to avoid cold meats, chicken and eggs on hot days.

### **From The Office**

Thank you to all the families who sold the chocolates for the graduation dinner fundraising. A total of \$1232.20 was raised.

Also when completing the medical form for Dr Evian, please remember to include the number that your child appears on the medicare card along with the medicare number.

## Class JP

Jen & Di

We have been having a great time in our music therapy sessions. We enjoy experimenting with the different instruments and trying to vocalise when we sing. Each week we use the guitar, drum, chimes and we love listening to our teacher sing us songs. Everyone tries really hard to participate and work hard to create music. We all enjoy music therapy and we look forward to it each week.

We would like to welcome Kanga to our school. He is enjoying his time here at Fisher Road School and he has settled in well. He loves the playground and group time in class.



Welcome Kanga





Arianne, Robyn, Sue R and Donna

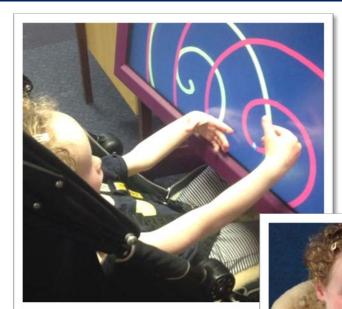
We had a lovely outing to Warriewood and Narrabeen. Rob, Sue and Donna were so pleased with the way we travelled on the bus. We put our seat belts on and sat beautifully the whole time. Rob went in to 'That Bali Shop' to buy 6 new flags for our Paperbark Playground. The lady was very kind and donated the flags to our school. Then we drove to Narrabeen and stopped at a playground for a play and to have our morning tea. While we were there we saw a fire engine. We were all so good, that we will try and go out another day. Arianne was so pleased when she heard that we had such a lovely outing, and everyone is enjoying the beautiful new flags in the

Paper bark Playground.



Thank you very much to <u>That</u> <u>Bali Shop</u>, Pittwater Road, Narrabeen for donating the lovely colourful flags for the playground.





Welcome Dallas

## Class AM

Robyn, Tanya & Carmel

Angelina, Jordan, Kai and Marcus have welcomed Dallas into Class AM. Dallas has just turned 4 and is coping really well with starting school. She loves to move around in her special area of the classroom and is already using the Tap It, our small adjustable Interactive Whiteboard very well. Dallas touches the board when the music stops to activate the Tap It so she can hear more music. She has been exploring lots of different textures in Art and Craft with her hands and also loves Music Therapy sessions. Dallas has settled into Fisher Road School very well and we are so happy to have her in Class AM.



## Class JM

Julie, Wendy & Rosemary

Students enjoy participating in cooking sessions each week. We cook pikelets and make popcorn. Everyone gets excited when they hear the popcorn popping! It is definitely a class favourite! On Fridays we cook pizza muffins for our lunch. Andy and Ty help to spread the tomato paste onto the muffins and the other students are assisted to add the toppings. Yum!

#### **APRICOT DRUMSTICKS**

#### Ingredients:

- 4 skinless chicken drumsticks
- ¼ cup apricot nectar
- 1 tablespoon low salt soy sauce
- 2 teaspoons tomato sauce
- 1 teaspoon lemon juice

#### Method:

- 1. Make a few slashes in each drumstick using a sharp knife.
- 2. Put drumsticks in an ovenproof dish.
- 3. Pour over the combined nectar, sauces and lemon juice.
- 4. Marinate for 30 minutes.
- 5. Preheat oven to 180 degrees and bake with marinade for 30 minutes turning once.

Can be served hot or packed cold in a school lunchbox with a frozen water bottle.

## Class NS

Nick & Rosemary

The students in Class NS had a very busy and productive morning washing cars with their mainstream peers at a fundraising event at Collaroy Plateau Public School. As you can see from the photos, our students worked very hard and made a very valuable contribution to the event, although I think some students got more carwash on themselves than on the cars. However, it was a fun event and everyone had a good time!





## Class MP

Maria & Monika

We're pleased to have Anastazia join us in our swimming program this term. She loves being in the water along with Ella, Kane, Connor and Kiang Kiang. The warm temperature and atmosphere of the area seems to have a calming and relaxing effect on our keen swimmers. The sensory program is also well-liked by everyone. We are joined by Tess on that day. The tasting of various ingredients is the best part of the activity.

Kane is also leaving us at the end of the year. We will definitely miss his laughs, comments and assistance in our communication program. We wish him well in all his endeavours.





## Class TH

Trish, Sue & Mandy

Class TH welcomes Maia into our class this term. Maia is a gorgeous girl, with an infectious smile. She is enjoying being in the senior school, and getting to know her new class peers. Also this term, Class TH are enjoying engaging with an interactive mat. This new technology motivates students to engage in gross motor skills.



## Class CW

Caroline & Jenny

Throughout the year students have been learning to write their first and last names. This month we have seen great progress in handwriting. Students are learning to sit up straight when writing, feet on the floor, hold the pencil correctly, use their spare hand to hold the paper and write letters in the correct direction. Students have handwritten words and letters from tracing and copying a sample. Look at these great examples!

#### **FISHER ROAD STARS**

#### Class RR

Jesse - Giving 100% effort.

#### Class MT

Tyson - A musical star.

#### Class JP

Lachlan - Eating independently.

#### Class RT

Dylan - Excellent recycling.

#### Class MP

Kane - Consistent use of speech to express himself.

#### Class JM

Ty - Masterchef.

#### Class CW

Hannah - Great money skills when serving in the canteen.

#### Class AM

Angelina - Great eye contact.

#### Class NS

Russell - A Good helper.

Thomas - A Good helper.

#### Class TH

Maia - Excellent swimming.



## Class MT & RR Senior High School

Matt, Ruth, Sue M & John

Sessions at the Pymble Papermaking Studio will sadly conclude this term. We have had terrific fun each week making themed pieces, and Juliette the teacher involves the students at every stage of the process. Last week students worked on a Halloween theme, and next it will be a Melbourne Cup theme. Christmas craft then takes over with a vengeance and we will be busy making decorations. Well done to a variety of Senior High students who have attended.



## A special note:

Year 10 SHORE boys come to our school each Monday to work with our students. We get a different group each 5 weeks and the boys are asked to write about their experience before they leave. Below is an extract from the comments of one of the boys who came to the school in September/ October.

Coming to Fisher Road I feel has taught me several things. I enjoyed coming here very much, which surprised me. I like the way the students are taught in that they are not treated any differently than an able bodied student would be treated. I learned much about Autism, which is what those students in my class had. I also developed a rather close bond with one of the students.

H.B. Year 10 SHORE student.

# Ted Blackwood Community Centre

Jackson Road, Warriewood

Saturday, 9th November

11:30am - 4pm

Fundraising Sausage
Sizzle and cupcake sale
for The Rural Fire Service

Clothing, Toys, Homewares, Jewellery, Gifts and Much More!

> There will be a drop off point for Christmas Presents for those affected by the recent Bush Fires

Children's Craft Activites, Baby Sensory Mini Taster sessions,
Face Painting, Camel & Pony Rides and Crocodile Encounters

Northern Beaches Mums, M.

Come and Support your local Mums in Business whilst doing your Christmas Shopping and Entertaining the Kids!

Like our page to be updated with stalls and entertainment www.facebook.com/NBMumsMarket



## Yellow Line = NO STOPPING

A continuous yellow line along a kerb means no stopping, even if there isn't a no stopping sign nearby. You will see these appearing on more roads in Warringah. It means there will be less signs and less clutter along our streets. For more information go to warringah.nsw.gov.au



Thank you very much to Jane
Shepherd who has kindly donated the
helium balloons for the Graduation
Dinner at Dee Why RSL.



#### **Junior Restaurant**

Every Wednesday in the middle session, Class NS cook lunch and invite students from other Junior Classes to join them. We have been making garlic bread and pasta with salad, then for dessert we have ice cream.

Throughout Term 2 and 3 a student from The Forest High named Jennifer Scherer came to visit. Jennifer was looking for inspiration for a story which she is writing for her HSC. To everyone's surprise she delivered to the class, aprons and mugs with student's artwork on them.

Thankyou Jennifer and Thankyou jennoliART Fundraiser for giving us such a fantastic gift.

www.jennoli.com.au email art@jennoli.com.au



### Warringah Council Disability Newsletter

For information about activities, carers, fundraising, financial assistance, resources and conferences send an email with 'subscribe' to <a href="mailto:janzm@warringah.nsw.gov.au">janzm@warringah.nsw.gov.au</a> or contact Marjorie Janz, Disability Information Officer, on (02) 99422686.